Welcome to LIFE IN Salford. In this issue we’re showcasing local information, activities, news and advice from across the whole of Salford, including a special section with news and activities from the local community.

We hope you enjoy reading LIFE IN Salford and we’d love to hear what you think about the magazine or any ideas you have for future content. Email lettersinlife@salford.gov.uk

Cover image:
Carol Klein the new RHS Garden Bridgewater ambassador P6
Image courtesy of RHS and Joe Wainwright

LIFE is managed by an editorial board made up of members of the partners, and is administered and designed by Salford City Council’s Communications Team. This edition will be distributed week commencing 22 August 2016. Printing: APS Group. Distributed to more than 116,000 households by Royal Mail and other agencies. Contact: Salford Civic Centre, Swinton, Salford, M27 5FJ.

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An electronic copy is available on www.salford.gov.uk/life

All enquiries including large print versions of this magazine - email lettersinlife@salford.gov.uk

This magazine is funded and produced by:

Salford Clinical Commissioning Group
Salford City Council
Salford Royal NHS Foundation Trust
University Teaching Trust
Safe • Clean • Personal
Paul Dennett is the city’s second elected mayor and we asked him about his initial priorities.

Transparency

When I stood for election I made clear that I would fight for a better and fairer Salford. The hard work is already underway with my new cabinet team who bring a wealth of skills, experience and talent. The people of Salford will be at the centre of everything we do and we will work towards a bright future for our residents. But our work will not be easy - we still have further staggering budget reductions this and following years. We are doing things differently to ensure we can keep a focus on priorities with other organisations in the city. We want to make sure that when we make big decisions you know why we are making them and how it will benefit you. I will be setting up sessions where you can come and speak to me. The first ‘Meet the Mayor’ session is Tuesday 6 September in Swinton Gateway. See www.salford.gov.uk/citymayor or @salford_mayor for more information and how to book a place.

Priorities

Tackling soaring rents and lack of affordable social housing are two of my key priorities, and we need a new way to address the underlying problems. We are one of the most economically challenged areas in the country but developers are able to build new homes in the city without providing enough affordable housing or considering what local people need. The council has had few options in changing the situation due to government policy.

This isn’t right. I aim to set up a Fair Rents Commission to scrutinise what we need to do to change the situation by highlighting to the government the challenges ordinary Salfordians face. We have great growth potential and large businesses and organisations are interested in locating in our city. We will use our power and influence to target employers who have a commitment to giving something back in return - those who offer local jobs, look after their employees and pay them well. We want productive, local jobs with real career progression and opportunities to develop skills and talents. Our commitment to these principles is laid out in our Social Value Charter making sure council money gets the most ‘bang for its buck’ for Salford residents.

We will campaign more vocally for a better deal for local people wherever we can – drawing attention where needed to national issues. Where council powers are limited we will lobby the government and exploit new opportunities created by devolution to push through change.

Fairness, equality and openness is what is needed to improve the lives of working people in the city. As your Mayor I will proudly fight for the best interests of ordinary Salfordians – for a better and fairer Salford for all.
**Salford in short**

**Friendship set in stone**

**Fifty years of town twinning friendship is now set in stone.**

Two squares in Salford have been renamed in honour of the city’s twin towns.

The area in front of Swinton Gateway and the space outside the Lowry Hotel have been named Lünen Square and Clermont-Ferrand Square respectively to commemorate 50 years of town twinning between Salford and the German and French cities.

Guests from the two cities visited Salford for the celebration.

**National Fraud Initiative 2016**

Councils across the country, including Salford, are taking part in the National Fraud Initiative 2016, to help prevent and detect fraud.

The council is required to provide personal data that it holds about residents, such as council tax details, to the Cabinet Office so it can be matched with information held by other organisations such as the police. This will be undertaken in accordance with the Data Protection Act 1998.

**For more information please see www.salford.gov.uk/nfi**

**Register to vote**

Don’t miss out! Salford City Council is sending forms to all homes in Salford. Send back your form or register online at [www.gov.uk/registertovote](http://www.gov.uk/registertovote)

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**End of the line**

**Ten years of work to upgrade a former colliery railway, now used as a popular walking and cycle path, has reached the end of the line.**

Salford City Council has completed the final upgrades on the Roe Green loopline, which is used by hundreds of commuters, dog walkers, joggers and cyclists every day. The route runs from Monton to Walkden and connects with the Tyldesley loopline which runs down to the new guided busway on the A580. It’s also part of 36 kilometres of traffic free cycle routes in Salford and of National Cycle Network Route 55 which runs through Salford from Preston to Shropshire.
Sit and remember

A new public bench has been installed at Salford Civic Centre in memory of all the miners who worked at Agecroft Colliery before it closed in 1990.

The carved oak bench, funded by The Friends of Agecroft Colliery, incorporates a Davy lamp engraved with Adam Scott’s pit number. Adam, 19, died at Agecroft Colliery in 1981. His father Brian helped raise £4,000 for the new tribute.

Bricktastic chance

Sixteen young people from Ordsall have had a taste of life in construction.

Salford City College teamed up with Salford City Council and Benchmark Building Supplies which supplied all the tools and materials, a marquee and a free lunch for the week long event.

The group, all aged 16 to 24, met apprentices to learn about attitudes, behaviour and punctuality, as well as trying out different trades to help them get more training, work placements and apprenticeships.

Foodbanks don’t just need food

Food banks are appealing for non food essentials.

Toilet paper, sanitary items and toiletries are all needed to help local people in need.

Salford City Council staff recently donated five crates worth of goods.

To help your local foodbank please see: salfordcentral.foodbank.org.uk or call The Mustard Tree on 0161 228 7331 or email info@mustardtree.co.uk

Licence to perform

Children and young people taking part in any type of performance without a licence could be breaking the law. This includes tv, film, radio, theatre, modelling and sport.

Child performance licences protect children’s health, safety, education and welfare and it is the responsibility of the person in charge of the performance or production to apply for the licence.

Chaperones looking after children during performances must also be licensed. Training is provided.

Find out more at www.salford.gov.uk/childreninentertainment or email childemployment@salford.gov.uk

Like on facebook, Friends of Agecroft Colliery

As seen in Salford

Our annual photography competition is back.

If you’re a budding photographer, have your camera or phone at the ready, head out and about in Salford and get snapping.

This year we’re looking for images that showcase Salford. This could include landscapes, cityscapes, portraits, people, places, buildings, events, sport or simply sunsets.

The closing date is Friday 11 November 2016.

Full details at www.visitsalford.info/photographycompetition

Sponsored by Leica Store Manchester.
Salford – A growing city

Education at MediaCityUK

Home to the BBC and ITV as well as many creative businesses, MediaCityUK is renowned internationally as the digital heart of the city. But did you know that it’s also a place for education, with students well placed for developing beneficial relationships with the companies there?

