Welcome to LIFE IN Salford. In this issue we’re showcasing local information, activities, news and advice from across the whole of Salford, including a special section with news and activities from the local community.

We hope you enjoy reading LIFE IN Salford and we’d love to hear what you think about the magazine or any ideas you have for future content. Email lettersinlife@salford.gov.uk

What matters to you?

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Cover image: MAPAS celebrates 50 years of making music.

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safe clean personal
Paul Dennett is Salford’s elected City Mayor. We asked him about his pledges to the city.

Pledges
Since taking office, myself and the mayoral team have worked hard to make sure that we live up to the promises we made during the election. I stood on a platform of jobs, transport, housing, openness and training for the young.
We are still only a few months in, but we’re really starting to make some progress.

Jobs
In this financial year several major employers, from legal firms to digital industries, have moved to Salford with talks taking place to bring in many more. So far just under 1,000 new jobs have been created and 2,000 existing jobs protected as companies relocated to Salford from other areas. The city is becoming a hub of new digital industries and, as we expand MediaCityUK and continue the development of Port Salford, we expect this to continue.

Transport
The Greater Manchester Combined Authority (GMCA) approved an upgrade of Salford Central railway station. Three disused platforms will be brought back to use and two existing platforms will be extended and improved to allow longer carriages and more frequent services to stop at the station. The upgrade is great news as, with the Ordsall Chord being developed, it would have meant that trains with six carriages could not stop at the station in the future.
The busway service along the A580 East Lancashire Road was launched in April and cuts the rush-hour journey by half an hour. By mid October it had carried more than 940,000 people and has had so many passengers more buses have been ordered. Some weeks the number of passengers has exceeded 45,000.
I am also campaigning to get the Metrolink extended further into Salford to make it easier for people to be able to travel around the city and beyond.

Housing
A fund has been set aside to build the first council houses in Salford for 30 years. This money will go into a new pot set up by the council for developing and building on sites across the city. The pot now contains £500,000. This is a serious commitment to a different way of working. We’re not looking for compromise deals with developers, we’re looking for the real deal with like minded partners. We need low cost rented and social rented housing in Salford as tackling poverty is a key priority. Please see page 11 for details and how you can comment on our poverty strategy.
Our own local plan has been published on how the city should develop to 2035 – view it at www.salford.gov.uk/salfordlocalplan
And I welcome the Greater Manchester Spatial Framework which will protect and enhance the city’s greenspace – see the detail at www.salford.gov.uk/gmsf

Openness
My first ‘Meet the Mayor’ session was completely booked up. I met with residents of the city to hear their concerns and ideas directly. The next session will be held at Broughton Hub on Tuesday 17 January between 4pm and 6pm. Find out more at www.salford.gov.uk/citymayor
We’ve openly asked people for their views on what matters to them the most before we started to develop budget proposals and nearly 600 of you took part. See page 28.

Training for the young
The government has promised apprenticeships, but too many of these are courses with no real experience gained or skills learned. We need real apprenticeships... that’s why we’ve taken on new apprentices at the Civic Centre and we are working with Salford Royal NHS Foundation Trust, Greater Manchester Fire and Rescue Service and all ten local authorities in Greater Manchester. We also want to attract more employers with fantastic career development opportunities to give our young people the best possible chance in life.

There’s so much more we’re hoping to achieve in Salford. In the meantime, we will continue to campaign hard to get the best deal for the people of this city, against the backdrop of the government’s austerity programme.
**Salford in short**

**High praise for Salford’s new routes**

Two Salford cycle schemes have been recognised at the National Cycle Planning Awards. Port Salford Greenway, which will link people to thousands of new jobs at Britain’s first road, rail and water port was highly commended in the best cycle network infrastructure category.

Broughton Cycleway, which uses the latest ideas to separate cyclists and motor vehicles, was a finalist in the best innovation/use of new technology category.

**Ordsall pair build new careers**

Two Ordsall teenagers are building new careers in construction thanks to Build Ordsall.

Salford City College teamed up with Salford City Council, Forrest, Benchmark Building Supplies and LPC Living to give ten young Salfordians a week long insight into the construction industry. As a result Dalton Wilding (pictured) and Sam Thomond have started apprenticeships with Salford City College and Forrest and Heyrod.

**Make sure you’re registered to vote**

Voting gives you the chance to have your say on important issues that affect you. Elections can be called at short notice and if you’re not registered you won’t be able to vote.

Registering to vote could also help if you apply for credit, as agencies may check whether you’re on the electoral register.

It doesn’t take long to register. Do it online now at [www.gov.uk/registertovote](http://www.gov.uk/registertovote)

Pop in to the newly refurbished Deli Delicious at The Civic Centre in Swinton for a wide selection of homemade sandwiches, soups, hot meals and great coffee.
AskSARA for daily help

If day-to-day tasks like bathing or cooking are becoming a struggle AskSARA for help.

It’s a new, free service to help you stay independent at home. You complete a simple survey and get recommendations which may also suggest a further formal assessment.

AskSARA does not replace your entitlement to a professional care assessment under the Care Act 2014. See www.salford.gov.uk/asksara

There’s free internet access at Gateway centres, libraries and other community venues across Salford.

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Check before you travel this winter

Work to provide better rail connections will mean changes to train services this winter

The Ordsall Chord will link Manchester Victoria and Manchester Piccadilly stations for the first time. New, direct links to Manchester Airport will also be created.

Train services in and out of Manchester will be affected at different times, including weekends, until Sunday 11 December and from early Sunday 18 December until the last service on Monday 2 January.

Plan your journey in advance using www.nationalrail.co.uk or with your train operator.

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Be a good neighbour this winter

Please look out for neighbours who may need some help in bad winter weather

Check they’re warm and well or if they need any shopping to help keep them safe.

Salford City Council already has care plans in place and once again will team up with the police, fire service, Helping Hands minor repair service and Age UK Salford to help vulnerable residents in bad weather.

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Christmas and New Year

For full details please see www.salford.gov.uk

For emergencies over Christmas and the New Year please call Salford City Council’s out of hours team on 0161 794 8888. You can still use our services online at www.salford.gov.uk including checking your council tax and making payments.

There will be no changes to bin collection dates over the Christmas and New Year period this year.

For opening times of community centres, libraries and leisure centres please see www.salfordcommunityleisure.co.uk

Salix Homes

To contact Salix Homes 24 hours a day throughout the festive period please call 0800 218 2000, or email enquiries@salixhomes.org. You can report an issue or pay your rent through the website www.salixhomes.org

City West

To report an emergency repair or urgent housing issue please call 0300 123 5522

For non-urgent issues please see www.citywesthousingtrust.org.uk

NHS

For advice when your GP is closed please see your local pharmacist, call NHS 111 or see www.nhs.uk. Please only use accident and emergency for genuine emergencies.

