



# Editorial

Hello and Welcome to the July edition of Salford Carer's newsletter.

Well Summer is really here, I hope you are all managing to get out into the sun a little., if only to escape the World Cup coverage! Personally I prefer tennis and by the time you read this I will have been watching my favourite sporting event of the year - Wimbledon.

On a more serious note you may have been hearing that Salford Royal Hospitals NHS Trust;, Bolton, Salford and Trafford Mental Health NHS Trust; and Christie Hospital NHS Trust are planning to become NHS Foundation Trusts.

An NHS Foundation Trust is accountable to it's local members—service users and carers, members of the public, and it's staff—and to other organisations locally.

You may also have heard about meetings for local groups and organisations to hear about their plans and for you to let them know what you think.

It is important that carers consider becoming members of the foundation trusts to ensure that they can influence the way that hospital services are provided in the future.

If you want to be involved, either personally or as a member of a group that you attend, and you have not managed to attend the public meetings you should make your interest known now.

For Bolton, Salford and Trafford Mental Health NHS Trust contact :  
Julia Chapman-Barker (Chair) or Simon Large (Acting Chief Executive) on 0161 773 9121.

For Salford Royal Hospitals NHS Trust contact: [foundation@srht.nhs.uk](mailto:foundation@srht.nhs.uk), by phone on 0800 028 1788 (freephone) or by post at Foundation Trust Project Group, Trust Executive, Hope Hospital, Stott Lane, Salford, M6 8HD.

For Christie Hospital NHS Trust contact: [foundation@christie-tr.nwest.nhs.uk](mailto:foundation@christie-tr.nwest.nhs.uk), by phone on 0161 446 8616 or by post at Foundation Trust Project Office, Christie Hospital, Wilmslow Road, Withington, Manchester, M20 4BX.

The Carers Centre has just been informed that Salford Disability Forum will be holding it's Annual General Meeting on Tuesday 18th July from 11am-1pm at Muirhead Court, Auckland Drive, Salford.

You may remember that the AGM had to be postponed recently due to unforeseen circumstances, so if anyone is interested in becoming a member of their steering group you should contact the forum on 0161 743 0746 for a nomination form.

Best wishes as always

Joan Martin

## Early Adult Carers Page

### The Children's Heart Association

The Children's Heart Association supports all children and families dealing with heart conditions in the North West.

It aims to raise awareness of heart conditions, raise funds to buy equipment, support hospitals and to campaign for continually improved standards in the care/support that heart children receive.

It is planning regular events for families to attend, where kids can meet and parents can share experiences.

For more information call Jo on 0161 612 5038 or email her at jo.trask@heartchild.info  
The Manchester branch meet on the second Tuesday of each month at the Cardiac Waiting Room at the Royal Manchester Children's Hospital at 8pm (except August).

Contact Gill Hitchen on 01706 221988 for more information

### ACTIVITIES FOR PARENTS AND CHILDREN IN JULY/AUGUST

Throughout Salford, in the Country Parks there will be free activities during the school holidays.

The main venues for children are:

Princes Park/Cadishead Park - Tuesdays am

Blackleach Park - Wednesday pm

Victoria Park - Wednesday pm

Clifton Country Park - Thursday pm

Also there will be Sunday afternoon band concerts in Victoria Park

**More details of these and other activities can be found in**

**ON in Salford (Summer edition) out now**

**If you cannot get hold of a copy please contact the carers centre for details  
by ringing 0161 833 0217**

### PARTNERS IN POLICYMAKING

It is now a requirement of Local Authorities and Health Authorities that those who use services should not only be consulted but much more closely and actively involved in policymaking.

Users of services and their carers need preparation for this role. They need to think about what good practice is and also how they can contribute to policymaking.

Partners in Policymaking is a leadership training programme for disabled adults and parents of disabled children up to school leaving age.

The course takes 2 days a month over 8 months and assignments between sessions give participants opportunities to practice skills of finding information, making contact with policymakers and people who work in services, presenting their views, learning how decisions get made and how to influence them.