The University of Salford teaches over 30 undergraduate and postgraduate courses at MediaCityUK. It has a range of production suites, studios and digital infrastructure designed in consultation with industry and future-proofed for emerging creative technologies.

Salford City College’s £6 million state-of-the-art centre, FutureSkills, offers a range of courses from creative music to hospitality management, aimed at those already working in or wanting to get into their chosen industry.

The University Technical College (UTC) at MediaCityUK is a unique academy for 14 to 18 year olds who have a passion for shaping digital and creative content. Focused on the future employability of its students, the UTC@MediaCityUK develops professional digital and media skills as part of an academically rich curriculum. Students get hands-on, practical experience in a range of exciting specialisms of TV and film, graphics and design, radio and audio and interactive media and gaming.

Featuring a media centre, as well as many other facilities, Oasis Academy MediaCityUK boasts above average national attendance and was recently recognised as good by Ofsted.

MediaCityUK is working to ensure it has the right mix of academic and learning institutions, helping people to develop new skills and compete for the new jobs becoming available.

Carol Klein as RHS Ambassador

A much-loved presenter of BBC Gardeners’ World, Carol Klein is to be an ambassador for the Royal Horticultural Society’s (RHS) new fifth garden in Salford. In this new role, the renowned gardener will champion RHS Garden Bridgewater as it evolves and phase one opens to the public in 2019.

Carol has strong local connections as she was born at St Mary’s hospital on Manchester’s Oxford Road, grew up in Walkden and went to school in Bolton.

Carol said: “When I heard about the future RHS Garden Bridgewater I couldn’t believe it. My grandfather’s first job was as a garden boy at the garden - it felt like real serendipity. I am thrilled to be an RHS ambassador for this unique place, and I cannot wait to see how it develops.”

Carol joins Floella Benjamin, Alan Titchmarsh, Mary Berry, Nick Knowles, Chris Beardshaw, Jekka McVicar, Adam Frost, George Hassall and Jamie Butterworth as RHS Ambassadors.

“I hope everyone loves this garden as much as I know I will and I look forward to the people of Salford and Manchester having somewhere close at hand to celebrate gardening.”

Carol Klein

RHS Garden Bridgewater is a collaboration between the Royal Horticultural Society, Salford City Council and the owners of the historic estate, Peel Land and Property.
Salford’s tallest building in Greengate

Greengate, once the heart of medieval Salford is being reborn as a thriving, well connected city centre neighbourhood offering new high quality homes, jobs and public spaces.

Building work is now underway in Greengate on what will be Salford’s tallest building - Exchange Court, a 44-storey glazed tower and landmark development. It will overshoot Manchester’s second tallest building, the CIS tower, by twelve metres and has only three storeys less than the Beetham Tower, the highest building in Manchester.

Exchange Court will feature one, two and three-bed apartments as well as basement parking for residents and facilities including a gym, 24/7 concierge and rooftop garden.

Adjacent to Manchester Cathedral and four minutes walk from Victoria Station, Greengate is one of Salford City Council’s largest regeneration programmes. It has breathed new life into the area, which has the potential for thousands of new residences and jobs as well as new public open spaces.

Situated next to Spinningfields, this vibrant Salford riverside setting with a radical skyline is at the heart of a thriving hub where business and leisure collide.

Already completed are the NCP multi storey car park and Premier Inn which have been closely followed by the first phase of office development. One New Bailey has brought eight storeys of much sought after Grade A, BREEAM ‘Excellent’ office space to the city.

One New Bailey is partly pre-let to one of London’s leading law firms Freshfields Bruckhaus Deringer – a major coup for Salford and the largest city centre inward investment letting in over a decade. There are also two residential schemes progressing of 220 high quality apartments.

But this area isn’t just about office and residential space as there are exciting plans for a restaurant which features a show-stopping combination of theatrical performances, a catwalk and aerial dancers.

One New Bailey has already been shortlisted for the 2016 Greater Manchester Chamber of Commerce Building of the Year award.
Welcome to our community pages
These pages are focused on events, activities and news from you and your local community.

Award winning

The Queen’s Award for Voluntary Service is the MBE for voluntary groups.

Congratulations to Salford winners Emmaus Salford, which helps homeless people rebuild their lives, the You Can Community Club for young people, Salford Lads Club and Salford City Radio which was also runner-up Community Business of the Year in this year’s Salford Business Awards.

Find your name

Salford Lads Club’s Wall of Names, featuring all 22,500 members of the club from 1903 to 2015 has won a UK design award. The club hopes families of former members will visit to find their names and sponsor another name to support future members.

Salford Lads Club is open to visitors every Saturday from 11am to 2pm

www.salfordladscclub.org.uk

Boys project

The Yemeni Community Association in Gladstone Road, Eccles is launching a new weekly youth club for all local boys aged 9 to 15 years. The boys will take part in workshops, leisure activities and cookery sessions as well as learning to box with Eccles Boxing School, thanks to funding from the Big Lottery Fund.

Call : 0161 707 7012 or email info@yca-manchester.org.uk

Congratulations!

Ethan Evans, aged 14, is the youngest person ever to receive the national British Citizen Award for his exceptional fundraising. Despite injury and illness he has raised over £15,000 for charities including The Royal Manchester Children’s Hospital Cancer Unit, Francis House Hospice, St Ann’s Hospice, Asthma UK and his former school Willow Tree primary.

Healthwatch Salford, which exists to make health and social care better for local people, was highly commended at the Healthwatch National Network Awards for service improvement for children and young people using mental health services.

See more at www.healthwatchsalford.co.uk
Artfelt plea for help

Look out for art sales, open days and more to help raise funds to save and expand Islington Mill.
Salford City Council and the Arts Council England have committed funds for repair and expansion but the mill, which has supported 17,000 artists over the last 20 years, needs to raise £735,000. See how you can help.
Watch their video at www.islingtonmill.com/about-us/support-us-now/

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Help and support

Henshaws charity have a six week course on how to live with sight loss, plus free exercise classes, counselling and coffee meet ups at Pendleton Gateway. Call them on 0161 872 1234.

Caring Hands carers group have a coffee morning every Tuesday 9.30am to 12 noon at the Hug in a Mug cafe, Unit 2, High Street, Walkden, M28 3JH. Call Jan on 07984 136714.

Langworthy carers meet every Wednesday from 12 noon to 3.15pm at the Emmanuel Community Centre, Langworthy Road, for me time, including talks, pampering, advice and lunches out. Contact Jean Elliot on 07980 404696.

