Welcome to LIFE IN Salford. In this issue we’re showcasing local information, activities, news and advice from across the whole of Salford, including a special section with news and activities from the local community.

We hope you enjoy reading LIFE IN Salford and we’d love to hear what you think about the magazine or any ideas you have for future content. Email lettersinlife@salford.gov.uk

In this issue...

ON THE COVER
03 New City Mayor elected
14 Summer festivals
17 The Somme: Salford will remember
19 One you

IN THIS ISSUE
10 Cooking up a storm and Free legal advice
12 World premiere to close Somme commemorations
13 Prescription charges changes
18 Helping babies sleep safely and Dementia aware
24 Launch of the ‘Salford Standard’
25 Keep safe this summer
26 Know your councillor
27 Quicker, easier, better
28 FACT Salford
29 Homes boost for city

REGULARS
04 Salford in short
14 What’s on
08 Community news

All enquiries including large print versions of this magazine - email lettersinlife@salford.gov.uk

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New City Mayor elected

City Mayor Paul Dennett has been elected with a pledge: For a Better and Fairer Salford.

He said: “I plan to make an impact for our city and its residents. We will be working in a different way, being more open when we can about what we do, getting people involved and listening to their concerns and getting things done.”

“My new cabinet has a wide range of experiences and specialities. We have increased the representation of women on the team - an important step towards gender equality in council.

“Governing this city is a collective effort. We need to make the most of elected members and council officers to get the best results for Salford.

“We all stand on the shoulders of giants. We are stronger together, and collectively can achieve great things.”

City Mayor Dennett was born in Warrington and worked in his parents’ pub and a call-centre before completing his degree and lecturing in business at Manchester Metropolitan Business School. He has also worked in research for the United Nations in Turin. He has been a councillor in Langworthy for four years.

Away from work he enjoys cooking, cycling, reading, music, socialising with family and friends, visiting museums and galleries and travelling.

His new cabinet is:
City Mayor - Paul Dennett
- Statutory Deputy City Mayor - Councillor Paula Boshell (who will formally deputise if the City Mayor is not available)
- Deputy City Mayor - Councillor John Merry

Lead members:
- Adult Services, Health and Wellbeing - Councillor Tracy Kelly
- Children’s and Young People’s Services - Councillor Lisa Stone
- Environment and Community Safety - Councillor David Lancaster
- Finance and Support Services - Councillor Bill Hinds
- Housing and Neighbourhoods - Councillor Paul Longshaw
- Planning and Sustainable Development - Councillor Derek Antrobus
- Workforce and Industrial Relations - Councillor John Ferguson

See more at: www.salford.gov.uk/cabinet

Salford’s in the top 50

The University of Salford is one of the UK’s top 50 universities according to a nationwide survey.

University and degree comparison website, Whatuni.com, asked 25,000 students, across 125 universities, to rate their higher education experience under 10 categories.

Salford jumped 54 places to 47th in ‘University of the Year’, and ranked 12th for student support, 20th for the student union, 21st for job prospects, 23rd for course and lectures, 30th for university facilities, 32nd for international and 41st for city life. Salford was in the top 60 for accommodation and clubs and societies.

The University of Salford’s Vice-Chancellor, Professor Helen Marshall, said: “We’re extremely proud of these results.

“It adds to our good performances in the National Student Survey, Times Higher Education’s (THE) ‘Top 200 International University ranking’, THE’s top 150 ‘young’ university ranking, and THE’s Leadership & Management awards where we are shortlisted for three awards.”

www.salford.ac.uk
Salford in short

Alan Henning remembered

Taxi driver turned aid worker Alan Henning is being remembered with a new memorial in his home town of Eccles.

The memorial garden at Eccles Recreation Ground features a circular flower bed, planted with yellow flowers and plants, wooden sleepers painted yellow and two granite boulders bearing memorial plaques. The design symbolises a clock face on the theme of ‘time’.

www.salford.gov.uk/ecclesrec

EU Referendum

The EU Referendum takes place on Thursday 23 June.

You have the chance to decide whether or not Britain stays in the European Union.

British, Irish and Commonwealth citizens can vote but European citizens can’t. Please check carefully so you know where you stand.

For further information visit www.salford.gov.uk/elections

Swinton history trail

A new history trail has been created in Swinton.

Eleven plaques marking key spots from Swinton Industrial School to the Clifton Hall rail tunnel collapse have been installed around the town.

The idea came from the Swinton Heritage task group, with support from Salford City Council, Swinton and Pendlebury Local History Society, Swinton Lions and others interested in Swinton’s history. The group plan to create a website about the trail so more information will be shared when it is ready.
**Saturday job?**

Do you know enough about child employment laws?

It’s illegal for a child to work without a work permit as they won’t be covered by their employer’s insurance. The permit takes into account the nature of their duties, the times of day they work and the amount of hours they put in. Restrictions differ depending on the age of the child and whether the work takes place on school days, weekends or holidays.

Whether you’re a parent or employer make sure you know the law to keep young people safe. See www.salford.gov.uk/child-employment

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**New child abuse campaign launched**

Salford City Council is supporting a new government campaign encouraging people to report child abuse.

The council wants people to use the ‘ABC’ guide to spot the signs of abuse and neglect. Look for changes in:

- **Appearance** – such as frequent unexplained injuries
- **Behaviour** – such as demanding or aggressive behaviour
- **Communication** – such as sexual or aggressive language

People can report their concerns by phoning 0161 603 4500 or emailing worriedaboutachild@salford.gov.uk

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**Save the date**

Friday 12 August is International Youth Day celebrating the huge contribution young people make to the world.

Look out for events across Salford celebrating our young people and supporting the UK Youth Parliament’s campaign #donthateeducate by celebrating different cultures in Salford

www.wuu2.info/youthday/

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**Give diabetes the finger!**

Around 20,000 people in Salford could be at risk of developing type 2 diabetes.

There are simple things you can do to reduce your risk of developing the disease – starting with a simple check.

Call Salford City Council’s Health Improvement Service free on 0800 952 1000 and answer a few questions.

If you’re at moderate or high risk of developing diabetes we can make an appointment for you to have a quick finger pin prick test at a community venue near you.

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**Salford motorists go green**

Bright sparks in Salford are now using electricity to travel.