For an information pack and application form for the course starting in September 2006

Contact Caroline Tomlinson 07947 608915; Lynne Elwell 07773 348311

Or ring the carers centre on 0161 833 0217

## **HELP THE AGED**

### **HOME SUPPORT**

#### **Fighting to free disadvantaged older people in the UK and overseas from poverty, isolation and neglect**

HandyVan is the home security service from Help the Aged providing security locks and smoke alarms, supplied and fitted FREE of charge for older people with savings of less than £20,000 (this is savings in the bank, excluding equity)

To arrange an appointment with your local fitter or for more information, please telephone 01255 473999

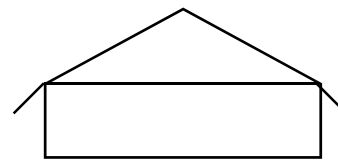
**or email [handyvan@helptheaged.org.uk](mailto:handyvan@helptheaged.org.uk)**

**Web: [www.helptheaged.org.uk](http://www.helptheaged.org.uk)**

## **Living The Dream**

Home ownership for people with Support Needs

- Mental Health Problems
- Learning Difficulties
- Physical Impairment



Do you care for a son or daughter and worry about what will happen to them when you are no longer able to look after them?

Would you like to secure their future by purchasing accommodation with support for them?

Are they between 18-55 years of age with any of the above conditions long term, or a combination of them?

Are they able to live independently with support?

If you can answer yes to all four questions we may be able to help you

**We are a not-for-profit organisation and are setting up a focus group to find out what people in the Manchester area want.**

**Please contact us now**

LIVING THE DREAM, ONE CENTRAL PARK, NORTHAMPTON ROAD,  
MANCHESTER, M40 5WW

TEL: 0161 764 5778

EMAIL: [enquiries@living-the-dream.org](mailto:enquiries@living-the-dream.org)

## **Domestic Abuse is Everyone's Business!**

### **What is it?**

- It is controlling, threatening behaviour between partners, former partners or people in intimate family relationships.
- It is the intentional and systematic abuse of power and control.
- It can be physical, verbal, emotional, financial, sexual and psychological.
- Sometimes the abusive behaviour can be all of these things

### **Who experiences it?**

- Domestic abuse affects people irrespective of age, gender, ethnicity, sexuality, disability or social background.

### **What are its effects?**

- It can result in death, maiming, physical injury, emotional strain, mental health problems, fear, anxiety, isolation and a loss of self-esteem.
- It damages children who have to live with it and witness the way it affects people they love.
- It shatters lives and destroys relationships.

### **What can be done about it?**

- If you, or someone you know is experiencing domestic abuse, it can help to talk to someone about it. No one has the right to abuse you.

#### ***Carers notice things.***

#### ***They are often a point of contact and a source of help.***

- If you think someone is experiencing domestic abuse, you may be able to find the opportunity of speaking to them on their own and asking if they have any fears or concerns about their safety.
- Try to be direct and start by saying something like:  
*"I'm worried about you because....."*
- BELIEVE what they tell you and try to LISTEN, rather than judge or criticise or interrupt.
- Encourage them to think about their safety and that of their children.
- Reassure them.
- Adults who are unable to take care of themselves or protect themselves from significant harm or exploitation may be helped and supported under the Adult Protection (Safeguarding) Procedures.

- Adult Safeguarding Unit 0161-212-4323

FURTHER INFORMATION CAN BE FOUND AT:

[www.refuge.org.uk](http://www.refuge.org.uk) [www.womensaid.org.uk](http://www.womensaid.org.uk) [www.mensadviceline.org.uk](http://www.mensadviceline.org.uk)

**There is a 24 hour NATIONAL HELPLINE NUMBER: 0808 2000 247**

Salford Police 0161 872 5050 / 0161 856 5171

Women's Aid OUTREACH 0161 736 0737

Victim Support and Witness Service 0845 30 30 900

Men's Advice Line 0845 064 6800

Lesbian and Gay Foundation 08453 30 30 30 / 08452 60 44 60

You can order leaflets from [viki.seed@salford.gov.uk](mailto:viki.seed@salford.gov.uk)

## National Carers Week—Feedback

### Holiday winner

The carers centre ran a free raffle, for carers at Hope Hospital, during Carers Week and the draw was held the week after at Salford Carers Centre. The prize was a 3/4 day holiday at PONTINS (either the Southport or Prestatyn site).

