

Leisure IN Salford

# Spring zing!

GR8 2 16

**DOMINOES**

**HOLIDAY FUN**

**MULTI SPORTS**

**HERITAGE TALKS**

**FITNESS CLASSES**

**DANCE**

Everyone Active in

**Walkden & Little Hulton** May - June 2011

# PUT SOME ZING INTO YOUR SPRING!

Salford Community Leisure presents their exciting new spring time collection of action packed activities.

No matter what your age, ability or interest you are sure to find something to keep your mind and body active during the coming months.... **read on...**

## **WHAT'S ON** For children and families

**Multi Sports Activity session** *Term time only*

Join in the fun, meet new friends and learn new skills

Fridays 4.00 - 6.00pm / Ages 8 - 12 / Harrop Fold Specialist Arts College

### **Streetdance**

Tuesday / 5.00 - 6.00pm / 8 - 11 yrs / Fit City Worsley

Tuesday / 6.00 - 7.00pm / 11 - 16yrs / Guild Hall Community Centre

### *Whit Holidays*

## **GR8 2 16 Programme**

**Bored during the school holidays? Want to do something different?**

Back by popular demand the GR8 2 16 Community Team will be running a fun packed programme over the Whit holidays, for further information regarding times and venues, please contact Natalie Craig on 0161 778 0564 or [natalie.craig@scll.co.uk](mailto:natalie.craig@scll.co.uk)

*Follow us on Facebook. Salford GR8 2 16 Activities*

## **WHAT'S ON...** For adults

**Looking for something to do during the day? Want to meet new people?**

### **Luncheon Club**

Wednesdays / 12.30 - 1.30pm / Guild Hall Community Centre

### **Dominoes**

Wednesdays / 2.00 - 4.00pm / Guild Hall Community Centre

Thursdays / 1.30 - 3.30pm / Guild Hall Community Centre

## **Over 60's**

Thursdays / 1.30 - 3.30pm / Guild Hall Community Centre

## **Henshaws**

Fridays / 1.00 - 4.00pm / Guild Hall Community Centre

## **WHAT'S ON... For disabled users**

### **Swimability session**

A family swim session for disabled children and their families / Fit City Worsley

Sunday / 2.00 - 3.00pm / age 0 -18yrs

Sunday / 3.00 - 4.00pm / quiet zone for children with autism / age 0 -18yrs

### **Aiming High for disabled children**

There will be a programme of fun activities for children with disabilities running throughout the Whit Holidays. For details please contact Natalie Craig on 0161 778 0564 or [natalie.craig@scll.co.uk](mailto:natalie.craig@scll.co.uk)

## **WHAT'S ON... For everyone**

### **Fitness Class Programme / Fit City Worsley Pool**

Classes Including Indoor Cycling, Legs Bums & Tums, Push & Lift and Circuit training. *Please see the website or ask in site for a timetable*

### **Local Memories Talk "A mother's war"**

The diary of a young mum bringing up her children in Walkden during World War II" with Lesley Munro.

*Lesley's mother kept a diary of day to day events as she lived through the War years at her home in Alfred Street, Walkden. Those far-off days are brought back to life in her vivid account, which is both funny and sad, and relates to both local and world events. Lesley reads from her mother's diary and will include a short story that her mother wrote: 'Memories of Alfred Street'.*

Friday 20th May / 1.30pm / Walkden Library, Walkden Gateway

Tickets: £3.00 library members/ £4.00 non-members

## **WHAT'S ON... Across the city**

### **Salford Watersports Centre**

Salford Watersports Centre is at the heart of Salford Quays offering a wide range of exciting water and land based activities for all ages and abilities, including open hire sessions, open water swim training, WOWballs and birthday parties.

For full details go to [www.salford.gov.uk/watersportscentre](http://www.salford.gov.uk/watersportscentre) or Tel 0161 877 7252.

You can also find us on Facebook.

**Grand Re-Opening of Ordsall Hall** - Sunday 15 May / 1.00 - 4.00pm / Free  
**Come and help us celebrate the re-opening of Ordsall Hall.**

There is loads to see with new displays and exhibitions helping to tell the story of the Hall and the people who lived there, plus previously hidden beautiful architectural features have been uncovered.