The city has seen a dramatic rise in the use of electric vehicles. Green drivers charged their cars more than 8,000 times in 2015 – accounting for one quarter of all public charges across Greater Manchester. Find charging points at ev.tfgm.com/

Residents can also join Greater Manchester’s first environmentally friendly car club and hire cars on an hourly basis. Find out more at www.co-wheels.org.uk/salford

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**Metrolink track replacement**

Transport for Greater Manchester (TfGM) has announced a major track replacement programme which will see the Eccles via MediaCityUK Metrolink line temporarily close from Sunday 26 June.

On the same date services will stop running through St Peter’s Square. Eccles line services are expected to resume between Deansgate-Castlefield and MediaCityUK in early August, with the full line reopening at the end of August.

See more at www.transformationinformation.co.uk

Train times from Eccles and Paticroft Rail Stations can be found at www.trainline.com
Recycle more. Recycle right.

Are you doing your bit to protect the environment for future generations?

There's only so much rubbish that can be buried in the ground. Councils across Britain are reducing the amount of waste they send to landfill and increasing the amount that is recycled. We need your help in recycling more in Salford.

From 5 July, waste collection changes will take place in parts of our city, as part of a pilot scheme to help increase recycling further.

It's as simple as 1, 2, 3…

1. every week we’ll empty the pink-lidded bins and food caddies – all food waste, along with garden waste goes in here
2. every two weeks we’ll empty the blue and brown recycling bins – paper and card go in the blue bin, and plastic, cans and glass bottles go in the brown bin
3. every three weeks we’ll empty the black bins - only things that can’t be recycled go in here
Reducing costs

The council has lost nearly half of its government funding since 2011 and reductions are likely to continue. Getting rid of waste by burying it in landfill sites costs £350 a tonne – whereas the council gets paid £25 for every tonne of waste recycled. This means that we can save around £470,000 a year during the pilot.

This money can be used to protect services for you and your family, such as children’s centres, libraries, street cleaning and care for the elderly.

Will I have enough space?

We know that 35% of the waste that currently goes into black bins could be recycled.

In 2008 Salford households only had one bin with 240 litres of space per week. With the food and garden waste and recycling bins as well as black bins, households now have 560 litres of space per week - more than double the space available for each household in 2008.

What else is being done to increase recycling?

We have recently launched our Recycle and Reward scheme www.salford.gov.uk/recycleandreward where you can help good causes in your community to win rewards simply by recycling more of your waste. We are continuing with campaigns and community work as well as clean ups. We will also carry on prosecuting fly tippers who can be heavily fined when we can take court action.

There’s more information including answers to some of your questions at: www.salford.gov.uk/bins-and-recycling

Which areas are affected?

Half of the city will take part in the pilot from 5 July. Residents in these areas will receive information and a new collection calendar. There are no changes yet in other areas of the city.

Did you Know...

ALL food waste should go in your pink lidded bin or caddy?
Welcome to our community pages

These pages are focused on events, activities and news from you and your local community.

Walk this way!

Put your best foot forward in Salford.

There are eight free, one hour health walks, run by volunteers for Salford Community Leisure, every week. Just a few are:
Mondays, 2pm to 3pm at Boothstown Community Centre, M28 1NB, Tuesdays and Sundays 10am to 11am at Monton Unitarian Church, M30 8AP or Fridays, 10am to 11am at Worsley Court House, M28 2PB
Contact Jo Bennett on 0161 778 0559.

Wheely great idea

A Salford project which offers cycling for all is celebrating its 25th birthday.
Salford Wheels for All at Cleveley’s athletic track, Winton, has a wide range of bikes for all ages, abilities and needs. It runs several sessions each week including Fridays 10am to 3pm and Saturdays 10am to 1pm.
Check them out!
www.cyclinguk.org/cycle-centre/wheels-salford

Be a friend

Can you spare two hours a fortnight to help a lonely, older person?
The Gaddum Centre urgently needs befrienders to visit older people across Salford to share a cup of tea and have a chat or take part in activities with them. Full training, support and out of pocket expenses are provided.
For more information please contact The Gaddum Centre on befriending@gaddum.co.uk or tel 0161 214 3939.

3-2-1 run!

Fun runners can go the distance with new one, two and three kilometre courses in Buile Hill Park thanks to funding from the Claremont and Weaste community committee.
Runners can use the markers to measure their distance or sign up to the 3-2-1 Run England scheme for support from running groups, newsletters and other benefits.
Search www.runengland.info - find a route - postcode M6 8GL.
Building the future

Work is complete on a permanent new home for Barton Athletic Club Shacklady’s Gym.

The club started 60 years ago and has had seven homes in that time.

The new multi sports facility in Franklin Street, Barton will provide boxing, wrestling, weightlifting, roadrunning, general fitness sessions and other sports. The club received £500,000 Lottery investment from Sport England and raised a further £209,000 towards the project.

Kurling group scores for health

Beesley Kurlers is just one of dozens of groups benefiting from a £1 million fund for health and wellbeing activities across the city.

The gentle exercise and socialising helps older people stay healthier.

The group received money from the Little Pot of Health Wellbeing Fund, funded by NHS Salford Clinical Commissioning Group and administered by Salford Community and Voluntary Services.

See www.salfordcvs.co.uk/live-grants for details of how your group could benefit.

Be a champion

Could you be a Wellbeing Champion and chat with older people about ways to stay healthy?

You can chat at posture classes, tech and tea sessions, GP surgeries, Salford Royal, community groups, and local events!

It’s open to all adults but we’re particularly looking for older people to get involved. Full training and support is provided and travel expenses met. Contact Siobhan on 0161 787 7795 or email siobhan.foley@salfordcvs.co.uk

Healthy heart

Salford Heart Care’s Healthy Heart Clubs are a great way to make new friends and look after your heart.

They offer gentle exercise, tai chi, reiki healing, bingo, relaxation sessions and weight management support and regular day trips. Your first visit is free.

Irlam: Irlam Steel Club every Wednesday and Friday from 10.30am to 12.30pm

Eccles: Patricroft United Reformed Church, Tuesdays from 10am

Little Hulton: St Paul’s Peel Community Hall fortnightly on Wednesdays from 10.30am

Weaste/Claremont: De La Salle Sports and Social Club, Tuesdays 10am

Caring for someone?

