Welcome to LIFE IN Salford. In this issue we’re showcasing local information, activities, news and advice from across the whole of Salford, including a special section with news and activities from the local community.

We hope you enjoy reading LIFE IN Salford and we’d love to hear what you think about the magazine or any ideas you have for future content. Email lettersinlife@salford.gov.uk.

Cover image:
The Chan family take part in #OneYouSalford, a new health and fitness campaign.

ON THE COVER
06 Poverty strategy
12 We are 50
25 Salix £38 million boost

IN THIS ISSUE
13 Salford Shapers
17 Health for the future
18 Making Salford safer
19 GP or A&E?
20 New homes at the Willows
21 And the winner is...
22 Call a cab - safely
23 Scratch alcohol
24 Home help
28 Social enterprise

LIFE is managed by an editorial board made up of members of the partners, and is administered and designed by Salford City Council’s Communications Team. This edition will be distributed week commencing 13 March 2017. Printing: APS Group. Distributed to more than 116,000 households by Royal Mail and other agencies. Contact: Salford Civic Centre, Swinton, Salford, M27 5FJ.

Any leaflets or flyers inserted in or distributed with this magazine do not appear with the partners (listed below) endorsement or agreement and we discourage our distributors from putting material inside your copy of LIFE IN Salford.

An electronic copy is available on www.salford.gov.uk/life

All enquiries including large print versions of this magazine - email lettersinlife@salford.gov.uk

This magazine is funded and produced by:
I announced £3 million of spending to tackle poverty at the annual Salford City Council budget setting meeting.

The funding boost came a week after I unveiled a new anti-poverty strategy for Salford, titled No One Left Behind (see page 6). It revealed that over a quarter of our children live in poverty, while some parents are budgeting as little as £1.50 a day for food. On the Index of Multiple Deprivation, we rank as the 22nd most deprived local authority out of 326 in England.

**Tackling poverty**

In local government we are struggling through hard times. We are entering our seventh year of budget cuts and the decisions we take now are getting tougher and tougher. It’s times like these that a local authority really reveals its priorities. That’s why I made an extra £3 million of support available as part of my anti-poverty campaign. The anti-poverty funds prove our commitment to supporting the most vulnerable of our city’s residents, and our determination to create a better and fairer Salford for everyone. I’d like to thank all the people and the trade unions which helped to shape our priorities by taking part in the budget consultation process. We had more than 800 replies – more than ever before.

Funding increases will see:

- More than £2 million in the capital programme to build new low-cost, affordable homes for rent. We need more than 750 homes built each year to cope with growing demand.
- £170,000 for the Salford Credit Union to help provide more affordable credit from a responsible lender as an alternative to loan sharks and payday lenders.
- A £300,000 boost to the Salford Discretionary Support Scheme will help vulnerable people on low incomes. The scheme provides short term support for people who are in a crisis situation and unable to meet their own basic needs and those of their families.
- £70,000 for the welfare rights and debt advice service to provide independent advice for local people.
- £10,000 to Salford Women’s Aid to help those fleeing domestic abuse and domestic violence with nowhere to live.
- £33,000 of extra cash to help keep homes warm for the most vulnerable.

And as a result of feedback from the community, and trade union consultation, as part of the budget setting process, £240,000 will be provided to support youth services and an extra £300,000 to keep the streets clean.

**The budget situation**

Despite these investments, the council still had to make £15.8 million of cuts in 2017/2018 to make the books balance. We have lost more than £186 million since 2010 - equivalent to almost £64,000 a day.

The government has slashed central funding to the council which has caused a collapse in vital services. This leaves local people to pay more in council tax to cover the costs. We made a visit to Marcus Jones MP, Minister for Local Government, to put our case forward for fair funding to local authorities.

Our anti-poverty investments are really a drop in the ocean when you consider the plight of people in poverty. But we will continue to fight as hard as we can to protect you from the worst impact of austerity.
Boothstown’s Victorian village hall is to get a £59,000 facelift because of housing development at Vicars Hall Lane.

Developers Great Places Housing Group agreed to pay for improved community facilities under a Section 106 agreement where developers contribute funds or work in kind to support new developments.

Salford City Council will use the money to help Boothstown Village Hall Association repair and redecorate the hall which was built in 1874.

In just three months last year Salford City Council secured £2.9 million in Section 106 payments from developers and has agreements for a potential further £7.2 million.

Chief Superintendent Wayne Miller is the new man in charge of police teams in Salford.

Wayne joined Greater Manchester Police in 1989 as a Special Constable while working full time for the Inland Revenue.

Two years later he became a regular officer and has worked across Greater Manchester in uniform, plain clothes and criminal investigation.

Wayne worked in Salford during the riots of 2011 and the Irlam gas explosion.
Car club expands

More cars have been added to Salford’s low cost car club which provides pay as you go car hire for residents.

Co-wheels now has five cars in central Salford for hire 24/7 as well as a fleet of cars at Swinton Civic Centre which are available at the weekends and in the evenings. More will be added over the next year.

Joining Co-wheels is simple and members also have access to the club’s entire network of cars in over 60 locations across the UK. The cars are smart-card controlled so there’s no need to pick up keys from a central location.

For more information visit www.co-wheels.org.uk/salford

Go online

Learn how to browse the internet, save money, send emails and stay safe online with our free, basic computer courses.

Broughton Hub
Mon 24 April 12 noon to 2.30pm

Walkden Gateway
Tues 25 April 9.30am to 11.30am

Pendleton Gateway
Tues 25 April 10am to 12 noon

Little Hulton library
Tues 25 April 2.30pm to 4.30pm

Cadishead library
Weds 26 April 12.30pm to 2.30pm

Swinton Gateway
Thurs 27 April 1 pm to 3 pm

Eccles Gateway
Fri 28 April 1pm to 3pm

Looking for a new job?

If you or somebody you know is looking for a new job, go to www.greater.jobs

It’s the new website for all vacancies at the ten Greater Manchester councils, police, the fire and rescue service and Transport for Greater Manchester (TfGM).

There’s a huge range of positions, from apprenticeships and admin roles, to jobs in schools, social care, catering, cleaning, finance and HR and you can apply online.

Is this you?

Salford City Council is looking for two independent members to join its Audit and Accounts Committee. The role involves supporting councillors with risk management, governance, financial controls, annual accounts and the work of internal and external audit. Relevant knowledge and experience required. More details from decisionmakingandscrutiny@salford.gov.uk.

The closing date for applications is 31 March 2017.
Nearly a quarter of all children in Salford are living in poverty compared to the rest of the country.

NO ONE LEFT BEHIND

In February, City Mayor Paul Dennett launched new plans to tackle poverty in Salford.

The strategy is not owned by any one organisation in the city, but everyone who has a role to play in tackling poverty.