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BREAK the debt cycle

Residents who want more control over their finances are being helped to break the cycle of high cost borrowing and get into the savings habit by Salford Credit Union.

The organisation aims to show people in Salford there is an easy, ethical and affordable way to start saving, get a loan and #BreakTheCycle of debt.

In the last 12 months, the credit union has helped save its members £1 million, gaining more than 2,000 members in the last four years. City Mayor Paul Dennett is strongly supporting the credit union.

Sheila Murtagh, chief executive of Salford Credit Union, says there are many more Salford residents the organisation could be helping.

She said: “Too many people in the city are turning to payday lenders, high cost credit cards and doorstep lenders to help get them through each month or when they need an essential purchase.

“We can help our members by offering a fairer deal on loans while also encouraging regular savings.

For more information see www.salfordcreditunion.com

Policing for the future

Greater Manchester Police wants your views on the shape of policing in the next four years

The consultation runs into 2017 to help develop the first citizens’ contract.

Chief Constable Ian Hopkins said: “We need everyone to play their part in keeping Greater Manchester safe. We are going out to discuss what people expect from GMP and also what we, the police, need from citizens of Greater Manchester. It is a significant undertaking and I hope everyone will get involved.”

Check out details on www.gmp.police.uk or get updates through Twitter @gmpolice or Facebook Grtmanchesterpolice
New challenge?

If you’re finding the empty nest too quiet now your children have left home why not think about fostering?

And before you say you’re never going back to nappies and sleepless nights, you don’t have to! There are dozens of older children in urgent need of caring homes and several different ways to be a foster carer.

You can choose from:
• Weekend or longer respite breaks particularly for children with disabilities
• Short term care for weeks or months to see a child through a family crisis
• Long-term care seeing a child who can’t stay with their birth family through to adulthood and beyond
• Caring for older children or teenagers
• Caring for groups of brothers and sisters who might otherwise have to be split up

Salford City Council needs to recruit 40 new foster carers every year to meet demand. We provide full training, financial and other support and chances to network with other foster carers.

Anyone who has space in their home, enjoys being with children and young people and has the time to make a difference can be considered.

Call 0161 799 1268 or email family.recruitment@salford.gov.uk

Golden note for MAPAS

Vans shoes, The Monkees and the Toyota Corolla all turn 50 this year, as does Salford Community Leisure’s Music and Performing Arts Service (MAPAS).

MAPAS, which is now run by Salford Community Leisure, started in 1966 to provide music, dance and drama tuition for Salford schools.

Over the last 50 years MAPAS has lent tens of thousands of instruments and worked with over five and a half million children. In the last 16 years, 16,000 children have performed on stage at The Lowry and 50,000 people have taken music exams through MAPAS.

Head of MAPAS, Richard Milton, said: “It’s fantastic that our service is celebrating 50 years. Music and dance is good for wellbeing and we look forward to continuing to contribute to the wellbeing of the residents of the city.”

Look out for a range of special events to celebrate.

Plus MAPAS want to hear your stories. So if you’ve learnt to play an instrument with MAPAS or been part of one of their performing groups in the last 50 years, then get in touch and share your experiences.

Share on Facebook www.facebook.com/SalfordMAPAS/ call 0161 778 0256 or email mapas@scll.co.uk
Welcome to our community pages
These pages are focused on events, activities and news from you and your local community.

Can you help?
Volunteers are needed to keep homeless people off the streets.

Manchester City Mission, which runs the Narrowgate night shelter, Salford, now supports people throughout the whole day, everyday. Their Quarterway project provides refreshments, art, crafts, English as a foreign language and help with employment and life skills including cookery, gardening and keeping a home clean and tidy. The project needs volunteers, particularly afternoons and Sundays and will provide full training and support. Please contact Barry Matley, on 0161 736 7959, email barry@manchestercitymission.org.uk or see www.manchestercitymission.org.uk

Salford is dementia friendly
Over 120 Salford businesses have joined a new app to make life easier for people with dementia and their carers. The Salford Way is the first of its kind in the country. It provides a guide to dementia friendly Salford shops, services and businesses and is available free on iOS (Apple) and Android platforms. More than 2,250 people in Salford live with dementia. The app was funded by Salford Clinical Commissioning Group and designed by Salford CVS. Any business or service can register for free with the app and have its own information page.

Contact: Lesmond Taylor tel 0161 787 7795 or email lesmond.taylor@salfordcvs.co.uk

Women welcome
Make new friends, learn about healthy cooking and living and enjoy trips out with the Women of the World (WOW) group. It’s also a great way to find out about local training, opportunities and services. The group meets every Friday at the Willow Tree Healthy Living Centre, Littleton Road, Salford from 12.30pm to 2.30pm.

For more information contact Emily Mmbololo on 0161 212 5700 or email emmbololo@corganisers.org.uk

Free help to lose weight
Choose to Change is a free, specialist weight management service for over 18s with sessions across Salford. You must have a body mass index (BMI) of over 35 and a chronic illness (eg diabetes) or a BMI of more than 40, be registered with a Salford GP and get a health professional to refer you.

Find out more on 01204 570999.

Messy church
Crafts and lunch are on offer at St. Aidan’s Church, Littleton Road, Lower Kersal at Messy Church.

It’s normally the second Saturday each month from 11am to 1pm. It’s free and you don’t need to be a church member. Children must be accompanied by an adult. Please check details before visiting.

www.salfordall saintssteamministry.org.uk

Crafty idea
New members are wanted for a friendly craft and chat club on Monday mornings 10am till 12 noon in Swinton. Please contact soozie112@hotmail.com or tel 0161 794 9272 for further details.

The information in these pages has been provided by members of the community. We try wherever possible to check its accuracy but please confirm details with the organisations involved.
Befriend your local moss

Cadishead and Little Woolden Moss is home to a wide range of special plants and animals. A new Friends group has been set up to support its restoration and ongoing maintenance.

The Friends of Cadishead and Little Woolden Moss meet on the first Tuesday of every month at 7pm for a varied programme of talks, walks and social events, volunteer opportunities and other activities.

Membership is £5 per year. To find out more please email FriendsCLWM@virginmedia.com or phone: 07969 541364, or see them on Facebook www.facebook.com/Friendsclwm/

Healthy heart?

Salford’s Healthy Heart clubs in Eccles, Irlam and Cadishead, Little Hulton and Weaste are a great way to make new friends and learn how to look after your heart.

They offer gentle tai chi exercise, which is suitable for people with arthritis or limited mobility, reiki healing, line dancing, stress management and relaxation sessions or the chance to sit, chat and drink coffee if you prefer. They also organise regular day trips.