Salford Carers Centre is running free advice sessions in June. Drop in and see them at:

Pendleton Gateway every Monday 12.30pm to 3 pm (not Bank Holidays)

Eccles Gateway every Wednesday 10.30am to 12.30pm

Swinton Gateway every Thursday 12.30pm to 3pm

Walkden Gateway every Friday 10.30am to 12.30pm

Or see www.salfordcarerscentre.co.uk call 0161 833 0217 or email carex.centre@salford.gov.uk

Contact Serena: 0161 707 7402, email admin@salfordheartcare.co.uk or visit www.salfordheartcare.co.uk

Be Pension Wise

If you’re 50 or over, approaching retirement or have a defined contribution pension you now have more freedom on how to use your pension pot.

Pension Wise is a new government service to help you understand the options and make the right choices.

Free, 45 minute appointments, tailored to your circumstances, are available by phone or at Eccles Gateway, Broughton Hub, Cadishead Library and Age UK Salford in Swinton.

To book a phone or face to face appointment please call 0800 138 3944 or see www.pensionwise.gov.uk

Share your photos

Do you have photos of Agecroft chapel in its hey day?

Then the Agecroft Cemetery Chapel Restoration group would love to see them.

The group, which aims to bring the historic building back to life, has only one photo of the building in its prime.

If you can help or want to support them see agecroftchapelrestoration.org.uk/

Life in Salford, 13, June 2016
Get cracking with **cooking up a storm**

Are you interested in learning how to make tasty and healthy food on a budget? Or are you a budding cook with some spare time to help others learn new skills?

Manchester cookery school Cracking Good Food has been teaming up with City West Housing Trust residents at the community garden in Swinton twice a month, where they’ve been holding workshops to spice up meals - cooking everything from veggie burgers and stir fries to seasonal dishes like Christmas dinner and hot cross buns.

As well as cooking great food, residents are also out in the allotment learning gardening skills to grow their own food, and being trained on nutrition and how to adapt recipes to keep mealtimes interesting – helping to keep the cooking buzz going!

All food cooked as part of the project comes from Fareshare Northwest, an organisation that re-distributes unwanted food to communities in need. With UK households throwing away around 4.2 million tonnes of good food and drink every year (that’s enough to fill Wembley Stadium nine times over) this project aims to tackle food waste head on.

If you’re interested in signing up for the cooking classes or volunteering just contact Stephanie Williams on 07860 916797.

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Clock this – **free legal advice**

**Salford residents are being offered vital legal support by law students.**

With access to legal aid restricted following government cuts, many people can’t afford legal representation. But thanks to the University of Salford’s Community Legal Outreach Collaboration (CLOCK) project, in co-operation with Salford’s Citizens Advice Bureau, specially trained law students are now on hand to help.

Using the knowledge obtained in their law degrees, students can guide Salford residents through the legal process, and help them understand the legal issues they face and their impact.

The first focus is on benefits appeals tribunals, but CLOCK in Salford will develop into a broader range of law and services.

The scheme is supported by the local judiciary, Salford’s Citizen’s Advice Bureau and Salford City Council.

Third-year law student Kirsty Mayle said: “It can be very daunting for someone if they don’t understand the legal system.

“If we can provide Salford residents with support and advise them on the process, then hopefully we can make things smoother for them. It should also help make me more employable as well.”

Head of Law at the University of Salford, Dr Shane Sullivan, added: “This is a great project for Salford to be involved in.

“It gives our students experience of dealing with real legal situations, and it also provides a vital service to the community and the most vulnerable members of it. This will also provide real world skills for our students.”

For more information visit [www.salfordcab.org.uk](http://www.salfordcab.org.uk)
Salford City College is the top performing General Further Education College in Greater Manchester for 16-18 year olds.

New for September 2016 at Salford City College:

- Free college buses from the Salford area to all of our centres
- £9 million investment
- £15 per week

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- Health Professions
- Humanities and Social Sciences
- Science
- Sport and Exercise

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- Music Production and Management

GCSEs offered in:
- English
- Maths
- Science

0161 631 5000
www.salfordcc.ac.uk
World premiere to close Somme commemorations

The BBC Philharmonic will close the 1 July commemorations* with a special concert in Maxwell Hall at the University of Salford.

The Thiepval Memorial concert will feature music specially composed for the Somme centenary by the University's Professor Stephen Davismoon called God's Own Caught in No Man's Land.

Professor Davismoon said: “My work is an aural memorial to the fallen of the Somme, particularly the Salford Pals who experienced terrible losses during the battle. “The work sets real people's experiences of this tragic era of history to music and it also includes the poetry of Salford-born Winifred Letts, which provides a rarely seen perspective of the First World War from the point of view of the women who were left behind in Britain and who also suffered terribly.”

The orchestra will also play works by UK composers who served on the Somme, including A Shropshire Lad by George Butterworth, who was killed at the Somme in 1916 and was awarded the Military Cross; Behind the Lines by Cecil Coles, who died on the Western Front in 1918, and A Gloucester Rhapsody by Ivor Gurney, who survived the war but was shot and gassed.

The concert starts at 7.30pm. Tickets are free from www.eventbrite.co.uk search for Thiepval memorial concert.

The performance will also be recorded by BBC Radio 3 for a future broadcast.

*See page 17 for more information.
Prescription charges changes

Changes to a number of NHS prescription charges and voucher values have come into effect.

Prescription charges have increased by 20p to £8.40 per prescription. Currently 90% of all prescriptions are free, and this will not change.

People who pay for prescriptions can buy a prescription prepayment certificate (PPC), which can make prescriptions cheaper if you need more than three prescriptions in three months. The cost of PPCs is not increasing and is still £29.10 for three months or £104 for 12 months.

Wigs and fabric supports are available from the NHS, but patients are charged for them unless they qualify for help with charges. These charges have also increased by 1.7%. NHS optical vouchers for children, people on low incomes and people with complex sight problems have increased by 1%.

These price increases are due to the government’s plans to invest £10 billion in frontline NHS staff by 2020/21, as long as the NHS meets a number of financial targets, including savings of £22 billion.

For more information, visit the NHS Choices website www.nhs.uk/healthcosts

Are you a girl who can inspire?

Salford Community Leisure has launched This Girl Can Salford, as it aims to inspire women aged 14 and over of all shapes, sizes and abilities to embark on a more active lifestyle.

The organisation is searching for some real life inspiration and asking women to come forward to tell their stories about their association with sport, health and fitness.

