Welcome to LIFE IN Salford. In this issue we’re showcasing local information, activities, news and advice from across the whole of Salford, including a special section with news and activities from the local community.

We hope you enjoy reading LIFE IN Salford and we’d love to hear what you think about the magazine or any ideas you have for future content. Email lettersinlife@salford.gov.uk

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LIFE is managed by an editorial board made up of members of the partners, and is administered and designed by Salford City Council’s Communications Team. This edition will be distributed week commencing 19 March 2018. Printing: Cliffe Enterprise Ltd. Distributed to more than 116,000 households by Royal Mail and other agencies. Contact: Salford Civic Centre, Swinton, Salford, M27 5FJ.

Any leaflets or flyers inserted in or distributed with this magazine do not appear with the partners (listed below) endorsement or agreement and we discourage our distributors from putting material inside your copy of LIFE IN Salford.

An electronic copy is available on www.salford.gov.uk/life

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This magazine is funded and produced by:
In local government we are struggling through hard times with our budget being cut by another £11.2 million in 2018/2019.

Across the country people are being hit hard by the impact of government cuts but more so in places like Salford.

Salford is the 22nd most deprived local authority area and is a city of stark contrasts. 70% of our 249,000 residents live in areas classed nationally as ‘highly deprived’ and 27% of our children live in poverty while 18,860 residents claim out of work benefits and 27% of residents have no qualifications.

This is the ninth year the government has cut our budget with central funding now cut by over 50% since 2010. At the same time councils are addressing rising demand for services in adult and children’s social care.

The council has now been forced to make £198 million in cuts since 2010 - this is equivalent to a loss of £60,000 each and every day.

We agreed a plan at the budget council meeting in February which aims to have the least impact possible on frontline services and includes:

- Reducing the cost of waste disposal by £683,000 without a change in service
- Saving just over £140,000 from a review of library services which will see extra capital investment while expanding access to library services across the city
- Saving £68,000 by reviewing voluntary severance applications and vacancies in the health improvement service and public health.

Reluctantly we have been forced into a council tax increase of 4.99%, made up of 2.99% core funding and 2% adult social care precept. This is around a £1 per week increase for Band A property owners.

Decisions have been based on the City Mayor’s priorities to protect services and support those in most need as well as taking into consideration the public views gathered in 2016’s wide-ranging conversation about priorities in which nearly 600 people took part.

The major ray of light for Salford has been from the economic growth of the city, increasing income from business rates and council tax. Without the additional income streams generated by growth our present situation would be much worse.

The council’s capital investments in Greengate and New Bailey have already brought in revenue which has allowed us to mitigate the impact of the cuts to services. £1 million from the New Bailey fund has gone to offset our budget pressures this year and £1.6 million in business rates has also helped.

This investment will help provide long-term jobs in Salford such as construction, employment and training and encourage the economic development of the city. The area around New Bailey and Greengate is currently undergoing an investment and development boom and independent economic forecasts have concluded that over 12,500 new jobs will be created and almost 14,000 new homes built with population growth of over 20,000 new residents. In the next 12 months, this area is expected to see approximately £469 million of private sector development.
Making local residents better off financially is one of Salford City Council’s top priorities to tackle poverty.

**Firm but fair on council tax**

People on low incomes can get help thanks to the council tax reduction scheme.

The council has kept the maximum 85% discount for the third year running, helping 15,865 working age people pay their bills. Over 9,800 eligible pensioners could get up to 100% council tax relief. The council has also stopped using bailiffs to collect council tax debt from people on the scheme. Instead, where people have debt problems, the council will offer advice from a local independent debt advisor.

Salford is the first council in Greater Manchester to take this fair but firm approach, through signing up to a national good practice collection protocol, supported by Citizen’s Advice.

**City Mayor Paul Dennett** said:

““It’s about making sure the council collects the income it needs to fund vital public services and we help people pay what they owe and sort out their finances in a sensitive and supportive way.”“

**Care leavers get help**

Salford care leavers no longer have to pay council tax whether they settle in Salford or move elsewhere, to give them a boost into independence.

Around 50 young people aged 18 to 21 will benefit from the support each year.

From support in a crisis to helping people find long-term solutions to money worries, the council has been working hard to put more money in local people’s pockets.

Read about its success in the Tackling Poverty Strategy’s year one progress report.

www.salford.gov.uk/tackling-poverty-in-salford
Help in a crisis
Over 3,300 households were thrown a lifeline by Salford Assist last year, an increase of 62% from the year before.
It’s a council scheme offering short term help to people in a crisis.
The scheme doesn’t offer cash but may help with baby food, milk and nappies, essential furniture and emergency gas or electricity.
It also offers help with debt advice, affordable loans, benefit checks or finding more affordable energy suppliers to find long-term solutions to the problems.
Salford City Council invested an extra £300,000 in the scheme last year along with an extra £70,000 in its welfare rights and debt advice services.
Advisors helped over 3,400 people with advice and benefits checks, gaining them nearly £5 million in extra disposable income.
An extra £10,000 funding also went to Salford Women’s Aid to support victims of domestic abuse.