There’s a small charge for sessions. Please call Serena on 0161 707 7402 for more information or email admin@salfordheartcare.co.uk or see www.salfordheartcare.co.uk

Cheer up Mondays!

Clifton Monday Club for senior citizens runs every Monday from 2pm to 4pm at Clifton Neighbourhood Centre, Manchester Road, Clifton M27 6PP. It’s all about entertainment and making new friends and they run coach trips and two parties every year. The annual fee is just £5, plus £1.50 per week which covers refreshments and a money raffle.

For more information please ring Jim Brown on 0161 794 0912 or just turn up for a warm welcome.

Extra buses are coming

Extra buses are to be added on the Leigh to Manchester busway to cope with demand.

Around 45,000 customers are now using the Vantage service every day – many more than anticipated. More than 940,000 people have used the bus since April last year meaning 460,000 fewer cars on our roads over a year.

Two new Vantage buses have already been put on to ease overcrowding and from January, First Manchester will timetable five new buses at a cost of £1.5 million.

Councillor Roger Jones from Salford City Council said: “It is unbelievable that the busway has been so successful in such a short space of time. I didn’t expect to see passenger levels so high for at least another couple of years.”
From wilderness to wonderland

Resident power has created a new beauty spot for Salford.

People living in and around Langland Drive, Barton have cleared weeds and rubbish, installed and painted fencing and planted flowers to transform land on the banks of the Manchester Ship Canal. They’ve also cleared Langland Green of overgrowth so local children can play.

The local group will now get £500 funding from Salford’s community committees fund to finish pathways on the site.

“...It was all overgrown leading to anti social behaviour. Councillor Michelle Barnes helped us get new bins to tackle dog fouling and got us permissions and equipment to help. Now we get fishermen coming down and it’s lovely.”

Local resident Carl Gordon

Great idea?

If your project could make your community healthier or stronger or give children a great start in life, you may be able to get funding.

Eight community committees across Salford are given funding to spend in their area by Salford City Council and there’s £250,000 to bid for across Salford. They have already funded projects from choirs to community festivals, gardening groups, and lunch clubs for older people – and are looking for more.

Find full details and how to apply at www.salford.gov.uk/communityfunds

Give us your views

We’ve looked at pharmacies across Salford and now we need your views.

Our draft Pharmaceutical Needs Assessment (PNA) looks at whether current provision meets Salford’s needs and identifies potential gaps in service.

It’s an important document because NHS England will use it in deciding whether to approve applications for new pharmacies. Salford City Council and Salford GPs, through Salford Clinical Commissioning Group (CCG) will also use it when commissioning services from pharmacies.

Please respond by 19 January 2017 to help shape the final document to be agreed and published in April 2017.

www.salford.gov.uk/pharmacyconsultation
How do we tackle poverty?

Major investment, new jobs, more businesses, improving school results...there’s a lot to be positive about in Salford but not everyone is sharing the benefits.

High levels of poverty and inequality still exist in parts of the city. Salford City Council and partners are determined to tackle it but we want your ideas.

Your comments, experiences and ideas on how to tackle poverty will feed into a new strategy and action plan to be approved next year.

The council and its partners are working with the Salford Poverty Truth Commission, bringing together local people with experience and public and business leaders to better understand poverty in Salford.

“Salford has seen significant public and private investment over the last ten years which has helped to create more new jobs and opportunities than ever before,” said City Mayor Paul Dennett.

“But it is clear that not all of Salford’s residents are sharing in the benefits of this growth. Significant levels of poverty and inequality continue to exist in many parts of the city and we must tackle this.”

Please complete the questionnaire at www.salford.gov.uk/tacklingpoverty or send your ideas and comments to Jonathon Stancombe, Principal Policy Officer, Salford City Council, Unity House, Swinton, M27 8AW or email jonathon.stancombe@salford.gov.uk by 16 December.

Flooding - be prepared

Information packs
Information packs are now available for residents in flood risk areas to help you prepare for flooding.

One key recommendation in the pack is creating a personal plan, with your own emergency contacts list, key documents, medication and toiletries to take with you if you are evacuated.

You can download a personal plan and find out more information at www.salford.gov.uk/floodpack

There’s also advice on what to do in other emergencies.

Flood basin
A £12 million second flood basin which is now complete will better protect 1,400 homes and 500 businesses in Lower Broughton and Lower Kersal. Along with the Littleton Road flood basin it stores flood water on the Castle Irwell fields and public open space.

Reporting back
Two reports have been published on the Boxing Day floods: the Greater Manchester Combined Authority’s statutory report and Salford City Council’s incident report, analysis and action plan.

Please see www.salford.gov.uk/floodsupport to read both reports.
Lights, camera, action!

A new £1.5 million film studio has opened near MediaCityUK.

The Foundry Film Studios, an 8,000 sq ft purpose-built venue on Ordsall Lane is designed specifically for the creation of TV and advertising content, photography shoots and events.

Another step forward for RHS

Plans to create the nation’s fifth Royal Horticultural Society garden in Salford will take another step forward this winter with the RHS applying for planning permission for the site.

In October 2015, the RHS announced its vision to establish a fifth national garden at the site of Worsley New Hall. This will become only the second RHS garden in the north of England. Covering 154 acres, the project will restore the historic gardens at Worsley New Hall, creating a world class garden and horticultural centre and a community resource for local people.

The RHS’s emerging plans are now available at www.rhs.org.uk/bridgewater

MediaCityUK will double in size

Plans have been given the go ahead for MediaCityUK to double in size with a £1 billion investment.

Up to 10 new office, housing and studio blocks will be built, bringing 1,400 new flats and hundreds more jobs and expanding MediaCityUK by 2.3 million square feet. Plans for phase two of the project include a new market and events building and square, a pedestrian shopping arcade with offices above, a small ‘pocket’ park, town houses, apartments, residents’ terraces and winter gardens, live and work units, a cycle hub and three multi-storey car parks.

MediaCityUK is already home to BBC, ITV and 250 businesses employing 7,000 people with dozens of apartments, hotels, restaurants, cafés and bars. The University of Salford, Salford City College and the University Technical College (UTC) also have bases there, training the next generation of media workers.

Salford City Mayor Paul Dennett welcomed the latest chapter in the 20-year plan to transform the former docklands and said: “This phase will focus on creating welcoming neighbourhoods where people can live and work, socialise and enjoy events. It’s a very exciting development for Salford.”
Salford regeneration moves forward

Over 800 new riverside homes are to be built in Salford in the latest stage of the city’s biggest ever development.

The five residential blocks between Trinity Way and the River Irwell will bring new life to an under-used part of the city and also include space for shops, cafes, bars, offices and entertainment.