Have you rediscovered fitness after years away, or do you have a lifelong dedication to sport? Perhaps you’ve used fitness to help overcome a difficult time or you might simply have started running to gain more energy on the way to achieving a fitness goal.

If you have an inspiring story, Salford Community Leisure wants to hear it.

Eight entrants will then be chosen to front the city’s own version of Sport England’s campaign, This Girl Can, one of the most inspiring campaigns in recent years.

The winners will become the faces of This Girl Can Salford, receive a month’s worth of free group fitness classes and be invited to the Salford Sports Network Sports Awards on 23 September.

Have you got a story that could inspire others? Share now at: www.salfordcommunityleisure.co.uk/this-girl-can
Brand new this summer

The Love Eccles Makers Market is brand new this summer. Starting on Saturday 11 June, the finest food, drink, arts and craft producers will come to Church Street every second Saturday in the month.

Chamber Music Salford
Mondays 13 June and 11 July, 5.45pm Peel Hall, University of Salford
Part of a free monthly classical concert series with the BBC Philharmonic. No ticket required.

Free Events at The Quays
For more information about these and other events at this unique waterfront destination, visit www.thequays.org.uk

Lowry Outlet Food Festival
Friday 24 to Sunday 26 June
Celebrity chefs Nadiya Hussain and Levi Roots are joined by Manchester’s own finest chefs, lots of artisan stalls, bars, street food, live music, kids cooking activities and much more.

Open Water Swimming Championships
Saturday 25 June, 8am to 2pm
Water Sports Centre, Salford Quays
See the Amateur Swimming Association Masters open water championships as well as fun and challenge events for novice, junior and senior swimmers.

Great Manchester Swim
Saturday 2 July 9.30am to 2pm Pier 8, Salford Quays
Swimmers from first timers to Olympic champions compete and raise money for charity in this one mile dock to dock course.

Quays Culture summer extravaganza: Broken
Saturday 16 July, 9.30pm
The Piazza, MediaCityUK
Theatre Company Motionhouse present a spectacular outdoor multimedia production.

Community Bike Ride
Tuesday 28 June, 10.30am to 12 noon
Blackleach Country Park, John Street, Walkden

Pink Picnic in the Park
Saturday 16 July, 1pm to 6pm
Green Grosvenor Park, Clarence Street, Broughton
This flamboyant and friendly event, organised by the city’s lesbian, gay, bisexual and transgender network, involves live music from local bands, food, stalls and children’s activities.

Dogs in Salford Festival
Sunday 24 July, 11am to 3pm
Clifton Country Park
Dog competition, free dog micro chipping, face painting, refreshments, stalls and much more. www.salford.gov.uk/dogsfestival

We Salute You, Armed Forces fun day
Sunday 26 June 1pm to 4pm
Peel Park, Ram St, Little Hulton
Traditional fun day in the park celebrating our armed forces with exhibitions and display on local history, with music, face painting, children entertainment and fun. Bring a picnic.

Free events in parks

Queens 90th Birthday - Picnic in the Park
Sunday 12 June, 12 noon to 4pm Eccles Recreation Ground, Oxford Street
Bring a family picnic, dress-up as the Queen, bring your corgi and join Friends of Eccles Recreation Ground for a party in the park which includes a children’s fancy dress competition, music and majesty!

Queen’s 90th Birthday Celebration at Roe Green
Sunday 12 June, 11am to 4pm Roe Green, Worsley
Open to everyone, this birthday party fit for the Queen includes music, food stalls, family entertainment, exhibitions and outdoor games. Bring your picnic and a crown!

Get Active
Mondays 20 June and 27 June, 1pm to 2pm
Peel Park outdoor gym, Ram Street, Little Hulton
Join in a guided session to find out how to use the equipment properly and learn more about fitness routines.
Free summer festivals in Salford

As the sunny days arrive, communities celebrate with a programme of traditional summer festivals that offer lots of family fun.

Winton Festival and Armed Forces Day Parade
Saturday 25 June, 10.30am to 4pm
Watch Salford’s Armed Forces Day Parade leave Duke’s Drive, Monton at 10.30am, march via Parrin Lane and arrive at 11am in Winton Park. Enjoy a live brass band and military displays as well as community stalls, food, crafts, children’s rides and activities.

Monton Community Festival
Saturday 2 July, 11am to 5pm
Duke’s Drive, Parrin Lane, Monton
The popular community festival is at a new location at Duke’s Drive and promises to be a vibrant mix of stalls, activities, entertainment as well as specialist food and drink.

Walkden de Janerio Festival
Saturday 9 and Sunday 10 July, 12 noon to 6pm
Parr Fold Park, Walkden Road, Walkden
With a variety of colourful stalls and displays creating a carnival atmosphere, this weekend in Parr Fold Park offers everything from fun rides and live music at the Victorian bandstand to food and drink, dancing and face painting.

Bridgewater Weekender
Saturday 16 and Sunday 17 July
Barton Aqueduct, Patricroft, Boothstown and Worsley
Family fun, entertainment, music, heritage and crafts are all on offer, along with a great opportunity to explore the canal and the spaces next to it. This year the weekender will pop up at four locations over the two days. Sunday sees The Fair on The Green at Worsley Green with performers and artists as well as children’s activities, craft stalls and tea and cakes. More details can be found at www.est1761.org or follow the Bridgewater Canal on Twitter @SalfordCanal or Facebook at www.facebook.com/Est1761

Worsley Festival
Monday 18 July to Friday 29 July, Worsley
This highlight in Worsley’s annual events calendar boasts a full programme of activities, culture and canal cruises at various locations.

Ordsall Hall Garden Party
Sunday 17 July,
12 noon to 4pm
Music, dancing, climbing wall, face painting, giant games, birds of prey and refreshments.

Ordsall Festival
Saturday 23 July, 12 noon to 5pm (dog show at 1.30pm)
Ordsall Park, Hulton Street, Ordsall
This traditional community festival offers lots of fun activities including bouncy castles, face painting, refreshments, games, sports and a live music stage.