Commitments include improving access to welfare rights and debt advice, steps to prevent homelessness and expanding the building of affordable housing. As an immediate step, the City Mayor announced a new closer working relationship between the council and Salford Credit Union to expand activities to provide affordable credit and reduce dependency on pay day lenders and loan sharks. This announcement provided cash investment for the credit union.

City Mayor Paul Dennett said: “Salford is growing, with significant public and private investment. We need to share the benefits of prosperity with all residents, connecting people of all backgrounds to new jobs and opportunities being created in the city.

“Listening to stories from local people in poverty has been heartbreaking and shows why we need to take action now. We have made immediate commitments and are coming together with others to create a taskforce for the city.”

Dr Lisa Scullion, Associate Director at the University of Salford said: “We are proud to be involved in the City Mayor’s new taskforce with our researchers providing an in-depth understanding of the issues involved. We will build up a detailed picture of what life is like for those affected and what problems they face on a daily basis.”

See the report at www.salford.gov.uk/city-mayor

“Tackling poverty will not be quick or easy, and we are clear that this strategy is just the start of the conversation rather than the end”
Salford has a new ambassador – but we haven’t declared independence.

Charlotte Harrison, Salford’s first Graduate Ambassador, has volunteered to encourage and support young people to follow her lead and head for university.

The Dick Camplin Education Trust provided Charlotte and four other Salford students with scholarships and mentoring at university and will support Charlotte as she works with local high schools and Salford’s Youth Council.

Charlotte, 22, from Swinton graduated with First Class honours in Mathematics and Theology from Exeter University, and now works as operations manager for an international proofreading company.

“I really enjoyed studying and all the opportunities at university. I made many friends and I know that my time at university prepared me well for the world of work,” said Charlotte.

Councillor Lisa Stone, lead member for children’s and young people’s services added: “Charlotte took full advantage of the support offered by the Dick Camplin Education Trust while at university. We wanted to create a legacy from their support for Salford students and Charlotte was willing to step up to help other students achieve their goals too.”

Need financial help?

All advice below is free and confidential. Free internet access is available at Salford libraries and Gateway centres to look at the websites provided. Housing associations also offer help to tenants.

For a full list of where to get help and advice please see: www.salfordadvice.org.uk/partners

Benefit and debt advice:
Salford City Council’s Welfare Rights advice line 0800 345 7375 Monday to Friday between 10am and 12 noon
Salford City Council’s Debt advice line 0800 345 7323 Mondays and Wednesdays 1pm to 4pm
www.salford.gov.uk/welfarerights

Salford Citizen’s Advice: For advice on benefits, debt, housing, employment, immigration, health and social care 0300 330 1153

For help with paying your rent:
www.salford.gov.uk/benefits/discretionary-housing-payments

Money advice, fair loans and savings:
Salford Credit Union 0161 686 5880 www.salfordcreditunion.com

Heating:
To save money on heating see www.salford.gov.uk/warmsalford or call 0161 793 2264

Homelessness:
For urgent housing advice call Shelter 0808 800 4444 or email housing.advicecentre@salford.gov.uk
If you are homeless please go to 7 Wesley Street, Swinton, M27 6AD; in emergency outside office hours call 0161 794 8888

For help in a crisis:
If you cannot pay for food or heating or you are setting up home from care, prison or fleeing domestic abuse, please see www.salford.gov.uk/applysdss
Welcome to our community pages
These pages are focused on events, activities and news from you and your local community.

Delve into the past
Eccles and District History Society is looking for new members.
The society promotes local history through regular meetings, lectures and publications alongside social events.
It meets on the second Wednesday of the month at 7.30pm at Alexandra House, Liverpool Road, Eccles.
Annual membership is £16 or £3 per meeting.
For more information please see www.edhs.btck.co.uk or email: eccleshistory@yahoo.co.uk

Join the team
Greater Manchester Fire and Rescue Service is running Prince’s Trust courses to help 16 to 26 year olds find work.
This free, full time 12 week course leads to qualifications and includes a free bus pass. It includes a community project team challenge, residential and work placement as well as training with firefighters.
For more information call 07581 336 187 or email futureheroes@manchesterfire.gov.uk.

Way forward
Salford Disability Forum is promoting TfGM’s new Bus Haller to help blind or partially sighted people use the bus services.
Available at any travel shop in Greater Manchester, this free product helps people with limited vision to stop the correct bus. The Forum would also like people with disabilities to review places they visit on Euan’s Guide. See www.euansguide.com for details.
For more information visit www.salforddisabilityforum.com or their Signpost sessions on Tuesdays at Broughton Hub, Rigby Street, from 11am to 1pm.

Looking to get fit?
We Run Salford, a free, beginners women’s running club in Langworthy is looking for new recruits.
It meets every Thursday at 7.30pm outside the Lifecentre, Langworthy Road, M6 6PX.
Or check out two beginners, women only Fit Girls exercise classes at the Cornerstone, Liverpool Road. The Tuesday morning class at 10.30am is free; the Tuesday evening class at 7.30pm costs £2.50 per session.
For more information see fitgirls@salford

Samba anyone?
Bloco Mundo samba carnival group meets every Thursday at 6pm at the Emmanuel Centre, 174 Langworthy Road Salford, M6 6PN.
Sessions cost £2.50 and no experience is needed. Supervised children (aged nine plus) are welcome.
blocomundo
email BlocoMundoDrummers@gmail.com
text 07951 928 164.
Jam packed programme

Salford Angels Women’s Institute has a jam packed programme.

On the menu — along with tea and cake — is wine and gin making, drumming, talks, a picnic, a 70s themed party night, crafts, dance, local history, environment and science, gardening, choir and visits to Edinburgh and Stonehenge.

The group meets on the third Thursday of the month, 6.30pm for 7pm, at The Beacon Centre, London Street, M6 6QT.

Contact Suzanne on 07581471530 or see www.salfordangelswi.co.uk

Mental health drop in

Eccles mental health support group meets every Monday, Wednesday and Friday from 10am to 1pm at Salford Link Project, Bright Rd, Chadwick Road. Eccles for arts, crafts, pool, table football, wellbeing and refreshments. Admission is £1 a day.

The group is run by volunteers from the Cromwell House Users Group (C.H.U.G) and supported by Salford City Council and Start in Salford.

Contact Steve Cullen on 07941400870.

Walk and talk

If you or someone you know is affected by cancer, Salford Let’s Walk and Talk cancer walking group would like to meet you.

The group meets every month on a Wednesday in the daytime.

Call Salford Macmillan information centre on 0161 206 1455 for more information or email janet.atherton@srft.nhs.uk

Can you help?

The Royal Mencap Society’s Gateway club needs extra volunteers every Friday from 6.30pm to 9.30pm at Byron Hall, Byron Street, Eccles for arts and crafts, games, bingo and outings.