Nearby, planning permission has also been granted for Two New Bailey Square - a 188,500 square foot state-of-the-art office development to add to the eight storey office development recently completed on site. Plans are also in for the second phase of the 24 acre Middlewood Locks development next to Salford Central railway station. Over 550 homes are currently being built there, along with canalside walks, cycle paths and nearly 30,000 square foot of commercial space bringing £700 million worth of investment to the city.

All the developments are part of the Salford Central masterplan, a 20 year regeneration scheme and one of the UK’s largest development projects. The scheme has the potential to create around 11,000 new jobs, nearly 200,000 square metres of commercial space, 24,000 square metres of retail and leisure space, hundreds of new homes and hotel rooms, new car parking and improved pedestrian and cycle routes.

Projects already completed include the £10 million transformation of the A6 corridor, the One New Bailey offices and the Vimto Gardens scheme which includes 97 apartments and town houses and four retail units.

Swinton invests in Salford

Swinton Group, the UK’s largest high street insurance broker, is moving back to its Salford roots.

The company has leased the whole of 101 Embankment, a prestigious office development in Greengate, for its headquarters and customer contact centre.

The move will bring Swinton Group’s head office and customer facing teams into the same location for the first time with more than 1,000 staff relocating from two buildings in Manchester city centre. The company was founded almost 60 years ago in Salford and now serves 1.6 million customers.

101 Embankment is built on the former Manchester Exchange railway station site and is one of four major residential and commercial schemes transforming the Greengate area. Over 3,500 new homes and 400,000 square feet of commercial space are now under construction or due to be built in the area which was once the heart of medieval Salford.
Winter in the city promises to be full of inspiring events and activities. Visit the what's on pages at www.visitsalford.info for more details on these and other great events and activities.

**Quays Culture present Lightwaves 2016**
Friday 9 to Sunday 18 December, Salford Quays/MediaCityUK, Free
Lightwaves returns to illuminate Salford Quays! See 10 exciting new artworks across The Quays from the Lowry Outlet plaza to MediaCityUK’s Piazza and in the River Irwell.
www.quaysculture.com/current-projects/lightwaves-2016/

**The Lowry**
www.thelowry.com/events/theatre-shows

**Horrible Christmas**
Wednesday 7 December to Sunday 8 January, tickets from £10 - £23
It's a celebration of Christmas in the most wonderful, wildly funny and moving way you'll ever see!

**Chitty Chitty Bang Bang**
Tuesday 6 December to Sunday 15 January, tickets from £14.50 - £45
The most fantastasmagorical musical lands in Salford this Christmas.

**City of Salford Carol Service**
Wednesday 14 December 7.30pm
Salford Cathedral, Chapel Street
Free but by ticket only
Sing traditional Christmas carols with the Greater Manchester Police band and enjoy performances from Salford schoolchildren and the BBC Philharmonic. Call 0161 909 6513, email carolservice@salford.gov.uk or book your tickets online at www.salford.gov.uk/carolservice

**Salford Arts Theatre has two new pantomimes this winter**
Tickets for both available from www.salfordartstheatre.com/whats-on

**Beauty and the Beast by Barton Theatre company**
Thursday 1 to Sunday 4 December
Tickets from £6

**The Snow Queen by Salford Theatre Company**
Friday 9 December to Saturday 7 January
Tickets from £6.50

**Ice rink and Victorian fairground rides at Manchester Cathedral gardens**
Open daily 11am to 9pm until Saturday 7 January (not Christmas Day and Boxing Day)
www.ticketsource.co.uk/therinkatcathedralgardens
Part of the famous Manchester Christmas markets which run until Tuesday 20 December (Wednesday 21 December in Albert Square)
www.manchester.gov.uk/christmasmarkets

**Salford Arts Theatre has two new pantomimes this winter**
Tickets for both available from www.salfordartstheatre.com/whats-on

**Chocolate, chocolate**

**Wednesday 30 November, 2pm to 4pm Worsley library, Worsley Rd, M28 2PB**
**Tickets £5**
Chocolate refreshments, chocolate themed raffle and a chocolate quiz – all to raise funds for the Ceremonial Mayor of Salford’s charity. Non chocolate lovers also welcome. Tickets available from michelle.lindsay@salford.gov.uk
**Free exhibitions**

**Salford Museum and Art Gallery**

**Ups and Downs**
Until Sunday 4 June 2017
Maria Carroll, who has Downs Syndrome, has collaborated with her brother on this inspiring and uplifting exhibition.

[www.salfordcommunityleisure.co.uk/culture/salford-museum-and-art-gallery/exhibitions](http://www.salfordcommunityleisure.co.uk/culture/salford-museum-and-art-gallery/exhibitions)

**The Lowry**

**Rambert Dance Company: Perpetual Movement**
Until Sunday 26 February 2017
Celebrating Rambert’s 90th anniversary, this exhibition showcases the relationship between contemporary dance and contemporary art through four international artists working in a range of mediums.


**The Red Brick Sessions**
- innovative orchestral concerts by the BBC Philharmonic

Thursdays 1 December, 26 January and 9 February, 7.30pm
Peel Hall, University of Salford
Free but donations welcome, payable on the door
The BBC Philharmonic will change the way you experience an orchestra. Bring your phones or tablets to read notes as you listen to the concert.
Apply for tickets at [www.bbc.co.uk/events/r6xnc8](http://www.bbc.co.uk/events/r6xnc8)

**Chamber Music Salford**
Mondays 28 November, 30 January, 27 February and 27 March, 5.45pm to 6.45pm
Peel Hall, University of Salford
Free but donations welcome, payable on the door
Escape rush hour. Experience top quality chamber music in an informal setting, performed by Bridgewater Philharmonic musicians and guest artists.
[www.salford.ac.uk/performances](http://www.salford.ac.uk/performances)

**Winter woodland volunteering**
Sunday 11 December, 10am to 3pm
Free, adults only
Meet at entrance to Bridgewater Park (next to Booths Hall canal bridge) Boothstown
Join the Bridgewater Canal team for woodland maintenance with a hot drink and mince pie. All tools and materials provided. Bring a packed lunch and wear suitable footwear and outdoor clothing.
[www.est1761.org/events/winter-woodland](http://www.est1761.org/events/winter-woodland)

To find out more about becoming a Bridgewater Volunteer contact Jill Tyson on 07872 808003 or email bridgewatercanal@salford.gov.uk

Keep an eye on [www.visitsalford.info](http://www.visitsalford.info) to see what’s coming. Sign up for the Visit Salford e-newsletter packed with top tips on events and activities going on in the city. [www.visitsalford.info/e-newsletter](http://www.visitsalford.info/e-newsletter)
Dr Tasker was previously the CCG’s clinical lead for mental health. He takes over from Dr Hamish Stedman who has retired.