Greater Manchester Fringe Festival
Monday 1 to Sunday 31 July
This arts festival is at various venues. Free or low cost events www.greatermanchesterfringe.co.uk

Irlam and Cadishead Community Festival
Monday 29 August, 9am to 10pm
Prince’s Park, Liverpool Road, Irlam
Live music, surprising street theatre, children’s entertainment, bouncy castles, beer tent, lovable ferrets, pony rides, community stalls and fun dog show.
Life in Salford 13, June 2016

Free exhibitions in Salford

Salford and Cheetham Hill in Focus
Saturday 18 June to Sunday 30 October
Salford Museum and Art Gallery
Iconic photography from the 1950s and 60s.

LS Lowry - The Art & The Artist
Friday 29 April to Sunday 17 July
The Lowry, Salford Quays
This complete re-display of the L S Lowry collection features some of his most famous and important works including new loans from across the UK.

Syzygy
Friday 29 April to Sunday 17 July
The Lowry, Salford Quays
Major solo exhibition by Katie Paterson.

Bridgewater Canal summer activities

Summer is a great time to explore the Bridgewater Canal in Salford with towpath improvements making it even easier to walk, run or cycle beside the canal from Barton through to Boothstown. For more details of these free Bridgewater Canal events and activities, please visit their website www.est1761.org

Jonathan Schofield’s Barton Bridges Tour
Thursday 21 July, 1pm to 3pm
Discover the fascinating story of the bridges at Barton with this well known Blue Badge guide and successful writer. Free but booking essential at www.est1761.eventbrite.co.uk

Bridgewater Balsam Bash
Wednesday 3 August, 10am to 3pm
Duke’s Drive, off Parrin Lane, Monton
Join our volunteers to stop the spread of invasive Himalayan balsam. It’s a great way to work outdoors, learn new skills and meet new people. Meet in Duke’s Drive car park off Parrin Lane and wear suitable footwear and outdoor clothing. Please bring a packed lunch – tea and coffee are provided. Over 18s only.

Eyewitness Photography Walk (Barton and Patricroft)
Friday 5 August, 10am to 1pm
Photographer tutor Aidan O’Rourke offers his unique experience, artistic eye and educational expertise on a photography walk along the canal. Booking essential at www.est1761.eventbrite.co.uk

Bridgewater Beasties
Thursday 25 August, 1pm to 3pm
Meet on the meadow at Duke’s Drive and hunt for some special creatures from froghoppers to slugs.

Canal Clean-up!
Wednesday 31 August, 10am to 3pm
Meet in Duke’s Drive car park (off Parrin Lane) and get involved.

All details correct at the time of publication but may be subject to change.

Sport in the city

June sees the World Rugby U20 Cup 2016. Several matches will be played at the AJ Bell Stadium www.ajbellstadium.co.uk throughout the month culminating in the final on Saturday 25 June.

July is the month for cyclists with both the Skyride www.goskyride.com/Manchester and The Christie Manchester to Blackpool Bike Ride www.christies.org/blackpool on Sunday 10 July.

August is Olympics month! Head down to MediaCityUK for a Team GB Fanzone www.mediacityuk.co.uk/destination/whats-on
The Somme: Salford will remember

1 July 1916 was the day that broke every heart in Salford.

Salford will remember the battle of The Somme on Friday 1 July 2016 with a series of commemorative events – including the world premiere of a new, musical tribute alongside national celebrations in Manchester.

More than 650 Salford men – most of them in the Salford Pals battalions of the Lancashire Fusiliers - died on the first day of one of Britain’s most brutal battles which claimed a million lives in total.

Civic leaders, schoolchildren, musicians and the general public will pay tribute on a day which for years was known as Thiepval Day in Salford.

Thiepval has the largest British battle memorial in the world, honouring 72,195 missing British and Commonwealth men who fell on the Somme battlefield and have no known grave.

Events on 1 July

7am Sacred Trinity Church, Chapel Street. The Pals’ parish church will ring a peal of bells at the exact time the battle began, followed by a memorial service at 7.30am in Fire Station Square with The Royal Fusiliers Regiment.

10am to 4.45pm Salford Museum and Art Gallery. See the 1916 film The Battle of the Somme, courtesy of the Imperial War Museum, as well as a World War One handling objects display. Thiepval day talk at 2pm.

11am Salford City Council memorial ceremony, Civic Centre, Swinton. Wreaths will be laid in memory of all the Salford men who died including council workers.

1pm Peel Hall, Salford University, Salford Schools’ Commemorative Music Performance. Children from St Ambrose Barlow, The Swinton High and Moorside High schools perform works inspired by popular tunes of the day.

The event also features performances by groups from Salford’s Music and Performing Arts Service (MAPAS).

Tickets are free but please book online in advance – Please see www.eventbrite.co.uk and search for Salford schools commemorative memorial performance

3pm and 5pm New Adelphi Amphitheatre, Salford University. The Honour Choir (First World War centenary choir) present a World War One themed performance of words and music.

Both performances are free and unticketed outdoor concerts. No need to book, just come along on the day.

7.30pm Thiepval Memorial Concert, Maxwell Hall, The Crescent please see page 12 for more details.

Tickets are free but please book online in advance – Please see www.eventbrite.co.uk and search for Thiepval Memorial Concert

And on Sunday 3 July, Salford Armed Forces Veterans’ Network will hold services at St Clement’s Church, Groves Avenue, Ordsall 10am to 11.30am and the Royal British Legion, Langworthy Road, Pendleton 12 noon to 4pm, including buffet.

Please see ww1.salford.gov.uk/events for full details of all the day’s events.
Helping babies sleep safely

Guidance aimed at helping parents and guardians protect their babies from Sudden Infant Death Syndrome (SIDS) has been updated.

Every year, 300 babies in the UK die suddenly and unexpectedly in their sleep as a result of Sudden Infant Death Syndrome (SIDS), with the North West having the highest death rate in England and Wales.

While there is no advice which can guarantee the prevention of SIDS, there are a number of things parents and carers can do to reduce the risk including:

- Place a baby to sleep for the first six months in a cot, moses basket or crib in their parents’ room
- Put the baby on their back on a firm mattress, with their feet at the end of the cot
- Don’t let them get too hot. Keep the room temperature between 16°C and 20°C

Andrea Patel, NHS Salford Clinical Commissioning Group’s designated nurse for safeguarding children, said: “The early days when a baby arrives into the world can be daunting for parents and guardians as they adjust to their new world and learn how to look after their child.

“Tragically, a small but significant number of babies in the region die through SIDS. This updated guidance will give new parents and guardians the tips that they need to ensure that their baby is sleeping safely.”