Being Well Salford helps adults living in Salford or registered with a Salford GP, who want to change two or more of: weight, mood, activity levels, smoking or drinking. Coaches tailor practical and realistic support to you. Call 0161 743 3675 or see www.beingwellsalford.com.

Salford Parent Voice provides support for parents of children with disabilities and/or additional needs. They’re holding The Big Transition event for families changing from children’s to adult services on Saturday 24 September from 11am to 2pm at The Beacon Centre, London Rd, Salford M6 6QT. Contact Info@salfordparentvoice.co.uk or call 0161 603 6833 or see www.salfordparentvoice.co.uk

Start in Salford supports safe and supportive wellbeing drop in sessions across the city in partnership with Salford City Council’s Health Improvement Service. They offer activities such as art, bingo, pool and table tennis. Contact Liz Shone on 0161 351 6027.

Salford Link Project has a mental health support group and drop in at Chadwick Rd, Eccles, M30 0WP with hot drinks and snacks. Monday and Wednesday from 10 am to 1pm they offer art, pool and board games and on Fridays the session is run by volunteers from the Cromwell House User Group (CHUG). Contact Steve Cullen on 079741 400 870.

Walk and talk with friends

Eccles Rambling and Social club runs walks of seven to 12 miles every Saturday, social events and two residential weekends away every year. Contact Bob Pritchard 0161 794 9272 or email ecclesramblers@hotmail.com

The Probus Club of Irlam for retired professional and businessmen offers talks, charity events and socialising. The club meets on the first and third Wednesday of every month at Lady James Hall, Prince’s Park, Irlam at 9.45am. Contact Vic Palmer 0161 776 1117 or 07841 706322 or see www.irlamprobus.org.uk

Power in their hands

Green energy is on the way for Irlam.
Moss Community Energy and Greater Manchester Community Renewables have raised £186,000 through a share offer to install renewable energy in community buildings and schools.
Income from the sale of the electricity generated will fund local community projects tackling fuel poverty, energy efficiency and environmental education and pay dividends to shareholders over 20 years.
Find out more at www.mosscommunityenergy.org.uk

Friends plan for Green Grosvenor Park

The Friends of Green Grosvenor Park, Broughton have already planted 4,000 daffodil bulbs, an orchard and 200 new trees and they’re not stopping yet.
Their next plan is for a woodland path, log seats, picnic benches, planters, new trees and a wooden chainsaw sculpture. They’ve already raised £13,300 towards the £14,800 cost of the work.
Watch their video at www.spacehive.com/transforming-green-grosvenor-park
The University of Salford wants to hear from you!

Later this year the New Adelphi will open - a brand new landmark building, next to Salford Crescent station, featuring a 350 seat theatre space, amphitheatre, café and bar, music performance rooms, dance studios and exhibition spaces. Although predominantly home to University of Salford arts, media and architecture students, this pioneering new build will also host a programme of cultural events that will be open to the local community from early 2017. From theatre and dance productions to visual art exhibitions and comedy, there are opportunities for entertainment for all tastes.

To have your say about what you would like to see on stage and in exciting event spaces in and around New Adelphi, the University of Salford is asking residents to complete a short survey – just visit www.salford.ac.uk/newadelphi and share your thoughts about the arts in Salford!
Salford City College is officially the top performing general further education (GFE) college in Greater Manchester when it comes to school leavers, adults and apprenticeships. Data from the government’s Skills Funding Agency confirmed Salford City College’s treble success. This is more evidence of the high quality teaching and learning at the college shown in learner satisfaction surveys and the Department for Education’s league tables. The college was rated ‘good’ by Ofsted in December 2015.

John Spindler, CEO and Principal of Salford City College said: “Governors, staff and students are delighted that Salford City College has been crowned number one in Greater Manchester for success rates for all key learner categories. This speaks volumes about the work that we do to ensure our learners reach their full potential in their studies.

“We are totally committed to ensuring that everything we achieve is for the benefit of our learners and we are very proud of our learners’ successes. To do the ‘treble’ really is an outstanding achievement and I am immensely proud.”

Success rates show the percentage of learners who successfully complete the course they are enrolled on. Adult success rates at Salford City College are 89.5%, 16 to 18 year success rates proudly stand at 86% and apprenticeship success rates at 81.6%, putting the college ahead of all other colleges in Greater Manchester.

Mr Spindler added: “This great success is down to the outstanding professionalism of all our teaching and support staff, their hard work and dedication and the amazing attitude of our students to their studies.

“Apprenticeship success is supported by Salford City College working with fantastic employers who provide wonderful opportunities for people to start an apprenticeship in their chosen career. It is also down to our assessors providing outstanding training and additional support to apprentices and employers which ensures that apprentices stay on track and become a great asset to their employer.”

Salford City College has exciting plans for September 2016 with each college centre specialising in curriculum areas. Each centre will be developing new facilities over the next two years to ensure learners get to study in the very best environments. For more information visit www.salfordcc.ac.uk
Bringing business dreams to life in Salford

A stay at home mum-of-three from Salford has transformed her life by launching her own fashion enterprise.

Tsungai George, 36, left university and moved to Salford, but after struggling to pay for childcare and maintain a career she resigned from her job to be a full-time mum.

It was only when she saw a leaflet on the City West Don’t Keep It Under Your Hat business support programme, that she thought of a way to work while being able to look after her children. After enquiring, Tsungai decided to set up a business around her passion for jewellery.

She said: “With platforms like eBay, I knew I could set up an online shop but there are so many things to think about, especially balancing family life.

“Thankfully, the advice I received was great. Now I have a plan, a grant and the tools to make sure my business thrives.”

As part of the programme, Tsungai learned how to register her company, Sparkles and Gems Jewellery, as well as set up digital platforms to sell. She also improved her marketing and social media skills to advertise her business.

If you’re interested in finding out more about Don’t Keep It Under Your Hat just visit www.citywesthousingtrust.org.uk, email hello@citywest.org.uk or call 0300 123 5522.

Teen business idea could change lives

Four teenage entrepreneurs have gained backing from the council, their school, Barclays and local businesses and social enterprises for a life changing idea.

Amira, Lois, Noah and Shane, all year 8 pupils at Albion Academy, are creating an app to encourage children and young people to live a healthy lifestyle.

Public Health England, Salford Royal and Salford City Council are all supporting the project while teachers at Albion were so impressed they crowdfunded the £220 fee for the youngsters to trademark their Digibodees idea.

The group are sharing their plans at the national NHS DigiHealth UK conference in October – the youngest people to speak at the event.

Lois said: “The app would use games, information, advice and digital footage to show you what your face, body or even insides would look like in future if you continue to smoke or drink. It can adapt if you change your lifestyle. We hope to get people to change.”

Headteacher Jenny Langley added: “If young people have ideas, strengths or skills it’s my job to support that. This could have a massive impact not just on our local community but the city and even nationally.”