Every GP in Salford is a member of Salford CCG, the organisation that plans how to spend the NHS budget on the majority of health services in Salford. This includes the care and treatment you receive in the community, mental health services, maternity services and in hospital.

Eccles GP Dr Tom Tasker is the new Chair of NHS Salford Clinical Commissioning Group (CCG)

Dr Tasker said:

"The NHS is going through a lot of change, especially with Greater Manchester devolution, so it is a real honour to have been appointed as Dr Hamish Stedman’s successor and lead Salford CCG through the next stage of our development. We have ambitious plans to reduce health inequalities and further improve the quality of our services and I am looking forward to working with the people of Salford and all our partners and healthcare providers to make this happen."

There’s only One You

Hundreds of Salford workers have learnt how small lifestyle changes can make a big difference to their health and wellbeing.

NHS Salford Clinical Commissioning Group, Salford City Council, Salford Community Leisure and Salford Royal NHS Foundation Trust staff enjoyed ‘One You Fest’ spending their lunchtimes trying out some different – and more unusual – wellbeing activities including lunchtime walks, tai chi, origami and book club.

One You is a nationwide campaign to help adults, especially those aged 40 to 60, avoid getting future diseases caused by modern day lifestyles. It starts with an online health quiz that assesses people’s current behaviours and shows them which areas they should look to change. Everyday habits and behaviours - such as unhealthy eating, drinking more alcohol than recommended, smoking and being inactive – are responsible for around 40% of all deaths in England, and cost the NHS more than £11 billion a year.

Dr Tom Tasker, Chair of Salford CCG, said: “The NHS and council are amongst the largest employers in Salford. We need to practice what we preach so One You Fest gave our staff time to try out new activities and see how you don’t need to join a gym to be healthy. There are many different ways to make small changes to our own lifestyles and a big difference to our health and wellbeing.”

See how you score at www.nhs.uk/oneyou
The BBC Philharmonic has recently launched an innovative new series, *The Red Brick Sessions*, at the University of Salford’s Peel Hall. Bring your mobiles and tablets along to access synced information and delve deeper into the orchestra courtesy of ground breaking new technology from BBC Research and Development. Tickets are free via a random draw and 50% go to Salford and central Manchester postcodes. Visit bbc.co.uk/philharmonic to find out more.

From the innovation of Peel Hall to the exhilaration of Manchester’s Bridgewater Hall – enjoy an exclusive ticket offer for *Lovers and Rogues* on Saturday 21 January. Sir Andrew Davis conducts the orchestra in a shimmering programme of music from Wagner and Elgar, including a nod to Morecambe and Wise with Grieg’s famous Piano Concerto. Whilst Morecambe and Wise’s near-legendary interpretation of the work has been causing laughter since 1971, tonight young pianist Javier Perianes will be delivering all the right notes and in the right order!

Contact The Bridgewater Hall and quote ‘SALFORD17’ when booking. £2 stalls tickets for 21 January are limited so please book early by phoning 0161 907 9000 or online www.bridgewater-hall.co.uk

Visit bbc.co.uk/philharmonic for more details and sign up to the monthly Quay Notes newsletter.

For more orchestra news find the BBC Philharmonic on Facebook, Twitter and Instagram.
Salford Royal Staff Awards and the winners are...

Nurses, doctors, support workers and volunteers were among those who took centre stage at Salford Royal’s annual Staff Awards.

The event invites staff to nominate colleagues for the awards, which include Nurse of the Year, Doctor of the Year and Team Contribution to Outstanding Care.

The nomination and voting process for the Patient’s Star category was opened up to members of the public and this year’s winner was Dr Clare Mason (pictured bottom right), Consultant, Colorectal Surgeon.

Dr Mason was nominated for being understanding, caring and respectful. She was praised for helping to ease patients’ worries and always taking the time to explain what was happening to patients and their relatives.

Sir David Dalton, Chief Executive at Salford Royal, said:

“There has been an increasing demand for our services over the past year and I am fully aware of the hard work that is put in by colleagues across the entire Trust to keep our hospital and community services running as smoothly as possible.

Tonight is a great opportunity to take a step back and look at the remarkable individuals and teams we have working at Salford Royal.”

To see a full list of winners, please visit www.srft.nhs.uk
Postcard power

An autistic woman’s postcards describing her feelings growing up with the condition have been used to create a training pack to help families and professionals understand autism.

Lee finds new start with Fresh Living

Salford apprentice Lee Burke has moved into his first ever home thanks to Fresh Living.

It’s a programme developed by City West Housing Trust that enables people from challenging backgrounds to work towards a fresh start in life with six-months training before starting an apprenticeship with firms building new homes in Salford. Each week, part of their wage is ‘banked’ to help them save towards moving into one of the homes.

Lee, 21, says Fresh Living has transformed his life and that of his girlfriend and two-year-old son Bobby-Lee. “We’re finally a proper family,” said Lee. “That’s what moving into the house means to me. I never thought it’d be possible to get a fresh start like this.”

Lee grew up in Langworthy and was expelled from school before two spells in young offenders’ institutes. “I was hanging around with the wrong crowd and getting into trouble. I was a bad lad and I didn’t have any qualifications,” he said.

He’s now in the second year of a bricklaying apprenticeship with Mulbury Homes, working on projects and studying at college.

“Fresh Living is the best decision I ever made,” Lee said. “I’ve gone from very limited options to having a career and now a home.”

For more information on Fresh Living visit www.citywesthousingtrust.co.uk or call 0300 123 5522
Many local businesses, new and old, have transformed the outside of their premises into areas where customers can sit out and enjoy refreshments and pleasant weather.

Salford City Council and Urban Vision want to encourage as many businesses as possible to take part in the 'cafe culture' across Salford and are looking to support and grant permission for local businesses under a formal highway licence agreement.

If you're a local business thinking ahead to spring and summer 2017 and want to set up a designated outside customer seating area, then it's easier than you think!

All you need to do is apply for a formal highway licence which will allow you to have chairs and tables on the public highway.

**Here's what's involved:**

**Step 1**
If your business wants to set up an outside customer seating area, you must complete and submit a highway licence application form. To receive an application form please contact 0161 909 6505.

**Step 2**
Our friendly team at Urban Vision will then assess your application to make sure you are eligible and discuss any further requirements.

**Step 3**
A 28 day public consultation will take place, which involves an advert in public view in the front window of your premises.

**Step 4**
Pay the highway licensing fee and set up or add to your Public Liability insurance.

Once all the above steps are complete, your business will then be presented with legal permission to set up your outside seating area and you and your customers can start to benefit. Remember – if you don’t have an approved highway licence any tables, chairs or ornamental barriers you put out could be classed as an obstruction and removed.
Don’t just listen to us... here is what some local businesses have to say.