Dementia aware

Staff at Salford Royal have been finding out what it is like to live with dementia by becoming Dementia Friends.

Porters, security staff, receptionists and domestic staff have been attending informative sessions designed to find out what it is like to live with dementia and what they can do to help vulnerable patients and visitors.

Salford Royal has an ongoing programme of developments in place to further enhance the quality of care and experience for patients with dementia including revolutionary pop-up Reminiscence Pods, a relaxing Dementia Courtyard, clearer signage around the hospital site and refurbished day rooms.

Salford Royal Chief Executive Sir David Dalton is leading the Dementia United Partnership, launched to transform the experiences of the 22,000 people who will be living with dementia by 2020 in Greater Manchester.

The one-hour Dementia Friends sessions are part of an Alzheimer’s Society initiative to help create dementia-friendly communities throughout the country.

Members of the security team who patrol the hospital site are now Dementia Friends.

Steve Cook, Assistant Security manager at Salford Royal, said: “One colleague recently put his knowledge to the test by providing support to an elderly gentleman who was very anxious and confused. The matter required extremely sensitive handling and a great deal of compassion, the foundations of which were laid through attending the dementia awareness session.”

For more information about becoming a Dementia Friend, visit www.dementiafriends.org.uk

For more information, go to www.partnersinsalford.org/sscbsafesleeping
One You - better, healthier, happier

If you want to be healthier and increase your chances of a longer and happier life, check out the new NHS One You campaign.

By the time we reach our 40s and 50s many of us will have dramatically increased our chances of becoming ill later in life. Eating badly, drinking more than we should, continuing to smoke or just not being active enough can all add up to an unhealthy you.

Making better choices today could prevent diseases such as type 2 diabetes, cancer and heart disease, and reduce your risk of suffering a stroke or living with dementia, disability and frailty in later life. One You can help - supporting you to make simple changes towards a longer and happier life.

It provides tools, support and encouragement every step of the way, to help improve your health right away. And it can help you make small changes yourself, or with friends and family.

Take the free One You health quiz and start the fight back to a healthier you.

www.nhsoneyou

Maryam’s heartfelt support

Young volunteer Maryam Taher is helping local people get healthy.

Maryam works with Salford Healthy Communities which recruits and trains teams of local volunteers to encourage and support residents to improve their health.

She’s a trained stop smoking advisor and is raising awareness of the importance of health checks and the symptoms of cancer and heart disease.

Maryam, who came to Britain as an asylum seeker, said:

“I started volunteering in October 2014, to take part in activities that would help people in my local area. It was a great way to meet new people and it is also a good thing to put on my university application.

Many people are not aware of the symptoms of different types of cancer, so the work we do aims to change this.”

Stacy Cass, Senior Health and Wellbeing Worker at Salford Healthy Communities, said:

“Maryam’s commitment to her local community is inspiring. She has transformed from a very shy young lady into a formidable force for the improvement of health in her community. She is a shining example of youth in Salford today.”

Maryam, a student at Salford City College, was named Young Volunteer of the Year and awarded a Heart of Salford award by Salford CVS. She plans to study biomedical science at university.

www.facebook.com/salfordhcc/
Salford artist LS Lowry put Salford on the map, thanks to his memorable paintings.

But two landmarks named in his honour have also helped put the city on the map for very different reasons. The Lowry arts complex, which opened in 2000 at Salford Quays and The Lowry Hotel Salford’s first 5 star hotel, which celebrates its 15th birthday this year, sparked new confidence, new investment and new development in Salford which shows no signs of stopping.

The Lowry, Greater Manchester’s top tourist attraction, is now surrounded by the Lowry Outlet shopping mall, new hotels, improved transport links, Salford University’s MediaCityUK campus and the Helly Hansen Watersports Centre.

Salford Quays has also seen the development of the first phase of MediaCityUK which has added up to £1 billion to Salford’s economy by attracting the BBC, ITV and hundreds of small media companies. And there’s more to come!

Next door to the Lowry Hotel is New Bailey, Salford’s new commercial district. Since 2013 it has seen £200 million of investment creating 700 new jobs as well as homes, hotel rooms and office space.

Along Chapel Street, the University of Salford is investing £150 million in its campus while the former magistrate’s court, Salford Royal Hospital and the Grade II listed town hall are now stylish apartments. Vimto Gardens has provided new homes on the former site of the Vimto factory, with new shops, hotels, restaurants and bars springing up.

Meanwhile, new homes, shops, bars, hotels, restaurants and businesses have transformed the areas around the Lowry Hotel.
Garden plans blossom

The RHS has revealed the first proposals for Salford’s new RHS Garden Bridgewater.

They show the scale of the ambitions for the 154 acre garden which will bring back to life the lost historic grounds at Worsley New Hall. Visitors will first wander through a large perennial meadow, with a network of web-like paths, leading them to the 10 acre historic walled garden.

The walled garden was one of the site’s most impressive original features and will be the pièce de résistance of the first phase of RHS Garden Bridgewater, with a sequence of three walled gardens.

The outer walled garden will mix ornamental, productive and therapeutic gardening, the middle will concentrate on fruit and vegetable production and the centre will be flowers based on the concept of the garden of paradise, complete with a lily pond. A new learning centre will be built at the north east corner of the walled garden. There will be a new visitor centre linked to the terraces and the original lake, with a new lake and water garden of interlocking streams and rocky waterfalls. There will also be a large, open café terrace overlooking the water and garden.

World-class landscape architect Tom Stuart-Smith, who will design the garden, said his plans aimed to retain the historic aspects of the garden, while reinterpreting and revitalising it. The RHS’s plans, at this stage, are subject to lease agreement and planning permission. The 154-acre RHS Garden Bridgewater is planned to open in 2019 as part of the RHS’s wider 10-year programme to achieve its vision to enrich everyone’s life through plants, and make the UK a greener and more beautiful place.

The RHS is working with the owners of the historic estate, Peel Land and Property, and Salford City Council, to bring the historic garden to fruition.

www.rhs.org.uk

Further afield, Port Salford, Britain’s first road, rail and river port, has the potential to create 10,000 jobs close to Irlam and Cadishead as this major distribution hub develops. The RHS Garden Bridgewater, Worsley will add another national tourist attraction to the mix, as well as creating jobs, boosting the local economy, businesses and skills.