Follow FACT Salford for more information and details of September’s event.
One of the many Lower Broughton residents affected by the Boxing Day floods – Barbara Miles – was all smiles with her newly-refurbished home.

The 79-year-old said the work that has been carried out, which includes a new kitchen, was done to perfection. After spending time with her family over the festive period she returned home to find her furniture, carpets, kitchen units and possessions ruined in an ‘instant’. Barbara’s home is now looking as good as new and she is feeling positive.

Barbara said: “All the staff that came to help, I could not fault them at all. They made a bad situation easier to live with.”

All the Salix Homes properties affected by the floods will now receive up to £5,000 in flood-resilient improvements.

Around 300 in total are going through a major programme of repairs and improvements, with this phase nearing its completion.

Salix Homes has successfully gained resilience funding from Salford City Council to better protect these homes against future floods.

The enhanced measures could include the installation of flood resistant external doors, blocked-up openings and waterproof treatment to external walls.

Mark Foster, service director of investment, said: “All the residents affected by the floods have shown great resilience over the last six months. Huge strength and Dunkirk spirit has really shown through in these communities.

“I understand that this has been a long and tough road and one that I know isn’t over for many, but we are working as quickly as we can to ensure the flood damaged homes are brought back to a good condition.

“Our major repairs programme is nearing its completion and we’re delighted that we can now carry out resilience works to better protect these homes against future flooding.

“Our officers, along with our contractors, Emanuel Whitaker, A Connolly and Seddon have been working hard on the ground, and will continue to do so, to ensure minimal disruption in these communities – and we thank everyone for their patience during this difficult time.”

Any of our residents who need further information can visit: www.salixhomes.org/floods

Flood affected properties receive up to £5,000 flood protection work

Boxing Day 2015 was a day when hundreds of Salfordians were hit by the worst floods the city has seen in decades.

More than six months on, Salix Homes is now putting the finishing touches to the refurbishment of more than 300 homes whose tenants’ lives had been turned upside down.
What’s on
Auntumn in the city promises to be full of inspiring events and activities. Visit the what’s on pages at www.visitsalford.info for more details on these and other great events and activities.

City wide events
Salford Music Festival
Thursday 29 September to Saturday 1 October
Three days of the best live music with over 150 acts playing across the city with free entry to all events. See the full line up at www.salfordmusicfestival.co.uk

Salford’s annual Food and Drink Festival
Saturday 15 to Sunday 23 October
Another helping of tasty treats, events and offers from local businesses.

Win a Christmas meal at the University of Salford
One lucky couple can win a three course Christmas meal, with drinks, at the Bryan Suite, thanks to SALFOOD, the University’s catering team. See www.visitsalford.info/foodfestival for all our offers and how to enter this competition.

Free exhibitions at Salford Museum and Art Gallery
Cotton and Steel
The Industrial Paintings of Kevin Haynes and David Watson until Sunday 9 October.

Salford and Cheetham Hill in Focus
Iconic photography from the 1950s and 60s, until Sunday 30 October.

Gifts, Grants and Games: Celebrating 60 years of the Friends
Fascinating objects from pencil sketches to oil paintings and sculptures to games until Sunday 13 November.
See www.salfordcommunityleisure.co.uk/culture

World War 1 talks at Salford Museum and Art Gallery
Monday 24 October, 2 pm - 3pm
Salford Soldiers, The Battle of the Somme and Douglas Haig ‘Lions led by donkeys.’ The soldiers were certainly lions but was Field Marshal Haig a donkey? Come and discuss the issue. Tickets £2.

Monday 14 November, 2pm - 3pm
David Jones (1895–1974) was a poet, artist and mystic who also fought in World War One. Hear about his extraordinary life with examples of his art and poetry. Tickets £2. See www.salfordcommunityleisure.co.uk/culture/whats-on
September events

Canal clean-up!
Wednesday 31 August, 10am to 3pm
Help with a litter pick to make the Bridgewater canal a better environment for everyone. Meet in Duke’s Drive car park (off Parrin Lane) in Monton. For other events and activities related to the Bridgewater canal, visit www.est1761.org

UKFast City of Salford 10K
Sunday 4 September, 10.15am MediaCityUK
Entry fee £15 www.sportstoursinternational.co.uk/running/city-of-salford-10k

Love Eccles Festival
Thursday 8 to Sunday 11 September
Four days of new plays, comedy, markets, music, street food and drink, rich heritage and bold art in the heart of Eccles, in the town centre, St Mary’s Park and Eccles recreation ground.
www.visitsalford.info/ecclesfestival

Love Eccles Festival has teamed up with The Lowry to bring pop up theatre to Eccles town centre. Roundabout will be at St Mary’s Park on Church Street from Thursday 8 to Saturday 11 September, with theatre direct from the Edinburgh Festival and local community events.

The new and popular Eccles Makers Market runs in Church Street every second Saturday including 8 October and 12 November.

Heritage Open Days
St Andrew’s Church, Chadwick Road, Eccles is open Saturday 10 September, 10.30am to 3pm (guided tours at 11am and 2pm). Explore this Grade II listed Victorian church with its magnificent stained glass windows. Free, just turn up.

On Sunday 11 September, 12 noon to 5pm, Ordsall Hall is staging a medieval festival featuring archery, falconry, music, dance, craft activities and an authentic theatre show. Free, just turn up.

Salford’s Big Day Out
Saturday 17 September, 11am to 4pm
Swinton is getting ready for a packed programme of family fun. For more info see page 17 or visit www.visitsalford.info/bigdayout

October events

Tea with Oscar Wilde at Ordsall Hall
Wednesday 5 Oct, 7.30pm
A chat show with a difference! Join Oscar Wilde as he interviews leading celebrities of the Victorian era, recounts a story or two and invites his audience to get ‘Caught in the Act’
www.salfordcommunityleisure/culture/whats-on

The Archaeology of Salford
Thursday 13 October, 7pm
Dr Mike Nevell, Head of Archaeology at the University of Salford reviews several decades of archaeological work in the city, from Iron Age farmsteads to 19th century industrial workers’ housing.
www.salfordcommunityleisure/culture/whats-on

Night of Neon
Tuesday 25 October
10K charity walk for the Christie from The Lowry Plaza with entertainment
www.thequays.org.uk/whats-on/quays-culture-night-of-neon/

Chamber Music Salford
The free classical concert music series by the BBC Philharmonic in the University of Salford’s Peel Hall returns in October. Keep an eye on this page for dates to be released www.salford.ac.uk/events

November events

Bonfire Night
For details of events on 5 November, including fireworks and a bonfire at Buile Hill Park please www.visitsalford.info

Run in the Dark
Wednesday 16 November
Join the Mark Pollock Trust and thousands of fellow runners and support research to find a cure for spinal cord injury by taking part in this night run – 5k or 10k.
www.runinthedark.org/manchester

A Good Yarn at Ordsall Hall
Sunday 20 November, 1.30pm to 4pm, Free
Be captivated by stories, myths and legends told in unusual spaces in the hall and have a go at medieval embroidery techniques
www.salfordcommunityleisure.co.uk/culture/whats-on/good-yarn

Keep an eye on www.visitsalford.info to see what’s coming. Sign up for the Visit Salford e-newsletter packed with top tips on events and activities going on in the city. www.visitsalford.info/e-newsletter
Teenagers follow in footsteps of war

Sixteen Salford teenagers are to walk in the footsteps of war all the way to the Somme battlefield.