Beppe Piccoli at Vero Moderno on Chapel Street says:

“ I am very happy and thankful I managed to get an outdoor tables and chairs licence. Besides providing customers with an extra seating area, this gave me greater visibility from the road which I am sure will have a good impact on my business. As an independent trader this is simply fantastic.

I received great service and support from Urban Vision and Salford City Council when completing my licence application. It was made so easy and I feel this is exactly what a local authority should be doing to help local businesses.”

Gordon Conway, at Malaga Drift Cafe in Eccles says:

“ After finding an appropriate spot in Eccles and avoiding the giants of my industry I still had a way to go in order to create my vision. I spoke with Urban Vision to understand what I needed to do to get my licence for outdoor seating and they talked me through the process and made it as easy and pain free as possible.

I now have the permissions I need for my outdoor seating area which offers a pleasant location near the train station where customers can sit for a brew or grab a coffee and run for a train. ”

Zafer Kesici at La Turka in Monton says:

“ Expanding the patio during a renovation was the best decision we made. People come to enjoy the weather and the views. We actually have a harder time seating guests in our lovely dining rooms as they all want to sit outside.

Patios aren’t just for summer. With heat lamps and cosy blankets, our restaurant benefits from additional seating at any time of the year.

Dining al fresco ‘seems to make everything taste better,’ say our customers.”

Dan Borza at Vintage Ambiance in Monton says:

“ We opened Vintage Ambiance in the heart of Monton village just over a year ago and are pleased to say we have been very well received and supported by the community.

As Monton seems to enjoy a fair bit of sunshine, local residents and pet owners stroll around the busy little high street and have asked us on many occasions to add an outdoor dining terrace for their enjoyment.

We liaised with Urban Vision and found the process very simple and fair. Salford Council aims to support and encourage local businesses while ensuring it is all done safely within the appropriate regulations.”

Contact us

If your business is interested in setting up an outside seating area on the public highway, then please call 0161 909 6505 or email john.horrocks@urbanvision.org.uk
Nine million investment unveiled

Salford City College has invested £9 million into developing its centres and digital resources.

All five college centres including Pendleton Sixth Form Centre, City Skills Centre, Eccles Centre, Walkden Centre and FutureSkills @ MediaCityUK have opened a brand new, technology enabled Digital Learning Zone.

These vibrant, modern, flexible and fluid open plan spaces host an array of engaging sessions whether one to one, small groups, workshops or general lessons. The Digital Learning Zones also provide students with a Microsoft Office365 account, access to books, journals and newspapers, and a relaxed space where they can spend their time either in between lessons, after college or on Wednesday afternoons when all students are off-timetable.

Ric Kelly from Chess ICT said, “At Salford City College it is clear that students are at the heart of all they do. We are proud of our partnership with Salford City College and the part we’ve played in deploying cutting edge IT infrastructure, resources and facilities. They are amongst the best in the country and are testament to the college’s mission to improve and provide learning experiences of outstanding quality.”

The £9 million major refurbishments have also seen new state-of-the-art gyms, new style cafes, games rooms and refurbished classrooms with new furniture and carpets. An extension to the Animal Centre has new species of animals, animal care rooms and developments to the outdoor spaces. The college’s Walkden Centre will also boast a brand new hair and beauty salon including a nail bar.

This is a continuation of the success of Salford City College which earlier this year did the ‘treble’ and was officially named as the top performing general further education college in Greater Manchester in all three learner categories: school leavers, adults and apprenticeships.

Peter Smith, Director of Innova Design Solutions which co-designed the series of cutting-edge ICT facilities alongside Expressive Interiors and completed their manufacture and installation, said, “Salford City College had a bold vision in mind and wanted to upgrade ICT facilities while providing for an increasing roll call of students. Following the transformation, classrooms are bright, spacious, uncluttered and configured to improve concentration meaning they are among the best of their kind in the country. They will serve the College now and long into the future. We look forward to seeing the facilities making a genuine difference to teachers and students.”

Visit www.salfordcc.ac.uk for more details.
What are Salford’s community safety priorities?

Salford has set community safety priorities for the next three years

The Community Safety Strategy 2016 to 2019 will build on the 21% reduction in overall crime over the past five years, work to build safer, stronger, more resilient communities in Salford and reduce the fear of crime.

Tackling antisocial behaviour, protecting vulnerable people and reducing reoffending will also be top of the agenda.

Councillor David Lancaster, lead member for environment and community safety said: “We have worked hard to deliver results and in the past year police have made 150 arrests for serious and organised crime offences as part of Project Gulf.

“We have used our powers to target fly tippers and have prosecuted 28 people.

“Lots of hard work has taken place but we are now looking forward to prepare for the challenges ahead. We will continue to make Salford a pleasant and safe place to live; work and visit.

“People can do their bit by reporting crime and antisocial behaviour and by taking responsibility for their own personal safety and others. By all working together we can drive down crime.”

To find out more about community safety visit www.salford.gov.uk/csp

Does it sit right with you?

A yellow sofa is helping Salford residents get comfortable talking about domestic abuse

The ‘Sitting Right With You’ campaign wants to get people thinking differently about what domestic abuse is. It also wants people experiencing abuse to take a first step and ask for help.

One in three women and one in six men experience some form of domestic abuse, which isn’t only physical violence. Controlling what someone wears, their money, where they go or who they talk to is just as damaging and is abuse.

The campaign messages including ‘he checks my phone all the time,’ ‘she has control over my bank accounts’, and ‘I can go out with friends when he says it’s ok,’ encourage people to think differently about what makes a healthy relationship.

Is it ok that someone’s partner constantly belittles them, isolates them from family and friends, or threatens to take their children away?

Visit www.sittingrightwithyou.co.uk to find out more.

If you or someone you care about has been affected by domestic abuse, contact the Greater Manchester domestic abuse helpline on 0161 636 7525.
Rapid HIV tests

Two new, confidential rapid HIV testing clinics have been launched in Salford

The drop-in clinics are to encourage more people to be tested and offer advice on sexual health, free condoms and mental health support.

One is at Langworthy Cornerstone each Tuesday from 12 noon to 5pm specifically for gay, bi and men who have sex with men.

The second is in the Wellbeing suite, Floor 3 of the Mary Seacole Building at the University of Salford every Thursday between 12 noon and 5pm.

It’s all thanks to a partnership between The LGBT Foundation, BHA - For Equality, Langworthy Cornerstone and the University of Salford.

Are you brrr-ready for winter?

From money off your electricity bill to a new boiler or draught proofing there are lots of ways to stay warm and safe this winter.

The Warm Salford Campaign has details of grants and services to help you replace or improve your heating and basic home insulation. You can also refer family members to the scheme if you think they would benefit.