Over the next 20 years Salford’s economy is set to grow by over £4 billion, almost doubling in size creating new jobs and opportunities for residents.

The future for Salford has never looked brighter.

Alongside the Lowry Hotel, Greengate, once the medieval heart of Salford, is being transformed with new homes and businesses. Over 3,500 new homes along with two million sq ft of commercial space will make it the thriving heart of Salford once again.

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Urban Vision Partnership extended for three years

It’s fantastic news that Urban Vision, the unique joint venture partnership between Salford City Council, Capita and Galliford Try has been extended by three years to the full 15 year term until 2020.

Urban Vision was formed in 2005 to work with Salford City Council, on highways, design, planning and building control, engineering and property services. Since 2005, Salford has been transformed thanks to the vision and investment from Salford City Council, other partners and private investors. Urban Vision is proud to have played a significant role in this and will continue working to introduce innovative new ideas to help deliver the best possible outcomes for the city across the service areas it delivers.

Jonathan Ellis, Urban Vision’s Board Director: “When Urban Vision started it was the first joint venture of its kind in the UK. Over the last eleven years we have delivered some fantastic outcomes for the council. We look forward to building on that success over the extension period.”

Here are just a few schemes we have delivered, both big and small, that have helped change the face of Salford through development, the creation of public spaces or simply helping people travel around as efficiently and safely as possible.

www.urbanvision.org.uk

Investing in roads

In 2010, Urban Vision started a three year improvement plan to tackle £11 million worth of outstanding road repairs.

We have repaired 55,000 potholes, resurfaced over 500 roads and repaired 55 kilometres of paths. – 90% of roads in Salford are now good – compared to 45% in 2011.

Supporting regeneration

We have acquired over 2000 properties on behalf of the council to help regenerate Salford’s inner city such as Langworthy, Ordsall, Broughton and Pendleton.

We have delivered award winning schemes such as Ordsall Hall.

Urban Vision coordinated the heritage grant application and project managed the entire renovation as well as designing the landscaping of the grounds.
Supporting the community

By providing expert property advice, we have supported the council with a number of landmark regeneration initiatives, including Lower Broughton and Higher Broughton, which are transforming the face of the city.

We have delivered Bikeability and pedestrian training to over 10,000 school children and road safety training to over 51,000 Salford schoolchildren.

During the Boxing Day floods, Urban Vision staff worked throughout the night to close roads and complete bridge inspections to ensure the area remained safe. We worked closely with other agencies to get affected roads open as quickly as possible the next day and helped with the cleanup operation.

We assisted in creating over 500 jobs and supplier opportunities for local people as part of the Salford Construction Partnership during the construction of MediaCityUK.

Our planners and building control officers are handling unprecedented levels of new planning applications across the city. These include MediaCityUK, new affordable housing developments including over 100 homes in Weaste and the new RHS Bridgewater garden in Worsley.

We’ve launched a bespoke neighbourhood liaison and community engagement service, to support elected members, neighbourhood managers and the community. This speeds up our ability to provide excellent and essential customer service to our customers.

Urban Vision’s charity of the year initiative has raised over £30,000 for local charities including St Ann’s Hospice, Salford Loaves and Fishes, Wood Street Mission and The Christie.

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We have designed and delivered many new schools and school extensions, creating inspirational learning environments to help accommodate the needs of Salford’s growing population. Designing Riverview Primary School is just one example we are very proud of.
GP practices across the city have signed up to the ‘Salford Standard’ for primary care.

What is the Salford Standard?
The Salford Standard is a set of quality standards which describe the level of care you should expect when you go to any GP practice in Salford. The aim is to make it easier to see a GP and for everyone in Salford to get the same level of service and care whichever GP practice they go to.

What kind of standards should I expect?
There are 32 quality standards covering a range of areas like access to GP practices, support for vulnerable people and medicine safety. Some examples include:

• Offering pre-bookable appointments up to 4 weeks in advance

• Having a Patient Participation Group (PPG) at every practice which meets regularly to give patients the chance to give their views on healthcare in Salford

• Offering health checks and screening, for example for high blood pressure, bowel cancer and diabetes

• Offering patients with long term conditions an annual review appointment to see how they are managing their condition/s, with a follow-up appointment six months later

• Providing different ways of making an appointment, e.g. online

Why has the Salford Standard been introduced?
There is more pressure on the NHS now than ever before as people are generally living longer and often with more than one long term health condition, which puts more demand on GP practices as more people need help to stay well.

NHS Salford Clinical Commissioning Group (the organisation that decides how the NHS budget is spent in Salford on health services) is addressing this situation by introducing significant extra money into primary care. This will be largely used to increase staff and target resources at areas of greatest need.

GP practices will be able to work closely together in a way that hasn’t been done before to make sure patients have the same high standards of care no matter which GP practice in Salford they go to. The aim is for more people to get the care and treatment they need closer to home rather than going to hospital, unless they really need to, and give patients the confidence that their GP practice is doing things in the best way.

Where can I find out more information?
Go to www.salfordccg.nhs.uk/salford-standard or speak to your GP practice.
**KEEP SAFE THIS SUMMER**

Burglaries increase in summer but homes with security are five times less likely to be hit.

Remember ALL (Alarm, locks and lights) every time you leave home.

Set an alarm, lock all doors and windows and leave a light on if you are coming back after dark.

**SECURE YOUR SHED**

Sheds and garages can be easy pickings for thieves. Make sure you use a good quality lock, which flips over and does not give thieves access to screws.

Chain up or store expensive items in the house.

And don't leave tools in the garden as they can be used for break ins.

**FIGHTING CRIME WITH THE LAW**

Salford Community Safety Partnership is using injunctions as one way to fight crime.

The legal move is part of a range of measures to help keep the city streets safer and means anyone breaching their injunction will find themselves back in court.

The three men who have been given full injunctions to stop them carrying weapons, associating with each other and banning them from visiting certain roads and streets, mainly in Little Hulton, are:

Ryan Deans, (04/07/88) of no fixed address, Connor Holland (born 24/02/95) of Gorse Drive and Steven Wimbleton (born 06/03/94) of Shillingten Close, both Little Hulton. They have been made subject to full civil injunction orders for five years.