Please contact Colin Morse on c.morse682@btinternet.com or call 0161 7895241.

Business kindness

Two Salford firms have helped feed local people.

Glendale Foods from Pendleton donated 14,000 wraps after hearing from Salford City Council that local foodbanks were in desperate need.

Bidvest Foodservice, Pendleton donated bread to St Thomas Church’s food kitchen for homeless people. Staff at the depot have pledged to continue support.
One of Salford’s oldest streets is being given a bright new future by regeneration.

Heritage buildings, including the original Salford Town Hall and magistrates court in Bexley Square and the former Salford Royal Hospital have been turned into fabulous new living space while new homes, restaurants, cafes and businesses are springing up alongside them.

Art

Salford artist LS Lowry often sketched Chapel Street and would love the artistic community that has sprung up at Islington Mill. Originally built for cotton spinning, the Grade II listed building is now one of Salford’s most popular music venues and has supported many thousands of artists through its mix of studios and galleries.

Nearby the bohemian Kings Arms pub hosts theatre, comedy, quiz nights and live music and even has its own knitting group. Or check out acoustic and open mic nights at The New Oxford, an award winning real ale pub with an impressive menu of 16 cask ales, 12 continental draft beers and over 100 bottled beers.

Salford Museum and Art Gallery is housed in the former Lark Hill mansion, dating from 1790, which became England’s first, free public library in 1850. Check out its permanent and changing contemporary exhibitions, craft socials, activities and cafe or take a walk back in time down Lark Hill Place, a Victorian street.

Sacred Trinity church also hosts gigs, exhibitions and events as well as congregations, while Chapel Street Community Arts runs watercolour and photography groups.

Music

Chapel Street has its own annual independent music festival, celebrating music, art and performance. Sounds From The Other City takes over a range of venues and spaces along the street to showcase new and emerging talent. See page 24 to win tickets!

Food

Chapel Street is now on the national map when it comes to food and drink.

Lupo Cafe Italiano was voted Best Coffee Bar at the 2015 Manchester Food and Drink Awards while Vero Moderno, a modern authentic Italian restaurant, was rated as one of the top three Italians in the country by the Sunday Times magazine.

GK Gallery & Tea Room showcases new artists alongside coffee, tea and cake while the Deli-Lama, a deli, cafe and bar, hosts theatre nights, art exhibitions and markets.

Stay

Built as a brewery in 1878, the Brown Brothers building is now the luxury Ainscow Hotel. The character of the original building, which has also been a jam factory and car parts distribution centre, has been kept as part of the Chapel Street theme of blending old and new.
Extended ride

Work is under way to extend a popular Salford cycle route - the Port Salford Greenway.

More than 191,000 cyclists have already used the first phase of the route from Hallsworth Road to Blantyre Street in Winton and the new 1.5 kilometre extension to the Bridgewater Canal in Worsley is expected to be just as popular.

As well as avoiding busy roads, it will open up access to Cleavley allotments, Cleavley football pitches, Winton Bowling, Tennis and Social Club, Alder Forest and AFC Monton.

When fully complete the route will provide access to new job opportunities at Port Salford, which will be the UK’s first inland road, trail and water port facility.

The new route, which is being designed by Urban Vision and delivered by Salford City Council, is part of the Cycle City programme led by Transport for Greater Manchester (TfGM) with Department for Transport funding.

For more information please see: www.tfgm.com/cycling.

On track

Salford City Council is looking into proposals to revitalise Walkden station.

Ideas include 100 free park and ride spaces and disabled and secure cycle parking at Chestnut Avenue, a former Salford City Council depot.

The scheme is a partnership between Salford City Council and Transport for Greater Manchester (TfGM), who need to seek funds for the scheme. The aim is to encourage more people to use public transport.

Homes

Chapel Street is thriving with new houses and apartments including Timekeepers Square and Vimto Gardens, named after the famous drink which was first produced close by.

Carpino Place is the latest development and will provide 22 three-storey townhouses. It’s named after Archbishop Francesco Carpino. In 1966, the Archbishop and the Mayor of Salford laid the foundation stone of The Stella Maris Seaman’s Mission which previously occupied the site.

The development is a joint venture between Muse Developments, Legal & General and the Homes & Communities Agency.

Chapel Street firsts...

1635
Sacred Trinity was the first church in Salford

1806
First street in Salford to be lit by electric light

1824
First route for horsedrawn buses between Pendleton and Manchester

1846
Peel Park – first public park open to all in England

1850
First free public lending library

Life in Salford 16, March 2017
This year the University of Salford celebrates its 50th anniversary. Throughout 2017, we’ll be holding a series of special events, concerts and public lectures for our staff, partners, local community and alumni.

Our story began in 1900 as the Royal Technical Institute of Salford. In May 1961, Her Majesty The Queen and Prince Philip opened and inspected the new Royal College of Advanced Technology and by 1967, we became the University of Salford when Her Majesty The Queen granted the Royal Charter.

Today the University has a successful global presence and a turnover of £189m. Our seven schools, 20,000 students and 2,500 staff have all grown to serve the needs of industry, commerce and education. It’s no mean achievement that we’re in the Times Higher Education top 200 list of the most international universities worldwide. This reflects our global outlook, our diversity and our proactive and dynamic approach.

We have over 270 programmes at Salford, from Acoustics to Zoology - why not take a look at the range of courses on offer, visit www.salford.ac.uk to find out more.

Are you a former student or member of staff? We would love to hear about your memories of Salford. To share your stories visit www.salford.ac.uk/we-are-50.

We also have an archive record of the past five decades which features ‘Sounds of Salford’ – a collection of the music and tunes compiled by alumni, staff and students. The playlist evokes memories of the last 50 years, including some from the iconic 80s band The Smiths who played at Maxwell Hall in 1986.

Find out more about all of the events and activities taking place during 2017 by visiting www.salford.ac.uk/we-are-50.
Help us to help you –
join our Salford Shapers

We need volunteers to help make our website even better!

We want to give you the best online experience, which is why we want you to test our online forms to make sure they are as simple and straightforward to use as possible.

We will listen, learn and change things as a result of what you tell us.
As we’re creating more and more forms, we’ve set up the Salford Shapers group – who will test, approve and give their views before the forms go onto our website.
We’re looking for more people to join Salford Shapers. You don’t have to be an expert; we need people with all levels of digital skills.
You can test the forms in different ways, so you can give as much or as little time as you like. There will be incentives as a thank you for taking part, and we will pay your travel expenses if you need to come to us.

Help us make contacting us quicker, easier and better.

To find out more and sign up, go to www.salford.gov.uk/salfordshapers email shapingourcity@salford.gov.uk or call 0161 793 2691.
What’s on

Spring in the city promises to be full of inspiring events and activities. Visit the what’s on pages at www.visitsalford.info for more details on these and other great events and activities.