The youngsters, from Eccles Rugby Union Football Club, are planning the expedition for their Duke of Edinburgh Gold awards, supported by the club and Salford City Council.

If possible, they will walk the same route as the soldiers, camping along the way and eating similar rations and will make a documentary film about their experience.

The group will visit battlefields and the Thiepval memorial and cemetery in France, close to where 1,000 Salford men died on the first day of fighting in the battle of the Somme. They will leave behind a miners lamp in tribute to all the Salford men.

Ceremonial Mayor Councillor Karen Garrido, who presented the group with the miner’s lamp, said: “It’s a lovely way to pay tribute to our Pals, some of whom would have been the same age as these young people.”

Anyone with family connections to Salford Pals and/or Eccles Rugby Union Football club is invited to help with the research. Please contact: www.ecclesrfc.org.uk/contacts

Need a lift to your appointment?

If you have a medical or clinical condition that makes it difficult for you to get to appointments, you may be eligible for the Patient Transport Service (PTS).

The service, which is now run by North West Ambulance Service, is designed to help with non emergency medical appointments and is free.

You’ll need your NHS number, which you can get from your GP and to answer a few simple questions to see if you’re eligible.

If you are, don’t forget to mention anything you need, such as a carer to accompany you or mobility difficulties so you get the right transport. Text reminders are also available.

Clinics normally arrange transport for any follow up appointments.

Call 0800 092 4020 between 8am and 6pm Monday to Friday or see www.patienttransport.nwas.nhs.uk
Salford's Big Day Out

2016

Saturday 17 September

There's something for everyone - come on down!

Enjoy an action-packed, fun and fascinating day out on the lawns and tickle your taste buds with local delights.

LIVE MUSIC children's activities
DOG AGILITY COURSE afternoon tea
Secret garden DIGGER AND FIRE ENGINE
coconut shy climbing wall ARMY VILLAGE
storytelling FOOD AND DRINK STALLS
outside picnic and BBQ and much much more...

All activities correct at time of going to press but subject to change

www.salford.gov.uk/bigdayout  #salfordsbigdayout
Adult health and social care services in Salford have come together to give you better, more personalised services.

Salford City Council and Salford Royal have set up a new organisation to deliver all adult health and social care services, including mental health, nursing homes and home care.

The new organisation is led by the Salford Royal NHS Foundation Trust, which is now responsible for all adult health and social care services in the city.

It’s very much business as usual for all the services you receive with the same staff still delivering them. Services for children are not affected by this change.

The move is designed to provide improved coordination as patients move between health and social care and to protect jobs and services in difficult financial times. Salford is one of the first local authorities to launch this new approach to providing integrated services.

Councillor Tracy Kelly, Salford City Council lead member for adult services, health and wellbeing, said: “It’s a bold, brave move but one which I believe will deliver better and more personalised services for residents and protect and enhance the fantastic services and staff we have developed over many years.”

Dr Hamish Stedman, chair of Salford Clinical Commissioning Group, said: “Over time, the new organisation will completely change and transform the relationship that the NHS and adult social care has with patients, people and communities.

“This move to integrate adult health and social work will join the dots for patients and help deliver safe, consistent and co-ordinated care.”

Sir David Dalton, chief executive at Salford Royal, said: “This marks the beginning of a pioneering transformation of health and social care across the city.

“By sharing expertise, skills and knowledge, the care we provide will be even more patient-focused and joined up so we can help reduce the need for hospital admissions and also reduce the length of a hospital stay.”

Information from the council is being shared with Salford Royal but all personal information will continue to be handled securely only by those authorised to do so. Information will not be kept longer than necessary and your rights to ask for personal information held about you or to object to how it is processed still remain the same.

Visit www.srft.nhs.uk/for-patients/information for more information.
Beat the Street
and be a winner

Put your best foot forward and it could win you a top prize – as well making you fitter.

Beat the Street is a fun six week game coming to parts of Salford in September and it couldn’t be easier to play. It will run in Barton, Claremont, Langworthy, Ordsall, Weaste and Seedley and Winton and local schools but everyone in Salford can play.

The idea is to walk, cycle or run between Beat Boxes scattered around those areas signing in at each one. Every time you scan your card on a box you get points and points mean prizes. There are also weekly ‘lucky tap’ prizes which anyone taking part can win.

You can play individually or as a team and it’s a fun way to get out and explore Salford and boost your health.

Over a third of adults in Salford are physically inactive and child obesity rates in Salford are higher than the national average so Beat the Street could really help kick start great new habits.

Beat the Street will be run in Salford by Intelligent Health on behalf of Transport for Greater Manchester and GreaterSport.

Cancer support success

A new information, education and support programme, is designed to improve the health and wellbeing of cancer patients.

The Salford Royal Cancer Health and Wellbeing programme is aimed at supporting patients with the practical and psychological impacts of being diagnosed with and treated for cancer.

Information and support is available on how to maintain an active and healthy lifestyle and how to manage the effects of treatment, alongside advice from welfare and employment rights professionals, support from clinical nurse specialists and the opportunity to meet with others to share experiences.

Jennifer Bagchi, Cancer Health and Wellbeing Co-ordinator, said: “Being diagnosed with cancer has a major impact on many aspects of a person’s life so we want to ensure that all the necessary support is easily accessible for patients as they go through what is a very emotional and stressful time.

“Patients who have attended the sessions said their confidence and knowledge has increased significantly.”

More sessions will be taking place in September and November 2016. All the programmes are exclusively available to patients with a Salford GP who have completed their treatment for cancer.

Follow them on Facebook – Beat-the-Street-Salford
Twitter @BTSSalford

For more information about the programme please contact Jennifer Bagchi, Cancer Health and Wellbeing Co-ordinator, on 0161 206 0931 or email Jennifer.bagchi@srf.t.nhs.uk
Newground Together, Together Housing Group’s charitable arm, has been busy helping projects in Salford.