The winner was:  
Mrs Smith of Little Hulton.  
Congratulations Mrs Smith!! Pontins will be contacting you very soon

### Carers Coffee Morning

The coffee morning held at the carers centre gave out 17 prizes in the free raffle.

The prizes were provided by donations from local companies and we have to thank the following: SALFORD CITY REDS; MANCHESTER CITY FOOTBALL CLUB; WILKINSONS, ECCLES AND SALFORD; HARRY RAMSDENS; THE LOWRY; MORRISONS SWINTON; CUSSONS KERSAL VALE FACTORY, ROYAL EXCHANGE THEATRE.

### Carers survey at Hope Hospital

During Carers Week Salford Carers Centre organised a survey of the carers using the hospital's services.

We saw over 70 Carers throughout the week and the survey results showed that the vast majority of the people we spoke to felt that carers were included in consultations with the person they support, and were listened to by the hospital staff.

Copies of all the comments made during the survey have been passed to the hospital

Also involved in the planning of Carers Week were the following organisations:

Crossroads for Carers  
Salford Families Project (Barnardos)  
Age Concern Salford  
GMNA  
Specialist Carer's Social Workers  
Human Resources Department, Hope Hospital  
Cancer and You (Macmillan Information Service)  
Ladywell Hospital  
Making Space

**A BIG THANK YOU TO ALL INVOLVED AND TO LESLEY KENNEDY AND THE STAFF AT HOPE HOSPITAL FOR ALL THEIR WORK PROVIDING THE FACILITIES DURING CARERS WEEK.**

## Professional View

Emma Greene

*What do you do?*

I am the Falls Service Manager with responsibility for coordinating all services that work towards the assessment, treatment and prevention of falls in Salford. The Service covers the hospital, intermediate care and social services.

*What is your background?*

I qualified as an Occupational Therapist in 2000 and worked mostly with older people but also with those who have neurological, cardiac, spinal, medical/surgical and mental health problems.

*How long have you been working with carers?*

All my work has involved working closely with carers, they are a vital part of any activity the people they care for both have to do and want to do. So it is very important that they are involved in any assessments and planning of services that are appropriate for the person they care for.

*What are your plans with regard to Carers?*

To increase the involvement of carers in our falls services by including them in our assessment and treatment planning. Mainly with our rehabilitation work and prevention strategies.

*What would you like to see happen for carers in the future?*

I would like to see greater services support provision for carers, not only from our falls service but from wider social and community services.

*What about outside office hours?*

I love spending time with my family and friends. I particularly like sharing meals with them and good conversation.

## A letter from a carer about travel insurance

I have recently had difficulty in obtaining travel insurance for my daughter who suffers from epilepsy.

The telephone numbers listed below are for companies who are sympathetic to people with medical conditions.

In all I tried 25 insurance companies and only the 3 listed would give me any cover for European and UK holidays.

Citybond Suretravel Tel 0870 444 6431  
Marks and Spencer Tel 0800 731 2424  
J & M Insurance Tel 0207 446 7626

Do remember to tell the companies about all your medical conditions.

J.T.

*Please note that this article does not imply any recommendation by Salford Carers Centre– The Editor*

## ADMIRAL NURSES

Admiral Nurses support people with dementia, their carers, friends and family. Admiral Nursing DIRECT is a telephone or e-mail advice service. Telephone 0845 257 9406 and you will hear a short introduction and then be asked to leave a message and a member of staff will respond to you as soon as possible.