Free family activities

The Manchester Duck Race
Good Friday (Friday 14 April), 12 noon
New Bailey, Salford
Free to attend
www.brainwave.org.uk/event/2017/duckrace
Learn how bats echolocate to catch their prey. See and hear our Bridgewater Pipistrelle and Daubenton's bats in action on this short, family friendly walk through Worsley and along the canal.

Bridgewater Bunny Orienteering Trail
Thursday 13 April, 1pm to 3pm
Duke's Drive, Parrin Lane, Monton
Free self-guided activity
Test your family's map reading skills and find the Bridgewater bunnies. There's an easy course for little ones and a more challenging one for older children. Pick up your map in Duke's Drive car park.

Bridgewater Families online
Download free activities
www.est1761.org/learn
Experience the Bridgewater canal’s rich heritage and natural world as a family. From the Aqueduct Challenge and the I Spy Trail to top tips for Mini-Beast Hunting, discover great ideas for learning, making and exploring!

Bridgewater Nature Walk
Spring Foraging
Saturday 8 April, 10am to 12 noon
Duke's Drive, Parrin Lane, Monton
Free but booking is essential at www.est1761.eventbrite.co.uk
Join popular local naturalist, Dave Winnard, to find edible delights before sampling a delicious foraged soup. Bring a bag to take your foraged food home and wear suitable outdoor footwear.

Family Bat Walk
Friday 28 April, 8pm to 9.30pm
Worsley Green, Worsley
Free but places are limited and booking is essential at www.est1761.eventbrite.co.uk

Manchester to Liverpool Bike Ride
Sunday 11 June
Entry fees from £8 to £19
Starting at the Helly Hansen Watersports Centre at Salford Quays, this bike ride of 40, 55 or 80 miles raises much needed funds for the NSPCC.
www.bike-events.co.uk
Volunteering opportunities

Enjoy working in the great outdoors, learning new skills and meeting new people?

Bridgewater Canal volunteering activities are a great way to do all three! To find out more, contact Jill Tyson on 07872 808003 or email bridgewatercanal@salford.gov.uk

All abilities are welcome and all tools and materials are provided. You need to be over 18, wear suitable footwear and outdoor clothing and bring a packed lunch. Tea and coffee are provided.

Keep an eye on www.visitsalford.info to see what’s coming. Sign up for the Visit Salford e-newsletter packed with top tips on events and activities going on in the city. www.visitsalford.info/e-newsletter

Music concerts

University of Salford Big Band
Wednesday 29 March, 7.30pm
Swinton Park Golf Club, off the East Lancashire Road
Tickets are £12 including a hot pot supper and are available from michelle.lindsay@salford.gov.uk or by calling 0161 793 3030.

The Red Brick Sessions
Thursday 27 April, 7.30pm
Peel Hall, University of Salford
These free BBC Philharmonic concerts use cutting edge technology to change the way you experience an orchestra. Bring your phones or tablets to read synced information as you listen to the concert.
Apply for tickets between Monday 10 and Sunday 16 April via http://www.bbc.co.uk/events/ex22mb

Don’t miss

Salford Arts Theatre

Celebrating 10 years
Salford Arts Theatre’s First Children’s Festival
Friday 7 to Monday 10 April
Tickets start from £4
www.salfordartstheatre.com/whats-on

Salford Museum and Art Gallery

Ten Plus @ Salford
29 April to 5 September
A free exhibition of contemporary textile art by northern based collective Ten Plus Textiles. The work includes hand and machine embroidery, needle felting, quilting, beadwork, patchwork, weaving and 3D pieces.

Green Fingers
Sunday 26 March, 10am to 3pm
Barton Pocket Park, Barton Road
Rejuvenate the park’s planters with planting, then brighten up Hall Bank with a spring clean and sow some flowers for an eye-catching summer display.

Wildflower Seed Sowing
Wednesday 5 April, 10am to 3pm
Duke’s Drive car park, Parrin Lane, Monton
Prepare the ground and sow seeds to transform the entrance area at Duke’s Drive into a wildflower haven for pollinating insects.

Planting for Moths
Sunday 23 April, 10am to 3pm
Duke’s Drive car park, Parrin Lane, Monton
Interesting moth caterpillars such as Puss Moth and Grey Dagger have been found along the canal. Plant a variety of night scented plants such as Night Catchfly and Evening Primrose to encourage moths and provide food for their caterpillars.

Connect with India

www.quaysculture.com/current-projects/duet
Build a unique relationship with someone in India! DUET anonymously connects participants from the UK and India to answer a daily question via an app to learn about each other.

All details correct at the time of publication but may be subject to change.
Easter activities with Salford Community Leisure

The city’s leisure trust that manages the leisure centres, libraries, Salford Museum & Art Gallery and Ordsall Hall offers a varied programme of activities this Easter. There are multi-sport camps as well as swimming, triathlon, dance, trampolining and gymnastics. Wannabe Baywatchers can even learn lifesaving techniques with a special Rookie Lifeguard Training course.

Adventurous kids can take to the water at the Helly Hansen Watersports Centre and try a variety of activities. Sailing courses, aqua activities and wakeboarding sessions are all on offer throughout both weeks. Courses are competitively priced and offer professional coaching from qualified staff in safe venues to offer children a fun week of activities and give parents peace of mind.

Or if you’re looking for things to do as a family during the holidays, there are plenty of events, activities and workshops at Salford Museum & Art Gallery, Ordsall Hall and the city’s libraries.

For more information and to book sport courses go to: salfordcommunityleisure.co.uk/easter
Or call Ordsall Leisure Centre on 0161 848 0646

If you want to keep your children active, entertained and inspired this Easter check out the great range of events and activities on offer from Salford Community Leisure.
Salford families star in new health and fitness campaign

Healthy living campaign #OneYouSalford is encouraging families to improve their fitness and wellbeing by making the most of their local sports and recreation facilities.

Developed by NHS Salford Clinical Commissioning Group, Salford Community Leisure and Salford City Council as a reaction to poor health statistics in the region, #OneYouSalford is inspired by Public Health England’s One You campaign.

The Thompson family of eight from Winton and the Chan family of five from Cadishead are each participating in #OneYouSalford to spend more time together doing healthy activities, such as running, going to the gym and more adventurous activities such as watersports. They’ll also be getting out into the community to visit local attractions such as Ordsall Hall and Salford Museum & Art Gallery.

Dad, Guy Thompson, explains: “I turn 40 this year so, together with my wife Becky, I’m embarking on a mission to get fit. We’re a large, busy family, so it can be hard to find time to exercise and spend quality time together.

“We’re not an unhealthy family; we eat well and we’re not hugely overweight. My wife and I just want to set an example to the kids and get them into good eating and fitness habits for life.”