**SCL School of Dance**

SCL's School of Dance offer Ballet, Tap & Freestyle for ages 2 ½ - 16 years. The school operates out of Guild Hall Community Centre and is registered with I.D.T.A. The school offers children the opportunity take part in national competitions and local and regional showcases while taking a full range of dance qualifications. For more information or go to [www.sclschoolofdance.co.uk](http://www.sclschoolofdance.co.uk) or Tel 0161 778 0561

**Salford Museum and Art Gallery**

With the ever changing exhibitions programme at Salford Museum and Art Gallery, you are in for a treat this season. Highlights include North West artists Liam Spencer 'Painting From Life', '10 + r 20 @ Salford' a retrospective textile exhibition and 'High Days and Holidays' celebrating 5 years of the Memories Matter reminiscence project,

Throughout May and June the Museum are running a series of great fun activities for those aged 5years +, including 'Paint a cityscape' and 'Make a fridge magnet' at £1 a session. For more information go to [www.salford.gov.uk/museums](http://www.salford.gov.uk/museums) or Tel 0161 778 0800

**Heritage Walks** (Please wear appropriate footwear and bring an umbrella!)

**Ordsall Hall & Salford Quays** (approx 3 miles)

Sunday 22nd May / 1.00pm / Ordsall Hall / Adults £2 / Children Free

**Ordsall Hall: Faces & Places** (approx 1.5 miles)

Sunday 5th June / 1.00pm / Ordsall Hall / Adults £2 / Children Free

# **SALFORD COMMUNITY LEISURE MANAGE THE FOLLOWING FACILITIES IN WALKDEN AND LITTLE HULTON:**

## **Fit City Worsley**

Bridgewater Road, Walkden, M28 3AB

T: 0161 790 2084 E: [fitcityworsley@salford.gov.uk](mailto:fitcityworsley@salford.gov.uk)

25m pool and 2 separate teaching pools

49 station fitness suite

Aerobics studio hosting a variety of exercise classes

Sauna and steam rooms

## **Brierley Community Centre**

50 Hulton District Centre, Little Hulton, M28 0AU

T: 0161 790 4247 E: [FSOAdmin@scll.co.uk](mailto:FSOAdmin@scll.co.uk)

## **Guildhall Community Centre**

Guild Avenue, off Memorial Road, Walkden, M28 5AS

T: 0161 703 8633 E: [FSOAdmin@scll.co.uk](mailto:FSOAdmin@scll.co.uk)

## **Harrop Fold Specialist Arts College**

Hilton Lane, Walkden, M28 0SY

T: 0161 703 3510 E: [danielle.morecroft@scll.co.uk](mailto:danielle.morecroft@scll.co.uk)

Sports hall

All weather pitch

Dance studio

Drama studio

(all of the above are available to hire Mon – Fri 6pm – 10pm and Sat and Sun 9am – 4pm)

## **Little Hulton Library**

Longshaw Drive, Little Hulton, M28 0AZ

T: 0161 790 4201 E: [littlehulton.library@salford.gov.uk](mailto:littlehulton.library@salford.gov.uk)

**The Active Lifestyles Team** delivers activities for people who have long term health conditions such as high blood pressure, diabetes and coronary heart disease. Your Active Lifestyles Development Officer is Jo Bennett.

T: 0161 778 0559 E: [jo.bennett@scll.co.uk](mailto:jo.bennett@scll.co.uk)

**Walkden Library**

Walkden Gateway, 2 Smith Street, Worsley, M28 3EZ  
T: 0161 909 6518      E: walkden.library@salford.gov.uk

**The Community Sport Development Team** provides a range of sport and leisure activities for young people across the city during term time and throughout school holidays. **Your Community Sport Development Officer is Natalie Craig.**

T: 0161 778 0564      E: natalie.craig@scll.co.uk

**The Active Lifestyles Team** delivers activities for people who have long term health conditions such as high blood pressure, diabetes and coronary heart disease.

**Your Active Lifestyles Development Officer is Louise Sword.**

T: 0161 778 0542      E: louise.sword@scll.co.uk

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