[direct@fordementia.org.uk](mailto:direct@fordementia.org.uk)

The mission of Admiral Nurses is to improve the quality of life for people affected by dementia

## Calendar of events

Date	Time	Event
Mon 3rd	10am 11-1pm 2-4pm 8-9.30pm	ADD&ADHD Parent carers support group (Adult sessions) SPIN supporting parents of people affected by substance misuse Support group for carers of people with Borderline Personality Disorder Al Anon for friends and relatives, Swinton
Tues 4th	9.50 am 10-11 10-12 10-12 10-1pm <b>10.30-12.30</b> 12-2pm 7-9pm 7-9pm 7.30-10pm	Age Concern carers health walk, Buile Hill Park Walkden Carers drop-in Carers coffee morning, St Sebastian's Community Centre, Kersal Pathways for parents/carers & partners of people affected by substance misuse Heart Care Support Group drop-in, Eccles <b>Carers Forum at the Carers Centre</b> Support group for carers of people with epilepsy Age Concern carers support group, Clifton ADD&ADHD Parent carers support group (children) Salford Stroke Club
Wed 5th	11-1pm 7.30pm	Irlam Carers support group, Cadishead Heart Care Support Group, Hope Hospital
Thurs 6th	10-12am 2-4pm	ADD & ADHD Parent carers support group (children) Holly Bank carers support group, Salford
Fri 7th	10am	Heart Care Support Group, walking group, Worsley Court House
Mon 10th	10am 11-1pm 2-4pm 8pm 8-9.30pm	ADD&ADHD Parent carers support group (Adult ) SPIN supporting people affected by substance misuse Support group for carers of people with Borderline Personality Disorder Learning Difficulties Parent Carer Group, Boothstown Al Anon for friends and relatives
Tues 11th	9..50 am 10-11 10-12 10-12 <b>10.30 12.30</b> 12-2pm 1-3pm 7-9pm	Age Concern carers health walk, Buile Hill Park Walkden Carers drop-in Carers coffee morning St Sebastian's, Kersal Pathway for parents/carers & partners of people affected by substance misuse <b>Carers coffee morning at the Carers Centre—Ann Monaghan, Salford Heritage Service "Pictures of the Past"</b> Support group for carers of people with epilepsy Age Concern carers support group, Salford Carers Centre ADD & ADHD Parent carers support group (children)
Wed 12th		
Thurs 13th	10-11.30am 10-12am 7-9pm	Support group for carers/female friends of people with psychosis ADD & ADHD Parent carers support group (children) Claremont-Weaste support group, Salford
Fri 14th	10am	Heart Care Support Group, walking group, Worsley
Mon 17th	10am 11-1pm 2-4pm 8-9.30pm	ADD & ADHD Parent carer support group (Adult) SPIN for parents of people with substance misuse Support group for carers of people with Borderline Personality Disorder Al Anon for friends and relatives
Tues 18th	9.50 am 10-11 10-12 10-1pm 10-2pm 7-9pm	Age Concern carers health walk, Buile Hill Park Walkden Carers drop-in Carers coffee morning, St Sebastian's Kersal Heart Care support group drop-in, Eccles Pathways for parents carers and partners of people with substance misuse ADD & ADHD Parent carer support group (children)