Mum Hannah Chan of the second family taking part in #OneYouSalford joined the campaign as she was keen for her, partner Jimmy (32) and their three children to spend more quality time together.

Hannah says: “I was really excited when I found out about the #OneYouSalford campaign; it was just what we needed to kick-start our healthy goals for 2017. After losing a lot of weight last year at my slimming club, I now feel ready for regular exercise.”

Want to learn more about the future plans for health care across Salford?

NHS Salford Clinical Commissioning Group – which decides how to spend the NHS budget on the majority of health services for the people of Salford – hosts Governing Body meetings every two months.

The meetings are held in public at various locations around Salford, from 2pm to 5pm and the start of every meeting is dedicated to comments and questions from the public.

Dates are:

- Wednesday 29 March 2017
- Wednesday 24 May 2017
- Wednesday 19 July 2017
- Wednesday 27 September 2017
- Wednesday 29 November 2017
- Wednesday 31 January 2018
- Wednesday 28 March 2018

More details are online via www.salfordccg.nhs.uk/upcoming-meetings

To follow the families’ journey, follow #OneYouSalford on Twitter, YouTube and Instagram.
Making Salford safer

Project Gulf has jailed hundreds of criminals, seized millions of pounds worth of assets, rescued people from slavery and taken substantial amounts of drugs and firearms off the streets.

As well as targeting current gang members, it’s working with children and young people to steer them away from crime and into a better future.

Set up by Salford City Council and Greater Manchester Police (GMP) in 2009, Project Gulf now involves 20 national and local agencies which collaborate to learn everything they can about gang members.

“We go through and disrupt every aspect of their lives,” said Detective Sergeant Jill Vescovi, from GMP.

“We arrest and charge, recall people to prison, protect potential victims and seize criminals’ assets. We also work closely with Operation Challenger, the Greater Manchester-wide anti-gang operation.”

Councillor David Lancaster, who leads on community safety, said: “Gulf is also protecting future generations by providing positive alternatives to gangs from sports, fun activities and mentoring to training and apprenticeships.

“We also work closely with Crimestoppers to provide a safe, anonymous way for anyone to share information about gangs.”

crimestoppers-uk.org/

Burglars look for easy pickings. Keep your home safe and secure with five simple tips.

1. Lock your doors and windows – even if you are just going upstairs or into the back garden.
2. Hide all keys and keep them away from the letterbox.
3. Leave radios or lights on in your house or use a timer if you are going out to make the property appear occupied.
4. Install a visual burglar alarm.
5. Install good outside lighting.

By looking out for your neighbours, reporting suspicious activity to police on 101 and working together, we can drive criminals out of Salford.

IT'S GRITTY, POWERFUL AND ALL CREATED BY YOUNG PEOPLE IN SALFORD.

The Fearless film about gangs and domestic abuse was written by pupils at Harrop Fold school as part of Gulf’s Stand up for Salford project. It has been turned into a short drama by students from UTC@MediaCityUK for the Crimestoppers website and spreading the message about the dangers of gangs.

See more at www.salford.gov.uk/fearless
Feeling poorly and not sure where to go?

When you get ill, it can be a worry and you may not know where to go.

Should you see your GP? When is it appropriate to go to A&E?

Fortunately, the best way to treat many common illnesses like coughs, colds and an upset stomach is often self-care. Making sure your medicine cabinet is stocked with over-the-counter medicines such as paracetamol and ibuprofen is very important and you can also visit the NHS Choices website for really useful tips.

If you’re concerned about your health, there are a range of health services in Salford here to help you. It is better for you if you go to the right service; this means you will be treated in the correct place, by the correct health professional for your condition.

We meet three health professionals working in Salford who explain when you should access their service.

“Hi, my name is Varun Jairath and I am a pharmacist at Ross Chemist in Winton.

“Pharmacists are highly trained healthcare professionals and we do more than just supply medicines. We can advise you on how to treat a variety of common illnesses such as allergies, earache, sore throat, coughs and colds. Plus, if you are registered with a Salford GP, you can go to your community pharmacist for medication to manage a number of self-treatable conditions so you don’t need to go to your GP.”

“Hello, my name is Dr Angela Coumbarides and I am a Consultant in Salford Royal’s A&E department.

“Every month around 850 people come to our A&E department with a health condition that could have been treated at another healthcare provider, like a GP practice or dentist. This means staff can’t concentrate solely on those patients who genuinely need to be in A&E, people who have a serious or life threatening illness or injury. This includes suspected heart attacks or stroke, unconsciousness, severe blood loss, suspected broken bones, deep wounds, severe breathing difficulties or head injuries.”

“Hi, I’m Dr Tom Tasker and I am a GP at St Andrew’s Medical Centre in Eccles.

“GPs and their colleagues in general practice see a wide range of conditions from acute illnesses such as bronchitis through to managing long term conditions such as diabetes and asthma. We also provide advice and education on how you can improve your health, give vaccinations and also refer patients to specialists if clinically indicated.”

Don’t forget - NHS 111 is the NHS non-emergency number.

It’s fast, free and open 24 hours a day, every day. Call 111 and speak to a highly trained adviser, supported by healthcare professionals. They will ask questions to assess your symptoms and immediately direct you to the best medical care for you.
First new homes completed on former Salford rugby ground

City West Housing Trust has completed the first phase of new homes on the former Salford City Reds’ rugby ground.

The regeneration of The Willows site will eventually see 103 new homes, with 22 properties for sale via shared ownership. A further 81 houses, apartments and bungalows will be available for affordable rent. Families have already moved into the first of the shared ownership and affordable rent properties. The entire scheme is set to be completed by summer 2017.

Nigel Sedman, Director of Investment and Regeneration at ForViva, said: “This is a major milestone for the regeneration of The Willows which is bringing much needed affordable homes to Salford. We are delighted to be welcoming the first families and to be able to bring forward a scheme that offers a variety of different housing options for the people of Salford.”

The development is part of wider plans to deliver 780 much needed new properties across Salford by 2018 which includes a new apartment block at Corporation Road in Eccles. The three-storey development will include 33 apartments that will be available for affordable rent.

For more information visit www.citywesthousingtrust.org.uk

Stop smoking service is e-cig friendly

If you need help to quit smoking we’ve got all the help you need.

From nicotine replacement treatments to personal counselling, drop-in sessions and advice on e-cigarettes, Salford City Council’s stop smoking service has helped hundreds of people to quit with individually tailored support. It doesn’t matter whether it’s the first or 50th time you’ve tried to quit. The service is free and here to help you.

Call 0800 952 1000 or email health.improvement@salford.gov.uk to book an appointment for one to one support. Or, if you prefer, you can go to a drop-in session near you. Evening and Saturday drop-ins are available.

Find out more at www.salford.gov.uk/smoking
Eighty five and counting...