Check it out at www.salford.gov.uk/warmsalford or call Salford City Council on 0161 793 2264 or the Helping Hands minor repairs service on 0161 793 9419.

Don’t forget – gas appliances should be checked every year by a Gas Safe registered engineer. Find a Gas Safe engineer by calling 0800 4085500.

Top tips for staying warm

Wear warm clothing even indoors. Several thin layers work better than thick layers and a hat will stop a lot of heat loss. Put your feet up for extra warmth too.

Draw your curtains at dusk and close your doors to stop draughts and keep heat in.

Keep warm by eating regular hot meals including carbohydrates such as oats, potatoes, pasta, rice or bread.
Here at The AJ Bell Stadium we can’t resist spreading Christmas cheer early as we’re so excited about our plans. Our packages start from £39.95pp inc VAT and all include:

- A delicious three course festive menu in a lively festive setting
- Live entertainment throughout the night
- And a DJ and disco until 1am

To book today, call our Christmas team on 0161 786 1580 or email ajbellstadiumevents@azure.uk.com quoting LIFE.

HINT, HINT: Don’t forget to ask how to become a VIP guest at one of the biggest parties this year.

Do you have a great business idea?

‘Don’t Keep It Under Your Hat’, City West Housing Trust’s business start-up programme, has already helped local people in Salford to launch over 40 enterprises, including after-school clubs, shops and online businesses.

The programme also offers the opportunity for entrepreneurs to pitch for a grant of up to £500 to set them on the path to their dream business. One-to-one advice then helps to turn their ideas into a viable business or social enterprise.

One Salford entrepreneur has taken the first steps to launch a specialist recruitment agency.

“After working in the hospitality industry, I spotted a gap in the market that could be developed into a recruitment business,” said Corina, a mum of one who lives in Eccles.

“All I needed was start-up advice to get my business off the ground. I’d tried seeking guidance from other advisors, but after finding Don’t Keep It Under Your Hat online, I found their approach was more personalised and effective.”

To take part in the programme, you must live or set up your business in Salford, have a sustainable enterprise idea and complete the start-up programme.

Interested? Find out more at www.citywesthousingtrust.org.uk or call 0300 123 5522.

Support for budding entrepreneurs

Jinglefest at the AJ Bell Stadium

Party for £1 at AJ Bell Stadium!

Celebrate in style!

If you have a milestone birthday, an engagement or other special occasion to celebrate, book a party in one of our hospitality suites overlooking the pitch for memories that will last a lifetime.

All for just £1 per room hire*. Terms and conditions apply.

Offer expires: 30th November

To book call 0161 786 1580 or email ajbellstadiumevents@azure.uk.com
We’ve listened
Salix Homes has introduced a new way of providing services

Dedicated teams in its communities, knowledgeable staff dealing with queries without having to speak to different people, a community grant scheme and a new integrated Environmental Services team – all form the housing provider’s new approach.
Salix Homes has listened to its customers as to what they want from their housing service.
Loud and clear, they have said that one of the most important things is to see teams out and about in the areas they live in.
Everyone deserves to be proud of where they live and love their neighbourhood and Salix Homes is doing everything it can to make sure its customers love theirs.

Customers can now look forward to:

**Dedicated neighbourhood teams**
A new dedicated team who are passionate and knowledgeable about the area you live. The teams are:
- Ordsall and Langworthy
- Charlestown, Duchy and Kersal
- Broughton
- Weaste and Seedley

**A new Community Grant scheme**
A new scheme where you can bid for grant funding to develop ideas that will benefit your community.

**A new team looking after the environment**
A new environment team to keep Salix Homes’ blocks, grounds and areas around its homes to a standard our customers expect and better respond to flytipping and graffiti.

**Getting it right first time**
Making sure that when customers make contact, the query is dealt with there and then. Trained and knowledgeable teams will do their best to resolve issues at first point of contact.

**Neighbourhood surgeries**
Each of the housing provider’s neighbourhood teams are holding regular drop-in surgeries and estate walkabouts in their areas. Visit [www.salixhomes.org/your-neighbourhood](http://www.salixhomes.org/your-neighbourhood) to find out when or ‘like’ us or ‘follow’ us on Facebook and Twitter for updates.
Despite these significant changes, we urge our customers to get involved in helping us develop the services we deliver.

We’re looking for volunteers with a few hours spare to ensure that the way we continue to develop these, and other services, are the best they can be and are delivered in a way that suits our customers.
We value your input and if you want to get involved, visit [www.salixhomes.org/getinvolved](http://www.salixhomes.org/getinvolved) - or drop us a message on Facebook or Twitter.
A quicker, easier and better way to contact us

We’ve been making some great new developments to our website www.salford.gov.uk to help you do things quickly and easily online, wherever you are.

More people visit our website using a phone or tablet, instead of a desktop computer, so the council’s website is designed especially for mobile devices. This makes it easier for you to contact us while you’re out and about to report things like pot holes, overgrown shrubs, empty properties or street lights not working.

It’s also much quicker for you to use the website to check which bin to put out on which day, school holiday dates or your council tax balance. You can also pay your council tax online or set up a direct debit. Use our new simple online forms to apply for housing benefit, council tax discounts and free school meals, and tell us about changes to your circumstances that may affect your benefits. It’s quick and easy and there’s no need to spend lots of time on the phone. If you get stuck or have any questions you can use ‘web chat’ and somebody can help you there and then.

Register for a Salford customer account and it will be even easier to manage things like your council tax and benefits, and you won’t need to enter all your details if you’re reporting things to us.

We’re working on more developments to make our website even better. Our first ever ‘book and pay’ system is coming soon where you’ll be able to make an appointment for our pest control service and pay online.

If you have any ideas about other things you would find useful, we’d love to hear from you. Tell us by using the comments box at the bottom of each page, or email shapingourcity@salford.gov.uk

Getting online

Free Wi-Fi is now available in many public buildings in Salford. Visit www.salford.gov.uk/freebee to find locations near you.

If you don’t use the internet, but would like to get started, we are running free beginners courses in libraries across Salford in January.

- **Broughton Hub**
  - Monday 16 January 12 noon to 2pm
- **Walkden Gateway**
  - Monday 16 January 10am to 12 noon
- **Little Hulton library**
  - Tuesday 17 January 12.30pm to 2.30pm
- **Eccles Gateway**
  - Tuesday 17 January 10am to 12 noon
- **Swinton Gateway**
  - Tuesday 17 January 1pm to 3pm
- **Irlam library**
  - Wednesday 18 January 1pm to 3pm
- **Pendleton Gateway**
  - Thursday 19 January 1pm to 3pm

Visit your nearest Gateway or library to book now or call 07980 856452.