Tues 18th continued	10-2 pm 12-2 pm	Pathways for parents, carers and partners of people with substance misuse Support group for carers of people with epilepsy
Wed 19th	10-1 pm 11-1 m	Age Concern carers coffee morning, Clifton Green Irlam carers support group, Irlam
Thurs 20th	10-12	ADD & ADHD Parent carer support group (children session)
Fri 21st	10 am	Heart Care support group, Walking group
Mon 24th	10 am 11-1 pm 2-4 pm 8-9.30 pm	ADD & ADHD Parent carer support group (adult session) SPIN supporting parents of people with substance misuse Support group for carers of people with Borderline Personality Disorder Al Anon for friends and relatives
Tues 25th	9.50 am 10-11 am 10-12 10-12 10.30-12.30 12-2 pm 7-9 pm 8-9.30 pm	Age Concern carers healthy walk, Buile Hill Park Walkden carers drop-in Carers coffee morning, St Sebastian's, Kersal Pathways for parents, carers and partners of people affected by substance misuse Age Concern carers coffee morning, Walkden Support group for carers of people with Epilepsy ADD & ADHD Parent carers support group (children session) Support group for people affected by Manic Depression and their carers
Wed 26th	7 pm	Making Space support group, Eccles
Thurs 27th	10-12 10.30-12.30 10-11.30 7-9 pm	ADD & ADHD Parent carer support group (children) Age Concern carers coffee morning, Whittle Brook House. Support group for carers/female relatives of people with psychosis Support group for people with a brain or spinal injury & their carers
Fri 28th	10 am	Heart Care Support Group, Walking group
Mon 31st	10 am 11-1pm 2-4 pm 8-9.30 pm	ADD & ADHD Parent carer support group (adult session) SPIN Supporting parents of people with substance misuse Support group for carers of people with Borderline Personality Disorder Al Anon for friends and relatives
Tues 1st August	9.50 am 10-11 am 10-12 10-12 10-1 pm 12-2 pm 7-9 pm 7-9 pm 7.30-10 pm	Age Concern carers healthy walk, Buile Hill Park Walkden carers drop-in Carers coffee morning, St Sebastian's, Kersal Pathways for parents, carers and partners of people affected by substance misuse Heart Care support group drop-in, Eccles Support group for carers of people with Epilepsy ADD & ADHD Parent carer support group (children session) Age Concern carers support group, Clifton Salford Stroke Club
Wed 2nd	11-1 pm 7.30 pm	Irlam carers support group, Cadishead Heart Care support group, Hope Hospital
Thurs 3rd	10-12 2-4pm	ADD & ADHD Parent carer support group Holly Bank carer support group
Fri 4th	10 am	Heart Care Support Group, Walking group
		Woodlands Day hospital carer support group, Women's ethnic Minority carers group, Growing Up and Keeping Safe support group, White Meadows carers support group—Ring for details

Why not join us for the mail out at the carers centre on 2nd August

## Carers Support Group details

Walkden Carers Drop in, Community Centre, Queens Close	Joyce Cowie	799 1454
Age Concern Carers For People With Dementia. Coffee Mornings Clifton Green Day Centre & Whittl Brook House Walkden, Carers Evening Support Group, Golden Lion Pub, Clifton. Day Support Group, The Carers Centre.	Julie Norman	788 7300
Attention Deficit Disorder, 1 Wynne St, Little Hulton	Nicky Draisey	790 1455
BASIC. Support Group for people who have suffered brain injuries and their carers. The Neurocare Centre, 554 Eccles New Rd, Salford	Sandra Buckley	0870 750 0000
Claremont Weaste Support group for carers and former carers who live in this area.	Stella Bailey	736 6950
Heart Care Support Group. Humphrey Booth Lecture Theatre Hope Hospital ( Drop in sessions, Patricroft United Reform Church, Franklin St Eccles) Walking Group, Worsley Court House	Marion El'qasem	707 7402
Holly Bank Support Group for carers of people who attend Holly Bank 40 Eccles Old Rd, Salford	Sheila Cropper	737 5439
Irlam Carers Support Group for carers and former carers living in Irlam, Cadishead and Eccles. 1 <sup>st</sup> of month, St Mary's Church Hall, Penry Ave, Cadishead. 3 <sup>rd</sup> of month, St John's Centre, Fiddlers Lane, Irlam	Jean Dodd	775 9532
Learning Difficulties Parent Carer Support Group.	Eileen/ Irene	799 6787 790 8193
The Limes Support Group for carers of residents and users of The Limes (Rehabilitation Unit), Moorfield close, Swinton.	Maria Elnhawry	794 3042
Making Space Support Group for people with a mental health condition and their carers. Cromwell House, Cromwell Rd, Eccles	Andrew Atkinson	736 0593
Salford Stroke Club, St George's Centre, Cromwell Rd, Salford	Mrs Davin	736 6164
Woodlands Support group for carers of people attending Woodlands Day Hospital, Armitage Ave, Little Hulton.	Sally Watkins	790 4222
Carers of People with Borderline Personality Disorder. The Zion Centre, 339 Stretford Rd, Hulme (see below)	Howard	226 5412
Epilepsy Users and Carers Group. The Zion Centre, 339 Stretford Rd, Hulme (open to Salford residents)	Chris and Sue	226 5412
Al-Anon for friends and relatives. St Mary's RC Church, Park St Swinton	Frieda	793 4876
Support Group for carers/female relatives of people with psychosis Wardley Community Centre, Ash Drive, Swinton	Debbie or Tammy	702 9368
Womens' Ethnic Minority Carers' Group	Ferdos	0771 244 0695
Carers Coffee Morning, St Sebastian's Community Centre Charlestown/ Lower Kersal	Sue Hinder	743 0088
Growing Up and Keeping Safe Support Group for parents/ carers and foster parents of people with Learning Disabilities	Margaret Joanne	603 4300 707 7813
Y.A.N.A. You are not alone. All carers welcome to our friendly drop-in. Holy Cross Community Hall, Patricroft	Anne	787 8990
PATHWAYS and SPIN 2 groups for parents/carers and partners affected by substance misuse	Della Alma	607 1900 743 0167
White Meadows carers support group for people supporting an elderly relative with dementia/alzheimers	Any staff member	793 1874