Eight men, all from Little Hulton, remain subject to interim civil injunctions until a full hearing of the case later in the year. They are:

Jordan McCann (born 26/03/94) of no fixed address, Patrick McCann (born 29/08/85) of Chedworth Crescent, Jordan Budgen (born 10/9/97) of Mill Hill, Kane Broadley (01/12/95) of Chedworth Crescent, Kane Morrison (born 27/08/94) of Moss Brook Drive, Frankie Ward (born 16/04/97) of Captain Fold Lane, Joshua Barnes (born 28/10/97) of Spa Crescent and Curtis O’Brien (born 25/03/89) of Crescent Drive.

Information correct at time of going to press.

**AND WITH DRAMA**

Young people have been ‘standing up for Salford’ by using drama to prevent crime.

Pupils from nine schools have taken part in a theatre challenge, creating performances about the impact of crime and gangs on the city and how people can help the authorities tackle it through sharing information anonymously through Crimestoppers and its youth service Fearless.

Hope in the Dark, by Harrop Fold school pupils won the challenge and their performance will now be filmed for use on the Crimestoppers Fearless website.

The project was supported by Salford City Council, Greater Manchester Police and the Office of the Police and Crime Commissioner as part of Project Gulf to disrupt and defeat organised crime. Gulf will now use the young people’s thoughts and ideas to shape future work.
Labour (51)  Conservative (8)  Independent (1)

For more information about your local councillor please contact the Members’ Services Unit.

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What could you be doing when you’re NOT on the phone to the council?

“Preparing for my sun salutation”
John from Worsley

Remember you can pay it, find it, report it and apply for it quicker, easier, better online at www.salford.gov.uk

What could you be doing when you’re not on the phone to the council?

Now it’s easier to get off the phone and get on with the things you really want to be doing. Our brand new website is easy to use on smartphones and tablets as well as your computer. You can pay, find, report and apply with just a few swipes whether you’re out and about or settling down to a night in.

Our new online service is quicker, easier and better than ever before. Take a look and sign up for your Salford customer account now at www.salford.gov.uk

New features are being introduced all the time and your feedback is really helpful. If you can’t find information that you need then let us know by completing the comments box found on every page.

Free Wi-Fi

Free Wi-Fi is now available in many public buildings in Salford. Visit our website at www.salford.gov.uk/freebee to find locations near you.

Go ON Salford

If you don’t feel confident accessing our services online, we can help. Getting online will mean we can provide a quicker, easier and better service to you and free up time for phone conversations with people who can’t use digital services.

Learn how to browse the internet, save money, send emails and stay safe online. Free basic computer courses are being held at libraries throughout Salford starting in September. Register at your nearest library or ring Mike on 07980 856452.

Just need to find out more on something, like sending emails or using the internet on your smartphone or tablet? Call in to one of our free drop in sessions and get help from volunteers:

• Swinton Gateway, every Wednesday between 1pm and 3pm in the computer suite
• Boothstown library, every Wednesday between 1pm and 3pm

No appointment needed, but you do need to bring your own device to use (and make sure it is fully charged!)
Was our Hackathon a success?

It’s a FACT!

Hackathons are well known in computing and technology as a way of developing ideas and working them up into products.

FACT Salford (Fuelling Ambitions Creatively Together) staged the city’s first ‘hackathon’, with pupils from Albion Academy and business people coming together to develop entrepreneurial ideas. They came up with great projects and will now receive more mentoring and support as they launch their businesses and develop their own social movement for change for local people and families in the area around Albion Academy.

**Team Zeon** – an app to allow young people to book and use leisure and recreation facilities during quiet periods at discounted rates.

**Vindictive Gamers** – a social gaming business that would generate income from publishing video content on gaming.

**Chosen Generation** – a youth club concept to allow young people from different backgrounds and faiths to socialise together in a safe space.

**Digibodees** – an app to encourage healthy behaviour by showing users the effects of poor lifestyle on the body.

**Enterprise4U** – an app to allow users to find real world work experience opportunities and to learn about different types of jobs through watching content on the app.

We’ll be keeping you informed how the young people involved progressed their ideas – with help from businesses and the council. See our FACT Salford Facebook page for a video from the event and updates on how each progresses. If you think your community could run one of these events get in touch through Facebook and we’ll help provide advice on how to make it happen.

FACT Salford

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Jinglefest at the AJ Bell Stadium

We know it’s only summer but here at The AJ Bell Stadium we can’t resist spreading Christmas cheer early as we’re so excited about our plans.

To help you get in the spirit too, we’re offering LIFE readers an exclusive Christmas Jinglefest offer.

If you book onto one of our eagerly anticipated Jinglefest party nights before June 30 we will give each of your guests one free drinks voucher on arrival to spend through the night.

Our packages start from £39.95pp inc VAT and all include:

- A delicious three course festive menu in a lively festive setting
- LIVE entertainment throughout the night
- and a DJ and disco until 1am

To book today, call our Christmas team on 0161 786 1580 or email ajbellstadiumevents@azure.uk.com quoting LIFE.

HINT, HINT: Don’t forget to ask how to become a VIP guest at one of the biggest parties this year.
Homes boost for city

Salix Homes has had a busy first year since launch – with an impressive £13.1 million invested in homes across Salford.

In the 12 months since becoming a stand-alone housing association, Salix Homes has put money into improving homes and communities, including fitting 680 new kitchens and bathrooms and bringing 900 properties up to the government’s Decent Homes standard.

The housing association has also carried out 49,000 repairs, supported 210 people into work or training and let 700 homes to new tenants.

Lee Sugden, Salix Homes chief executive, said: “When our tenants voted to transfer ownership of their homes to us, we promised a bright future for social housing in this great city and we are well on our way to delivering that.

“In just 12 months we have invested more than £13 million in improving homes, and supported more than 200 people into work or training.

“While we continue to go from strength to strength, the year has not been without its challenges. The biggest of these came on Boxing Day when more than 300 of our homes were hit by the devastating floods. While the recovery operation continues for those affected, it has been humbling to see the outpouring of support from the Salford community.”

By 2020 Salix Homes will have invested £75 million into improving homes and communities in Salford bringing every property up to the government’s Decent Homes standard.
We want to support your community projects

We can help with funding, advice, project and event planning.
- Over 200 people have attended our job clubs
- We’ve helped set up 12 local businesses
- Over 2000 school children have benefitted from career aspiration days.

Get in touch to find out more.

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