Eighty five young Salfordians have now secured apprenticeships thanks to Pendleton Together and there are more in the pipeline.

Steven Roles, 23, is the latest to land a two-year apprenticeship with MCT Joinery and was presented with a £200 toolkit by his new employers to kick start his career.

Steven took a pre-apprenticeship course in 2015 and worked extra hours to prove himself. He became a self-employed labourer but wanted to become a joiner. So he joined the third Construction Traineeship sponsored by Pendleton Together and Keepmoat and delivered in partnership with Salford City College.

Participants spend time in the classroom and on-site and are supported to find apprenticeships. Stephen secured a work placement with MCT Joinery and never looked back.

Lee McIntyre, the Joint Director of MCT Joinery, said: “Steven came to us on placement and I immediately saw he was hungry to learn and he had a great attitude to work.

“We were delighted to offer him an apprenticeship with us whilst we work on new build properties in Pendleton.”

For more information about apprenticeships contact 0300 555 5567.

As seen in Salford

Thanks to everyone who entered our As seen in Salford photo competition.

More than 150 photos were submitted and a short list of ten was put out to public vote.

Jonathan Hayes won with his ‘Light of the night’ image. Sharon Vardar’s ‘Tunnel of love’ came second and Brian Hibbert’s ‘Cold and frosty morning’ third.

You can see the top ten shortlisted photos from this year competition at www.visitsalford.info/photographycompetition

Many entrants submitted photos via our new Visit Salford Instagram @visitsalford. If you want to see more brilliant photos taken from around our city check it out: www.instagram.com/visitsalford
Do you know the difference between a black cab (Hackney) and a private hire?

Our quick, cut out and keep guide will help you stay safe on the road. All our drivers are carefully checked to make sure they’re ‘fit and proper’ people to be driving you around and we put them through regular training to help keep you safe. We also have strict rules on the cars we licence.

<table>
<thead>
<tr>
<th>Hackney carriage</th>
<th>Private hire</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traditional ‘black cabs’ or vehicles purpose built to carry wheelchairs</td>
<td>Various from saloons to minibuses</td>
</tr>
<tr>
<td>Marked with the word ‘TAXI’ and have a roof light</td>
<td>Make sure they have the right ID otherwise you’re getting into a stranger’s car</td>
</tr>
<tr>
<td><strong>In Salford:</strong> yellow plates front and back with Salford City Council’s logo and the licence number</td>
<td><strong>In Salford:</strong> white plates front and back with their number and Salford City Council’s logo</td>
</tr>
<tr>
<td>Drivers must wear their badge with their photo and unique ID number</td>
<td>They also have pink insurance stickers on the back doors and operators signage on front doors</td>
</tr>
<tr>
<td>Vehicle plate number displayed internally</td>
<td>Drivers must wear their badge with their photo and unique id number</td>
</tr>
<tr>
<td>You can flag them down in Salford on the street but only if they are licensed by Salford City Council</td>
<td>Vehicle plate number displayed internally</td>
</tr>
<tr>
<td>They can wait on taxi ranks</td>
<td>You can’t flag them down in the street</td>
</tr>
<tr>
<td>They can be pre-booked</td>
<td>They can’t wait on taxi ranks</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For more details please see: www.salford.gov.uk/taxilicensing
To report any taxi or private hire licensing issues email licensing@salford.gov.uk

Beat the scammers

You’ve won a prize but you have to pay to get it or your ‘bank’ claims your account has been hacked and they need your password.

Those are just some of the tricks scammers use to steal your cash and identity.

Never give out your personal details or passwords; genuine organisations never ask for full details.

Always check by phoning the official number on a different line; scammers give false numbers and intercept calls.

Microsoft and Windows never phone customers claiming their computers are running slowly – it’s a hoax.

If you didn’t enter the competition or prize draw you can’t win.

And if it sounds too good to be true – it probably is.

Learn about scams and how to keep yourself, family and friends safe at www.actionfraud.police.uk/fraud-az-individual-fraud
Free running changed our lives

A Salford father and son have changed their lives thanks to a community free-running programme.

City West customer Jonny was looking for an activity for his son Jack who has Attention Deficit Hyperactivity disorder (ADHD) and was struggling to make friends with other children.

After seeing an advert for a parkour and free-running camp run by Lancashire Cricket Club's Sporting Foundations for Life project, local gym Evolve and City West, he signed Jack up – and both have been hooked ever since.

Jack has made good new friends and sleepless, broken nights are now in the past. Jonny, who also has health issues, is now a volunteer at sessions after starting by helping the team put away equipment.

Jonny has also lost over a stone in weight by taking part in parkour sessions.

“I’m interacting with people more which has helped my mental health issues and I feel much more positive,” said Jonny.

“The team at Evolve have really encouraged me. It’s changed both mine and Jack’s lives for the better.”

Scratch alcohol problems

Salford is testing whether a scratch card and a friendly chat about drinking too much can help tackle the nation’s alcohol problem.

Local volunteers will offer people in supermarkets, cafes and pubs a scratch card which will reveal whether their drinking habits are harmful.

Volunteers will then start up a friendly chat with advice on how to maintain healthy habits or change bad ones. Anyone who needs help with problem drinking will be signposted to local support services.

National charity Drinkaware is trialling the scheme in Salford and, if successful, it could be rolled out across Britain.

Councillor Tracy Kelly, lead member for adult services, health and wellbeing at Salford City Council, said: “We’re backing the idea as Salford has huge issues with misuse of alcohol. Drinking too much can ruin your health and even your life.”

Not for profit organisation Unique Improvements, which runs the Salford Healthy Communities programme for Salford City Council and the NHS, will lead the project.

Its team of volunteers will be trained by Drinkaware to deliver friendly advice in a non judgemental way.

Bruce Poole from Unique Improvements/Salford Healthy Communities team, said: “We’re trying to develop a simple toolkit that health professionals and volunteers can use to identify people whose drinking is becoming increasingly risky and advise them on what they can do to cut down.”
The new Tenancy Sustainment Service (TSS) can help with rent arrears, debt, ill health or other issues that might affect a tenancy agreement.

Skilled and experienced staff will work with customers for up to six months to help them settle into their homes, sort out repairs, gas or electricity issues.

Each customer will be offered a dedicated support officer who can give advice and support on managing debts, dealing with rent arrears and making the most of their money.

And they will also introduce people to organisations for advice and support and help people to find educational courses, training, voluntary work and job opportunities.

The support also includes working with customers to enable them to stay physically and mentally well so they can live independently in their own home by finding local social and leisure activities.

TSS is available to any City West customer and is free.

Home help

City West customers are being offered extra help to protect their homes, health and wellbeing.

If you or someone you know could benefit from the Tenancy Sustainment Service, please visit www.citywesthousingtrust.org.uk, email TSS@citywest.org.uk, or call 0300 123 5522.
Salix Homes is to invest £38 million into improving more than 4,000 homes across the city over the next three years.