## Care Direct Salford Telephone 0161 789 8729

There are many reasons why you are looking at support options. You may be looking for yourself or on behalf of a relative, because a little support is needed with maintaining your independence either in the community or at home.

The **Community Support** we are able to provide involves a worker visiting your home, and working with you to maximise your independence at home or in your locality. With the benefits of staying in familiar surroundings with the home comforts, it is a proven and established alternative to a residential home or sheltered accommodation.

**Care Direct Salford** is led by an experienced manager of 16 years within the National Health Service and Voluntary Sector. Our specialist field is supplying Mental Health, Dementia and Learning Difficulties support to the residents of Salford in maximising our clients quality of life and enhancing their participation within the local community

We wholly concentrate our efforts on providing quality support and matching our client's needs with the skills of our support workers. As you would expect, all of our work meets and exceeds standards set by our regulatory body, the Commission for Social Care Inspection (CSCI), and all of our staff have stringent checking with the Criminal Records Bureau (CRB).

At **Care Direct Salford** we support clients who receive funding through the **Direct Payment Scheme**, or through the **Independent Living Fund** and lastly support those who wish to make their own **private arrangements for support**

**The Care Direct Philosophy—Support for the people you care about**

**Tel/Fax: 0161 789 8729**

**<http://www.caredirectsalford.co.uk>**

**Email: [info@caredirectsalford.co.uk](mailto:info@caredirectsalford.co.uk)**

**Summer Celebration for Older People**  
**Wednesday July 12<sup>th</sup>**

Join the **East Salford Neighbourhood Management Team** and **Age Concern Salford** for a crammed packed day of activities and events – aimed at people who are aged 55 and over. Starting from 10.00a.m. and running throughout the day – we have a range of free events available which are open to older people.

Come and have a look around Fit City Broughton Pool – take a swim, try the gym – or relax in the sauna. If this is too much like hard work – come down to Broughton Resources Centre, 319 Bury New Road, Broughton for a morning of craft activities and refreshments – or try your hand at Computers for Beginners, at Broughton Database, Camp Street.

- 11.00am to 12.00 noon    **Healthy Hips and Hearts Class**  
Broomedge, Broom Lane, Broughton
- 10.00am to 12.00 noon    **Sauna, swimming, aqua aerobics, gym**  
Broughton Pool, Great Cheetham Street
- 10.00am to 12.30pm    **First Time On Line—Computers for Beginners**, Broughton Database, Fit City Broughton, Camp Street, Broughton
- 10.00am to 12.30pm    **Craft workshops, book and video sale, Sewing workshops, refreshments**  
Broughton Community Resource Centre (opposite McDonalds)
- 11.00am    **Health Walk**—Meeting outside Higher Broughton Health Centre
- 12.00 to 2.00pm    **Garden Party, refreshments, live music**  
Roman Court, Camp Street, Broughton
- 12.00 to 3.30pm    **Marketplace—Information and advice on services and opportunities for people over 55**, Fit City Broughton, Camp Street
- 1.00pm to 2.00pm    **Salsa Dancing Session**, Fit City Broughton, Camp Street, Broughton
- 2.00pm to 3.00pm    **Healthy Hips and Hearts / Tai Chi session**  
Fit City Broughton, Camp Street, Broughton

For further information on any of the activities – or to book transport – or a place on the Health Walk - please call **Vanessa or Alison 792 4945 – 708 0892** – East Salford Neighbourhood Management Team

\*\*\*Exciting opportunity to work with SalfordPCT\*\*\*

All of our GP practices and Pharmacies within Salford have signed up to contracts held by the Department of Health. The contracts aim to improve the quality of care delivered to patients. This means that GP practices and Pharmacies will be reviewed annually on their performance against the indicators held within each of these contracts.