Salford Credit Union was awarded £19,500 to help people make wiser financial decisions, help reduce debt and also other causes of stress in an area where many people struggle by on low incomes.

Newground Together, along with Salford Clinical Commissioning Group (CCG), jointly awarded local social enterprise Unlimited Potential over £62,000 to fund the Salford Time Bank pilot project over the last 12 months.

Unlimited Potential also linked up with Salford Red Devils and awarded their big hits programme £37,000 over three years to help people stay on the right track and reach their potential.

And then there’s the Salford Lads Club, which is one of the UK’s most iconic musical backdrops thanks to its links with the Smiths. Newground Together has part-funded the club’s restoration of its band room where rock stars of the future can perfect their skills.

If you have a local project you need help to fund, please get in touch on 0300 555 5567
www.pendletonTogether.co.uk

Looking for a new home in Salford?

Then look no further than Kingsley Court!
Pendleton Together are building 52 new family homes, just off Greythorpe Walk.
Available for rent in Autumn 2017!

Great homes and services at a rent you can afford.
www.salfordhomereach.co.uk

Salford City Council is using the latest technology to make using council services quicker, easier and better for you.

Some changes you will see...

We’ve launched our new website to make it easier to find, pay and apply for council services online using your smartphone, tablet and home computer. The latest additions to what you can do online are housing benefit applications, changes of circumstances and updates to addresses. New features are being added all the time so take a look.

It leaves you free to get on with your life rather than waiting on the phone and the website is personalised and easy to use wherever and whenever you need us.

www.salford.gov.uk

Some changes you won’t see as they are behind the scenes...

Other changes you won’t see, such as fitting our refuse trucks with new technology. It will improve collections with new technology by giving the crews real time information on rounds and any issues, such as parked cars blocking roads.

Other council staff will be using mobile technology to enable them to spend more of their day in the community getting on with the things that really matter to you. It’s about putting residents and people who use council services at the heart of changes, making the council more efficient by focusing our resources on things that make a difference.

Do you need help using technology?

Free basic computer courses are available to help you get online – just book by calling 07980 856452.

Monday 12 Sept: Walkden Gateway 9.30am to 11.30am, Winton library 10am to 12 noon and Broughton Hub 12 noon to 2pm

Tuesday 13 Sept: Pendleton Gateway 10am to 12 noon, Little Hulton library 2.30pm to 4.30pm and Eccles Gateway 1pm to 3pm

Wednesday 14 Sept: Cadishead library 12.30pm to 2.30pm

Thursday 15 Sept: Swinton Gateway 1pm to 3pm

DROP IN SESSIONS are available at Boothstown library* and Swinton Gateway every Wednesday between 1pm and 3pm for quick questions. Please bring your own device. *From 7 September.

Free Wi-Fi

Free Wi-Fi is now available in many public buildings in Salford. Visit our website at www.salford.gov.uk/freebee to find locations near you.

Get a customer account > You can see all your details in one place by registering for an online account, click ‘my account’ on www.salford.gov.uk

The website works fully on all devices but for convenience download the new Salford City Council app from the Apple or Google stores.

Life in Salford 14, August 2016
Multi million health centre opens in Broughton

A new £6 million ‘one stop’ health centre has opened its doors in the heart of Broughton.

Newbury Place Health Centre, in Rigby Street, brings together three GP practices - Newbury Green Medical Practice, Limefield Medical Practice and Dr Davis’ medical practice - along with community health services, a pharmacy and opticians.

Construction of the health centre started in September 2014 and services have been moving into the new building over the last few months. To celebrate the official opening, patients, NHS staff and the teams behind the development were invited for a ‘ribbon cutting’ ceremony and tour around the state-of-the-art facilities.

Speaking at the event, Norman Druce, a member of Newbury Green’s Patient Participation Group and patient for 40 years, said: “We know that general practice is the cornerstone of the NHS. Here, we have a kind of one-stop-service with a pharmacy and optician all under one roof. We as patients, together with the staff and healthcare professionals, are all going to benefit from the more pleasant working environment of this fantastic new building.”

Salford’s outstanding for healthcare

Salford has the highest standards of healthcare in Greater Manchester – and that’s official.

NHS Salford Clinical Commissioning Group (CCG) has been rated ‘outstanding’ by NHS England – the first in Greater Manchester to achieve such a high standard.

The CCG joins Salford Royal NHS Foundation Trust which was rated outstanding by the Care Quality Commission last year, making Salford one of only two places in England to achieve the double top rating.

NHS England praised the CCG’s outstanding leadership, performance, financial management, planning and purchase of GP services. The CCG was also commended for involving and engaging patients and the public, good partnership working and getting best value for money.

Every GP in Salford is a member of Salford CCG, which plans how to spend the NHS budget on care and treatment in the community and hospital and mental health and maternity services.

Anthony Hassall, chief accountable officer for Salford CCG, said: “To be the only outstanding CCG in Greater Manchester is an enormous achievement and an accolade to be extremely proud of. It is the result of the commitment and hard work by our GPs and staff to improve the standards of care for the people of Salford.”
Going digital

A City West Housing Trust customer has landed herself a voluntary position with Salford Wellbeing after gaining new skills through the DigiSmart programme.

Cath Wild worked with a Digi Champion, learning how to set up an email address as well as search and apply for jobs online. Her confidence boosted, Cath saw a voluntary role advertised, applied using the online application form and got the job!

Cath is not only using her new computer skills to carry out office administration, but also speaks to service users to check on their health and wellbeing and how they are progressing with personal goals.

Cath explained “DigiSmart training was absolutely brilliant. In my interview, I was able to explain my skills and that landed me the job. I’m much more confident using computers and I’ve been able to get on to other courses using online services. I’ve also signed up to City West’s ‘My Account’ on their website – it was so simple to do and it’s a much easier way to pay my rent.”

Do you get out of breath doing things you used to be able to do?

It could be a sign of lung or heart disease or even cancer. Finding it early makes it more treatable, so don’t ignore it, tell your doctor.
Are you planning some building work or are you a construction industry professional?

Urban Vision’s Building Control team, which provides services on behalf of Salford City Council, has now adopted the Submit-a-Plan portal. This streamlined online process makes the building control application process faster and more accessible for customers.

Why do you need to submit a building control application in the first place?

When completing most building projects, you are required to meet certain building regulation standards. These standards are the minimum design and performance standards defined by the English and Welsh governments. They ensure that new building work including an extension, an alteration or renovation, is constructed so that the structure is safe, sustainable and accessible for all. If work is undertaken without building control approval, there may be issues with the stability of the new or altered structure, the health of the building or problems when trying to sell your property.
Introducing Submit-a-Plan

Submit-a-Plan is a national portal for local authority building control. When you require building control approval for your project, all you need to do is visit www.salford.gov.uk/buildingregs and register your details. Once registered, you will be guided through an easy step by step process to complete an electronic application form which will then be submitted for assessment and a decision.