The ambitious plan includes external and internal works to thousands of homes and an extensive environmental programme to enhance local communities. Salix Homes will carry out the investment programme which will include work on houses, flats and a number of high-rise blocks.

It’s the continuation of Salix Homes’ £75m commitment to improve its homes and communities after tenants voted to transfer ownership of their homes from Salford City Council to the city-based housing provider in 2015. Salix Homes has pledged to make sure all its 8,300 homes are brought up to the government’s Decent Homes standard by 2020.

Lee Sugden, chief executive at Salix Homes, said: “We are delighted to announce we’re going to invest £38m over the next three years, delivering ambitious and exciting plans to improve homes to a standard our customers deserve.

“We made a commitment to our tenants that we would bring all our homes to Decent Homes standard and invest in homes and communities that the people of Salford can be proud of.

“This 2017 to 2020 investment programme builds on the considerable and substantial improvements that have already been made to thousands of our homes since becoming a stand-alone registered housing provider. A huge amount of work has gone into making our 2015 to 2017 investment programme happen and our staff are excited about delivering further improvements to our homes and communities.

“These improvements are no more evident than on our iconic Pendleton tower blocks – Magnolia, Mulberry and Sycamore courts - where we have almost completed major improvement works.

“A huge priority for us is that our investment programme has a wider, positive impact on the community. So that’s why with every £1 million invested, at least two apprenticeships are created.

“More than 70 employment opportunities have already been created through our investment programme and we will continue to create more over the next three years.”

Where the work will happen:

**Broughton**
- 1,300 homes including Alexander Gardens, Greengate and Canon Green Court

**Ordsall and Langworthy**
- 1,100 homes including Fitzwarren Court, Albion Towers and the South Ordsall estate

**Claremont, Beechfarm and Weaste**
- 500 homes including Tootal Drive estate, Edgehill Road flats and the Beechfarm estate

**Charlestown, Duchy and Kersal**
- 1,100 homes including Duchy Road, Whit Lane and Heraldic Court
Thanks to your efforts to recycle more, we’ve already saved hundreds of thousands of pounds on disposing of rubbish and spared over 2,200 tonnes of waste from landfill.

But 35% of the rubbish that goes in black bins could be recycled - please help us to do more.

It costs Salford City Council £350 to send a tonne of waste to landfill. We get paid £25 for every tonne that can be recycled. This means recycling saves money which can be spent on other essential council services such as children’s centres, libraries, care for elderly and disabled people and street cleaning. Things that you told us matter to you.

Bin collections have changed across half the city already, with more areas joining in this month. The rest of Salford will be changing from August. Before any changes in your area, you’ll receive more information and a new collection calendar.

Once the whole city is involved we can save £1 million a year – plus recycling is better for the environment than burying waste in the ground.

For tips on recycling more visit www.salford.gov.uk/recycling

**It’s as simple as 1, 2, 3...**

1. **every week** we’ll empty the pink lidded bins and outdoor food caddies – all food and garden waste goes in here. Food waste goes in free, compostable liners. If you need more, tie one round the handle of your bin.

2. **every two weeks** we’ll empty the blue and brown recycling bins – paper and card go in the blue bin; bottles and some plastic go in the brown bin.

3. **every three weeks** we’ll empty the black bins - only things that can’t be recycled should go in here. It helps to double bag disposable nappies, squeeze the air out of the bag and tie it tightly and rinse out food packaging.

**Don’t forget!**

You can also win rewards for good causes in your local area by recycling more.

Vote for your favourite good cause at www.salford.gov.uk/recycleandreward

If recycling goes up in your area, the project with the most votes gets their reward and your local community will benefit.
Did you know that in the UK, most families could save up to £60 a month just by cutting down the amount of food that ends up in the bin?

Take a look at our top tips to find out how.

1. **Think before you shop** – Plan your meals and make a list before you go shopping so you don’t buy more than you need.

2. **Get familiar with your fridge** – Check the ‘use by’ dates on food and plan meals so you use up the things that need eating first. If you have any recently bought items in your fridge that you don’t think you’ll have time to eat or cook before they go off, move them into the freezer.

3. **Get your portions right** – Think about how much food you’re serving up at mealtimes – is there often a lot left over that goes straight in the bin? Getting portion sizes right can help to reduce waste.

4. **Love your leftovers** – If you do end up with uneaten food after a meal, don’t just throw it away. Small amounts of food left in the pan can be frozen and kept as a ready meal for one. Websites like www.lovefoodhatewaste.com have lots of recipes to help you use up any leftover food.

5. **Recycle in your pink lidded bin** – Remember, any food that you do need to throw away can be recycled in your pink lidded bin or outdoor food caddy.

---

**Enjoy more waste less**

**Only these items can go in your pink lidded bin or outdoor food caddy**

- All cooked and uncooked food
- Teabags
- Garden waste
- Fruit and vegetables and pulloings
- Meat, fish and bones

**Only these items can go in your blue bin**

- Mail/envelopes
- Telephone directories and magazines
- Newspapers
- Mixed paper
- Cardboard cartons

**Only items you can’t recycle go in your black bin**

- Plastic yogurt pots
- Plastic food trays
- Disposable nappies (fold up and put in a tied bag)
- Plastic margarine containers
- Bagged waste you can’t recycle (try to flatten and squash to save space)
- Pet waste (Put in a tied bag)

**Only these items can go in your brown bin**

- Glass bottles and jars (no lids)
- Aerosols
- Cans and tins
- Milk bottles
- Plastic bottles - all types (no lids)
- Foil and foil trays

---

For your food waste only use the compostable liners that we provide.
Maternity services are on the move

Antenatal and postnatal clinics will be moving out of the Salford Birth Centre, currently based at Salford Royal Hospital, and into community buildings from April 2017. If you are pregnant, your midwife will be able to advise you on your options for clinic appointments, as well as the choices you have on where to give birth. More information is available at www.salfordccg.nhs.uk/your-choice-of-maternity-services.

The Birth Centre, which provides midwife-led care, will continue to be based at Salford Royal until 30 September 2017 when it is planned to move it to a new location in the city.

NHS Salford CCG is working with Salford City Council to develop options for a new site for the birth centre, with the aim to have it ready from October 2017.

The proposed new site at Ingleside (within Oakwood Park) would provide a new future for a local historic building that has stood empty since 2015.

Plans are still to be finalised and depend on costs being approved, a planning application and the successful award of a midwifery contract for the running of the centre.

If successful, the plans will improve local choices for pregnant women and provide personalised services as part of the national maternity pioneer programme.

The move coincides with the expansion of Salford Royal as it becomes one of the region's most specialised hospitals as high-risk emergency and non-emergency surgery moves from other hospitals in Greater Manchester to Salford.