**Salford PCT are looking to recruit voluntary lay representatives to join part of their assessment teams who can help to assess GP practices, Pharmacies and eventually Dental Practices**

If you have good communication skills and are a motivated and organised team player then we would love to hear from you. In order to take part you will be required to have or be able to develop a good understanding of the following:

- the NHS in general
- a reasonable understanding of the GP and Pharmacy Contracts
- a clear understanding of the purposes of review visits
- an awareness of and commitment to confidentiality
- no formal qualifications are required, just a commitment to improving health services in Salford

Full training will be provided to suitable candidates to give them the necessary skills and knowledge to carry out this role.

**Further information:**

- time commitment will be around 4 hours per GP practice visit and 2 hours per pharmacy visit - the number of visits you take part in is optional
- expenses will be paid for travelling to and from each visit and also travelling to any training that is provided by Salford PCT

For an informal discussion, please contact Dawn Lowe on 0161 212 4413 who will also arrange for an application form to be sent to you.

Useful websites: [www.ic.nhs.uk/services/qof](http://www.ic.nhs.uk/services/qof)  
[www.psnc.org.uk/index](http://www.psnc.org.uk/index)  
[www.dh.gov.uk](http://www.dh.gov.uk)



## Community and Social Care Awards 2006

Do you want to say a **big thank you** to the museums or art gallery, to a library, to adult social services, to a neighbourhood management team or a community centre? Has a member of staff made a real difference to your life? Have they gone that extra mile, or simply made you smile?

Want to let an individual or group in your community know how much the work they do means to you?

Salford City Council's Community, Health and Social Care Directorate wants your help.

Use the form below to nominate an individual or team for a Community and Social Care Award.

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### Community and social care award - Nomination form

**I would like to nominate**  
(name of person or team)

**Who is** (please circle)

Staff member/team

Community activist/group

**They work at**

**The reason is**

**Your name**

**Your contact details**

**Can we contact you for more information?** Yes      No

Nominations should be sent to **George Rowe, Community, Health and Social Care, Crompton House, 100 Chorley Road, Swinton M27 6BP**

Nominations close on **11 August 2006**

## SALFORD CARERS CENTRE CONTACT LIST

Manager *Liz Sykes*

Adult Carers Development Worker *Joan Martin*

Primary Care Liaison Worker *Julia Ellis*

Carers Assessments *Eileen Conneely*

Carers Mental Health Assessments *Maria Davies*

Young Carers Team Co-ordinator *Ziggy Gill*

Young Carers Specialist Support Worker *Luce Clarke*

Young Carers Development Worker *Felicity Brangan*

Admin. Carers Short Breaks *Wai Ken Chan*

Administration *Eileen Cunnah*

Carers Support Worker, New Deal Area *Sue Hinder*

Salford Carers Centre, 1 St Philips Place, Salford M3 6FA

Phone: 0161 833 0217, Fax: 0161 833 1992

E mail: [liz.sykes@salford.gov.uk](mailto:liz.sykes@salford.gov.uk)

**The opinions expressed in this newsletter do not necessarily reflect those of the Carers Centre.**

**To the best of our knowledge, all information was correct at the time of printing**

If you have picked up this newsletter in the library or at your GP's surgery and would like your own free monthly copy, or if you are a new carer and want to be contacted by a local support group, please complete the form below and return it to Eileen Cunnah at the address above.

Please tick the appropriate box and put your contact details in the space provided

I would like my name added to/deleted from the mailing list

I enclose an item for publication

I would like to be contacted by a local support group

If you know which group you are interested in please say so here

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Name

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Address

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Telephone