The key features of Submit-a-Plan at a glance include:

• It works with all CAD applications and paper scans
• It eliminates sending multiple paper plans
• It saves time and money
• You can send an application any time (24/7)
• It’s environmentally friendly
• You can track the progress of your application online

The system is constantly evolving, and very soon you will also be able to pay online, share and view plans and provide comments and feedback in relation to your application online.

Don’t have access to the web or still want to use the old system?

Building application plans can still be submitted in paper format by post to:

Urban Vision Partnership Ltd,
Building Control Section,
2nd Floor, Emerson House,
Albert Street, Eccles, Salford
M30 0TE.

You can also still submit your plans to Salford City Council online at www.salford.gov.uk/buildingregs without the same benefits as Submit-a-Plan offers.

The Urban Vision Building Control team provide the following benefits to homeowners and construction professionals:

• Independent and impartial plan checking and site inspection service
• Attendance at design team meetings to iron out potential construction problems at an early stage
• Quick approval of plans including structural design check and fire service consultation
• An inspection plan to meet the requirements of your site team through to completion and certification
• Site inspections carried out on the same day of the request (if you contact Urban Vision before 9.30am)
• An experienced site inspection team with knowledge of local conditions.

To contact the team or to receive building regulation advice:

Phone 0161 779 6175 or
e-mail: building.control@urbanvision.org.uk
www.salford.gov.uk/buildingregs
After spending more than six years trying to save enough money for a deposit, Ruth and Paul Murphy had given up on their dream of owning their own home.

The couple, who have two children, moved in together six years ago, renting a house in Eccles from City West Housing Trust.

“We had a young family on the way, so we wanted a place of our own,” Ruth said. “After so many years of saving it was a blow when the bank wouldn’t give us a full mortgage.”

It was only when the couple heard about a series of shared ownership developments by ForLiving, part of the ForViva housing group which includes City West, that their world changed.

Ruth explained: “We didn’t have anything to lose so we enquired and found out that we could afford one of the properties.”

Within a few weeks the family had agreed a deal to move into a three bedroom property at the Barton Canalside scheme, taking a 40% ownership stake.

“It’s hard to put into words how delighted we are,” said Ruth. “We have a home that is much nicer than what we could have afforded if we were buying outright. We’re next to the canal and have a lovely back garden. It’s an amazing place for the kids to grow up.

“The plan is to keep buying bits of equity, so we own more and more. I am so happy here and don’t ever want to move. The process was so easy and the team were fantastic in explaining our options.

“We spent six years trying to save for a house, but it only took six weeks to get the deal done using shared ownership.”
Record visitor numbers

Salford Museum and Art Gallery is celebrating after its busiest year for almost two decades.

Attendances were up by almost a quarter in 2015/16 with over 111,000 visitors through the doors as a result of exhibitions that captured the public mood.

Exhibitions that have attracted record visitor numbers include the popular Heart & Sold exhibition, the WW1 Salford at War and Digital Salford at the Local History Library.

There's been an increase in schools recognising the educational value of the museum, with more children visiting as part of a trip via the learning programme.

Plus a busy range of school holiday programmes with craft activities, quizzes, treasure hunts, dressing up and story-telling sessions have also helped increase the popularity of the museum amongst younger visitors.

The regular opening of a certain Mr Tomlinson's Victorian sweet shop in Larkhill Place has also helped draw in the crowds.

“We’re going from strength to strength,” said Salford Community Leisure, Chief Executive Steve Hassall. “The fact we’ve attracted so many visitors this year is all down to the range of quality exhibitions, events and activities we offer. There really is something for everyone, and we’ll be working to attract even more visitors next year.”

Discover for yourself, visit www.salfordcommunityleisure.co.uk/culture

See the BBC Philharmonic for just £2

Take advantage of this special ticket offer - exclusively for Salford residents - and see the BBC Philharmonic perform at The Bridgewater Hall this September.

With just over a month to go until the start of their Bridgewater Hall season, the orchestra opens with Haydn’s sensational, biblical homage, The Creation, on Saturday 24 September. Led by their Chief Conductor, Juanjo Mena, the orchestra is joined by the CBSO chorus and a splendid trio of soloists – promising sparkling melodies and soaring choruses in this life-affirming new-season opener.

BBC Philharmonic General Manager, Simon Webb, explains: “For this season we have been reflecting on the power of music to effect change, not least within the world of music – and Haydn’s influence on composers is still felt today.”

The season continues with four unmissable concerts across October and November, before concluding 2016 with a spectacular year-end finale on Saturday 10 December.

For full concert information, please visit www.bbc.co.uk/philharmonic and explore the 2016/17 Bridgewater Hall programme.

Stalls tickets for the Saturday 24 September concert are available at just £2 for Salford residents but please note that availability is limited so book early to enjoy superb classical music right on your doorstep.

To claim your special discounted tickets, please contact The Bridgewater Hall and quote ‘SALFORD’ when booking.

Phone: 0161 907 9000

Online: www.bridgewater-hall.co.uk

For more orchestra news, follow us at facebook.com/philharmonic or on Twitter: @BBCPhilharmonic
Do you know your blood pressure numbers?

Over 20,000 people in Salford are estimated to have undiagnosed high blood pressure.

Undiagnosed and uncontrolled blood pressure may put you at greater risk of a stroke or heart attack.

Between Monday 12 and Sunday 18 September Blood Pressure UK is leading Know Your Numbers Week. It is the UK’s largest blood pressure testing and awareness event. Salford Healthy Communities will be offering free testing across Salford during this week.

Lifestyle advice that will help reduce the risk of high blood pressure will also be available.

Find your nearest testing point at www.way2wellbeing.org.uk or ask your GP or pharmacist about a blood pressure check.

Fighting flu in Salford

Flu is very easy to catch and in certain cases can lead to bronchitis, pneumonia, miscarriage and can even kill.

If you or your child are invited by your GP to have the flu vaccination please make time to attend.

Vaccination could protect you and your family.

You are at risk of seasonal flu if:

• You are pregnant
• You are aged over 65
• You suffer from asthma; heart disease, diabetes, multiple sclerosis or lowered immunity
• You have a history of stroke, chest conditions, kidney/liver disease

Children aged two, three and four are eligible for a free nasal flu vaccination which is very safe and effective. Children in school years one, two and three will also be offered the vaccination in school.

This is because children are very good at spreading germs, as any parent will know!

Vaccinating children will help protect others who are vulnerable, such as babies, older relatives, pregnant women and people with serious long-term illnesses. Carers may also be entitled to a free flu vaccination.

Please contact your GP for more information.