National social enterprise award winners

Salford City Council and its partners want to make the most difference for the city and its people by maximising value for money at every level. We want to create social value which means looking at making decisions based on the wider benefit to a community instead of just the financial cost. So, this could mean making sure that local people get jobs or apprenticeships when money is spent on new building schemes, or bringing businesses to the city and making sure that those companies reinvest some of their profits back in other services in the community.

The council’s commitment to maximising social value was recently recognised at the Social Enterprise UK Awards 2016 when it won the ‘Buy Social – Market Builder’ award category. This is for organisations which are significantly supporting social enterprises and businesses and creating more opportunities to buy from them with their social value policy and practices. The judges were impressed with how social value has been developed in Salford and the specialist training that has been delivered to over 50 local voluntary, community and private sector providers. This social value approach is also one of the ways in which we aim to tackle poverty – more about this on pages 6 to 7.

Salford City Council wants to continue making a difference for Salford. It aims to achieve the most social, environmental and economic value when council funds are spent to make the city a better place in which to live and work.

For more information see www.salford.gov.uk/socialvalue

L-R: Nish Kumar (award ceremony host – comedian and television presenter), Cllr Tracey Kelly (Lead member for Adult Services, Health and Wellbeing), Chris Howl (Salford City Council’s Policy and Equality Officer), Andrew Croft (Chief Executive – CAN).
New, affordable homes

Work has started on 52 new affordable homes as part of the £650 million Pendleton Together transformation.

The £6 million Kingsley Court development, off Greythorpe Walk, Nursery Street and Kiwi Street will provide two, three and four bedroomed houses with secure rear gardens and dedicated parking.

Amanda Garrard, Together Housing Group Director of Neighbourhoods, said: “We’re continuing to improve our housing offer in Pendleton. “These new houses will give more families the chance to live in fantastic homes.”

Salford City Mayor Paul Dennett said: “Pendleton is being transformed and local people are benefitting from new jobs, apprenticeships and work placements. It is fantastic to see the difference this is making.”

The houses will complement new developments at Amersham and the South Clarendon park and play area, and are expected to be completed in October 2017.

The BBC Philharmonic has announced Ben Gernon as Principal Guest Conductor – a position he takes up in autumn.

Aged 27, the British conductor is a very exciting talent and the perfect match for the BBC Philharmonic’s bold and adventurous approach. Ben made his Bridgewater Hall debut with the orchestra in February and returns for their 2017/18 season. The season is announced in April on www.bbc.co.uk/philharmonic.

The current season is in full swing and Salford residents can enjoy £2 stalls tickets for two upcoming concerts.

On 1 April, the exceptional Canadian violinist, James Ehnes, joins American conductor James Feddeck for Barber’s Violin Concerto, transporting us back to 1920’s New York in John Harbison’s opulent foxtrot into the world of The Great Gatsby.

For St George’s Day, 23 April, it’s a double serving of Ralph Vaughan Williams whose music evokes England better than any other plus Sofia Gubaidulina’s searingly beautiful violin concerto.

Our £2 tickets are limited. Contact The Bridgewater Hall and quote ‘SALFORD2017’ when booking. Phone 0161 907 9000 or see www.bridgewater-hall.co.uk.

For more news, find the BBC Philharmonic on Facebook, Twitter and Instagram.
We are the **Number One** GFE College in Greater Manchester!

**OPEN EVENINGS**

for School Leavers

**City Skills**

Frederick Road, Salford, M6 6QH

Monday 20 March
5.30pm - 8.30pm

Vocational Courses & Apprenticeships

**FutureSkills**

Dakota Avenue, Salford, M50 2PU

Monday 20 March
5.30pm - 8.30pm

Vocational Courses & Apprenticeships

**Pendleton**

Dronfield Road, Salford, M6 7FR

Tuesday 21 March
5.30pm - 8.30pm

A-Level & Vocational Courses

**Eccles**

Chatsworth Road, Eccles, M30 9FJ

Wednesday 22 March
5.30pm - 8.30pm

Vocational Courses

**Walkden**

Walkden Road, Worsley, M28 7QD

Thursday 23 March
5.30pm - 8.30pm

Vocational Courses

For more information contact **Admissions** on 0161 631 5000 or visit [www.salfordcc.ac.uk](http://www.salfordcc.ac.uk)

*General Further Education* ̂Source: SFA National Success Rates Tables

---

**OVER 100 VACANCIES**

### LIVE NOW!

**BE TRAINED BY THE NUMBER ONE GENERAL FURTHER EDUCATION COLLEGE IN GREATER MANCHESTER!**

Source: SFA National Success Rates Tables

Contact the **Apprenticeship Team**
today on 0161 631 5555 or email apprenticeships@salfordcc.ac.uk
NEW YEAR 2017

Arrange Age UK Funeral Plan today!!

SAVE £100*
Buy before 31 March 2017

Make your resolution the Age UK Funeral Plan
One of the best ways to beat rising funeral costs

Pop in for a free information pack
Age UK Salford
108 Church Street
Eccles, Salford
Lancashire M30 0LH

0800 028 7753
Please quote reference AMT072AC

*£100 discount is available on the Ivy, Holly and Rowan Funeral Plans, not the Basic Plan priced at £2,945. Discount available from 1 September 2016 to 31 March 2017. The Age UK Funeral Plan is provided by Advance Planning Limited, a subsidiary of Dignity plc, in association with Age UK Enterprises Limited. Advance Planning Limited is a company incorporated in England (company no. 1293136) and a subsidiary of Dignity plc. Age UK Enterprises Limited is a commercial arm of Age UK (charity no. 1128267) and donates its net profits to that charity. Age UK Enterprises Limited is registered in England and Wales no. 3156159. Calls may be recorded for monitoring & training purposes.
When life starts to get difficult...

Stay in the home you love, with a stairlift from Ableworld

Our aim at Ableworld is to provide caring solutions for our customers, enabling them to enjoy greater independence and more comfortable and active lives. We do this by providing quality products and services at value for money prices.

Ableworld are very proud of our highly skilled stairlift division. Our local 'in house' stairlift engineers provide a service second to none. We have new and reconditioned stairlifts, and a range of rental stairlifts. This is ideal for customers who do not need the lift for a long period of time.

Our engineer will first do a FREE survey and assessment, to agree which stairlift best suits your needs, and he will quote you a price. You are under no pressure or obligation to buy. If you decide to go ahead, our engineer will fit the lift at a convenient time and date, usually within a half day.

* Ableworld only send trained engineers to undertake visits – no sales teams.
* New stairlifts come with 3 years parts warranty and 1 year's labour as standard. Additional packages are available.
* Ableworld have a 24/7 help line which is manned locally by trained stairlift engineers.
* All staff are CRB / DBS checked.