You’ll find public computers in all our Gateway centres and if you need a bit of help with something, staff can show you what to do so you can do it yourself next time.
Before we started to develop Salford City Council’s budget proposals for next year we wanted to know about your priorities. In September we asked residents, people who work in Salford and business owners ‘what matters to you?’

Nearly 600 of you took part, some in a video interview with VoiceBox at one of the events across the city or by completing an online survey, filling in a postcard or posting a social media comment. We had thousands of comments from people of all ages and from every part of the city.

We asked you to tell us:

• What do you love about Salford?
• What facilities/services do you value?
• What can you do to help make your community better?
• What are the things that get in the way of making Salford better?

The things you said you value are the environment, green spaces and how streets look. You also value a strong sense of community and recommended volunteering as a good way to contribute to the community and get involved in local activities and events.

Community safety was also a theme. You want antisocial behaviour, litter and fly tipping dealt with.

You want improved transport links and you’re concerned about reductions in public services and the impact on communities.

You can find a summary of what you said and how it shaped our budget proposals on our website at www.salford.gov.uk/shaping
What matters to you?

These images show the top things that matter most to you. To see our video and full report visit www.salford.gov.uk/shaping

What services do you value?

Heritage  Schools  Transport  Social care  Housing  Affordable housing  Leisure  Libraries  Health services  Childcare facilities  Street cleaning  Parks  Community events  Green spaces  Bin collections  Early years  Culture  Culture  Leisure

What are the things that get in the way of making Salford better?

Transport  Council policy  Flytipping  Funding cuts  Crime and ASB  Affordable housing  Jobs  Homelessness  Poor education  Maintaining green spaces  Community cohesion  Poverty  Problem people  Litter  Not being listened to  Demands on healthcare

What happens next?

The next stage of our budget conversation starts on 16 December. You can take part in Talk Budget and give your comments on the budget proposals developed at www.salford.gov.uk/talkbudget

We very much welcome your comments which you can provide online until 13 January 2017. Don’t forget, all our libraries and Gateway centres and many community venues have free wi-fi and staff will help you get online if you’re not sure.
Training suite tribute to heroic WW1 nurses

Heroic Salford nurses who served during World War One have given their names to the University of Salford’s new health training facility.

The high tech clinical simulation suites, which enable nursing, midwifery and counselling students to learn their skills in as realistic a setting as possible, have been named after Edith Cavell and Sister Minnie Wood – both of whom had links with Salford. Edith Cavell worshipped at Salford’s Sacred Trinity Church during the 1900s while working for the Queen’s Nursing Institute. She was arrested by German forces for sheltering British soldiers and funnelling them out of occupied Belgium into the neutral Netherlands. She was executed in 1915.

Sister Wood, who trained in Salford, ran a field hospital next to the front lines in France and Belgium throughout the war and worked in Germany following the Armistice. She was mentioned in dispatches when her hospital was shelled. One passage read “this lady never lost her nerve for a moment and during the whole of the trying day carried out her duties with the greatest steadiness and coolness.” Her efforts won her the Royal Red Cross for gallantry in the field and an OBE in June 1919.

Drivers sign up to keep children safe

Hundreds of Hackney cab and private hire drivers in Salford have completed specialist training to help keep children and young people safe from sexual exploitation.

Councillor David Lancaster, lead member for environment and community safety, said: “Keeping children and young people safe and bringing to justice those who prey on them is a top priority for us and the whole of Greater Manchester,” he said. “Both Hackney cab drivers and private hire drivers can play a valuable role in spotting things that just don’t seem right.”

The plan is to train all taxi and private hire drivers licensed by Salford City Council.

For details and training places please email licensing@salford.gov.uk or call 0161 925 1080

Floats their boat

Nine Salford men from canal-side communities have floated their dream on the Bridgewater Canal in Salford. The men spent 700 hours building The Volunteer, a 20ft long boat inspired by ones used in the Duke of Bridgewater’s mines using wood from the canal side and traditional craft techniques. They were supported by Start Creative.

The project is part of Est.1761, a programme of activities for local communities as the canal undergoes a £5.5 million restoration thanks to £3.6 million funding from the Heritage Lottery Fund and contributions from Salford City Council and The Peel Group.
Have you still not had your flu jab?

If you’re 65 or over or you have a long-term health condition, flu can be serious.

That’s why you’re eligible for a free flu jab.

Don’t put it off. Get your flu jab straight away.

nhs.uk/staywell

Moira Ogunsakin, Lead Practice Nurse, Eccles Gateway
WE BUY BIGGER  
SO YOU BUY BETTER

When life starts to get difficult...

Stay in the home you love, 
with a stairlift from Ableworld

Our aim at Ableworld is to provide caring solutions for our customers, enabling them to enjoy greater independence and more comfortable and active lives. We do this by providing quality products and services at value for money prices.

Ableworld are very proud of our highly skilled stairlift division. Our local 'in house' stairlift engineers provide a service second to none. We have new and reconditioned stairlifts, and a range of rental stairlifts. This is ideal for customers who do not need the lift for a long period of time.

Our engineer will first do a FREE survey and assessment, to agree which stairlift best suits your needs, and he will quote you a price. You are under no pressure or obligation to buy. If you decide to go ahead, our engineer will fit the lift at a convenient time and date, usually within a half day.

* Ableworld only send trained engineers to undertake visits – no sales teams.
* New stairlifts come with 3 years parts warranty and 1 year's labour as standard. Additional packages are available.
* Ableworld have a 24/7 help line which is manned locally by trained stairlift engineers.
* All staff are CRB / DBS checked.

...the answer is Ableworld. 
The UK's leading mobility retailer.

Your one stop shop, for all your needs

Engineers available for stairlift call-outs, scooter & wheelchair repairs
Bedroom & Lounge Furniture : Wheelchairs : Continence Care : Tables
Slippers & Shoes : Mobility Scooters : Dining Aids : Medication Aids
Lighting & Magnifying Aids : Walking Sticks : Bathroom & Kitchen Accessories

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Tel: (01942) 233200
info@ableworldwigan.co.uk
Adjacent to Atrinch
Pet Healthcare Centre

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9 Eccleston St, St Helens, WA10 2PG
Tel: (01744) 453038
info@ableworldhelens.co.uk
2 mins from ASDA

WAVERTREE  ABLEWORLD
140 Rathbone Rd, Liverpool, L15 4HH
Tel: (0151) 733 1118
info@ableworldwavertree.co.uk
Near Wavertree Railway Station

SALFORD  ABLEWORLD
Burrows House, Priestley Rd, Wardley Ind. Est, Manchester, M28 2LV
Tel: (0161) 728 1880
info@ableworldsalford.co.uk
200 yards from BOC Gas

Further details on all our stores can be found on: www.ableworld.co.uk