CONFIDENTIAL HELP AVAILABLE

If you need help with contraception including emergency contraception, relationships or sexual health issues turn to Shine at Salford. Salford City Council has now commissioned Bolton NHS Foundation Trust to provide the service but there will be no changes in clinics or locations.

Appointments for assessment and/or treatment, including free testing and treatment for sexually transmitted diseases including HIV are available for both adults and young people within 48 hours from Monday to Friday, including evenings. Walk-in sessions are also available.

Pharmacy services in Salford

If you do not have access to a computer please telephone 0161 793 3985 to request a paper copy of the questionnaire.

Closing date
5 September 2016

Salford City Council

Local pharmacies provide the vaccination free for adults at risk.

Give us your views
www.salford.gov.uk/pharmacysurvey

If you have your say

If you have your say

Help us make pharmacies better!

What services do you want?

What services do you use?

For more information

Contact 0161 206 1099 or see
Busway success

Five thousand passengers every day and growing and two awards have set Salford’s new Vantage service and guided busway en route to success.

The north west’s first guided busway is the key part of Transport for Greater Manchester (TfGM’s) investment to improve bus journey times and services and was praised by The Chartered Institute of Logistics and Transport.

And it received the ‘green’ light from the 10th annual North West Construction Awards for recycling construction material, new trees, three park and ride sites and paths for walkers and cyclists.

First Manchester’s Vantage, service uses the route to offer super-smooth, reliable rapid and greener journeys with 20 new, low emission buses with WiFi, USB charging points, plush seating and tables and audio and visual announcements.

Passenger numbers have increased steadily particularly at the weekends.

Twenty projects get funding boost

Twenty projects tackling crime and anti social behaviour in Salford have been given a £77,000 cash boost by Greater Manchester Mayor and Police and Crime Commissioner Tony Lloyd. It’s in addition to £239,000 he has already invested in community safety in Salford.

Among those to benefit are: The Rio Ferdinand Foundation, Salford Action for Autism, Citizens Advice Salford and Roe Green play park.

City Mayor Paul Dennett said: “This is fantastic news and will make a huge difference to peoples’ lives. It backs local groups who show the Spirit of Salford and do so much hard work in the city, providing services and support that people desperately need.”

Beat the scammer

Trading Standards wants to help stop people falling prey to scams by following a three-step rule – get advice, report it and tell others about it.

It comes as national research by Citizens Advice finds scammers are using a variety of tactics to get people to part with their cash, with people losing an average of £2,500 across all types of scam.

Scam methods include scammers cold-calling people in a bid to get their bank details, and offers of fake services, such as telling people their computer has a virus which they can fix remotely.

For more information on scams visit www.citizensadvice.org.uk/scams-awareness-month

Speaking out against hate

Hate crime in Salford will not be tolerated – that’s the message from Councillor Paula Boshell.

A hate crime is targeted at a person because of hostility or prejudice towards that person’s:

- disability
- race or ethnicity
- religion or belief
- sexual orientation
- transgender identity

Reports were up slightly this summer and the council says any act or report of hate crime is one too many.

Councillor Boshell said: “We are proud of the city’s diversity which adds to the richness of our culture. “People from different backgrounds, races and religions contribute to the community, volunteer and make the city what it is today. Unfortunately there is a minority of people, who want to divide, spread hate, and create community tensions.”

Hate crime can be reported anonymously by calling Crimestoppers on 0800 555 111 or by phoning the police’s non-emergency reporting number on 101.

Further details can be found at www.salford.gov.uk/hatecrime
Canal opened up

There's never been a better time to explore Salford's Bridgewater Canal.

You can now walk or cycle the entire 4.9 miles of canal towpath thanks to improvements at Barton and Boothstown.

There's lots to see along the way including the eye-catching heritage of Worsley, the engineering wonder of the Barton Swing Aqueduct or you can wander in to Monton to explore the many bars and restaurants.

The towpath is all one level and the canal links in to other key walking and cycling routes in Salford such as the loopline network from Monton to Worsley, Roe Green and Walsden or the Port Salford Greenway from Patricroft railway bridge through to Winton and Brookhouse.

And it's not all about water! The canal is close to some beautiful green spaces to explore such as Duke's Drive in Monton and Worsley Woods.

Download a self-guided trail to find out more about the canal and the surrounding area at www.est1761.org/trails

Want to help a good cause?

Nearly 50 Salford good causes have been helped by you recycling more.

It's all thanks to Salford’s Recycle and Reward scheme to help reduce the amount of waste we send to landfill.

Just take three easy steps...

1. Go to www.salford.gov.uk/recycleandreward and choose the area where you live
2. Read the 'good causes' asking for your support and vote for your favourite
3. Recycle everything you can

At the end of the month, the good cause with the most votes will get their reward – but only if recycling has increased in your area from the previous month.
We know it’s autumn but here at The AJ Bell Stadium we can’t resist spreading Christmas cheer early as we’re so excited about our plans. Our packages start from £39.95pp inc VAT and all include:

- A delicious three course festive menu in a lively festive setting
- LIVE entertainment throughout the night
- and a DJ and disco until 1am

To book today, call our Christmas team on 0161 786 1580 or email ajbellstadiumevents@azure.uk.com quoting LIFE.

HINT, HINT: Don’t forget to ask how to become a VIP guest at one of the biggest parties this year.
A helping hand at home

Adjustable beds for a perfect night’s sleep

Wheelchair & scooter accessories

Days out with friends & family

Little things to make life easier

... the answer is Ableworld.

The UK’s leading mobility retailer.

Your one stop shop, for all your needs

Engineers available for stairlift call-outs, scooter & wheelchair repairs

Bedroom & Lounge Furniture : Mobility Aids : Continence Care : Tables
Slippers & Shoes : Dining Aids : Medication Aids : Lighting & Magnifying Aids

WIGAN
ABLEWORLD
17 Caroline St, Wigan, WN3 4EL
Tel: (01942) 233200
info@ableworldwigan.co.uk
Adjacent to Aintree Pet Healthcare Centre

ST HELENS
ABLEWORLD
9 Eccleston St, St Helens, WA10 2PG
Tel: (01744) 453038
info@ableworldsthelens.co.uk
2 mins from ASDA

WAVERTREE
ABLEWORLD
140 Rathbone Rd, Liverpool, L15 4HH
Tel: (0151) 733 1118
info@ableworldwavertree.co.uk
Near Wavertree Railway Station

SALFORD
ABLEWORLD
Burrows House, Priestley Rd, Wardley Ind. Est. Manchester, M28 2LY
Tel: (0161) 728 1880
info@ableworldsalford.co.uk
200 yards from BOC Gas

Further details on all our stores can be found on: www.ableworld.co.uk