Feeding Salford – starving food poverty
Food banks provide a lifeline for people in crisis but the council and Citizen’s Advice are looking for better and more sustainable ways to tackle food poverty.
Recognising the pressure on the city’s food banks, Salford City Council has introduced food vouchers to the Salford Assist scheme, which can be spent in certain supermarkets to give people more choice.
New food banks have been opened in Eccles and Irlam and plans for a Swinton food bank are well underway to make sure all areas of the city are covered.
The longer-term aim is to set up food clubs where local people can become members. They will then help run the club which will provide a greater choice of essential foods at low cost.
Lucie’s Pantry, a social supermarket set up by Emmaus in Salford Precinct, offers membership to Pendleton residents in need. Those who qualify pay just £2.50 for £15 worth of items each week and are offered extra support including a regular Citizen’s Advice surgery.

Helping hand
After the tragic loss of a child, the last thing you need to worry about is fees.
That’s why Salford City Council has abolished burial and cremation fees for under 16s and will extend this to under 18s from April this year.
It’s also abolished the £11 charge for copies of birth certificates for people born in Salford who are homeless. The certificates are vital identity documents to help homeless people get benefits or housing.

Housing service changes
Free, confidential and impartial advice on housing and homelessness is available from Salford Housing Options Point (SHOP) which from April will be run by Salford City Council.
It’s a one stop shop in Wesley Street, Swinton to help people find suitable and affordable social housing or private rented homes or tackle rent or mortgage arrears. It helps with housing benefit problems and maximising income, legal advice and guidance on repossession or notice to quit and conflicts between tenants and landlords to prevent people losing their homes.
It also helps people who are homeless to find emergency accommodation and support. It’s open Monday to Friday 8.30am to 4.30pm (1pm to 4.30pm on Wednesdays)

If you need help – don’t hesitate to ask
Council tax reduction scheme: www.salford.gov.uk/ctreduction
Salford Assist www.salford.gov.uk/salfordassist
Salford Welfare Rights and Debt Advice Service Welfare rights advice 0800 345 7375 (Monday to Friday 10am to 12 noon)
Debt advice 0800 345 7323 (Monday and Wednesday 1pm to 4pm) www.salford.gov.uk/advice-and-support
Credit Union (see page 30)
Warm Homes www.salford.gov.uk/warmsalford
Lucie’s Pantry www.emmaus.org.uk/salford/luciespantry
Salford Housing Options Point www.salford.gov.uk/housingoptions
Citizen’s Advice Salford www.salfordcab.org.uk or call 0300 3309 074
Salford Unemployed and Community Resource Centre www.salforducrc.co.uk or call 0161 789 2999
Salford Foundation www.salfordfoundationtrust.org.uk or call 0161 787 3834
Universal Credit is coming

Universal Credit, full service, comes to Salford in September 2018, replacing six key benefits and tax credits.

Most Salford residents making a new claim for means-tested benefits from September 2018 will go onto Universal Credit.

The government is expecting people to claim online so you’ll need an email address and a bank or building society account to receive the money.

Free help is available to get online. Our Digital You project can help you get the digital skills you need, so please ask at any library or Gateway for support or check out the details on our webpage www.salford.gov.uk/digitalyou

Universal Credit is a major change so please make sure you claim everything you are entitled to so you don’t face hardship.

www.gov.uk/universal-credit

Some key things to know about Universal Credit

From September, new claimants of working age will no longer be able to claim Income Support, Jobseeker’s Allowance, Employment and Support Allowance, Tax Credits and Housing Benefit but will be directed to claim Universal Credit instead (some exclusions apply).

If you are already claiming benefits you won’t need to claim Universal Credit from September unless your circumstances change so don’t panic. The plan is for the government to move everyone on to Universal Credit over the next few years.

It can take up to six weeks from first claim to first payment. Advance payments are available via your Job Centre Plus Work coach to cover this gap.

Most claims for Universal Credit will be paid once a month into your account but you can ask for alternative payment arrangements.

You must claim council tax reduction from Salford City Council separately. It is not included in your Universal Credit so you could end up liable for the full council tax. Don’t pay more than you have to.

We’ll give you more information about Universal Credit in future issues of Life.

www.gov.uk/universal-credit
Thanks for the shots

Over 200 people entered our As Seen in Salford photo competition.

The winners you voted for, in order, were: Joseph Palframan with Love Parks, Bob Stokoe’s Spring At The Aviary and Mike Shaw’s Worsley Road Bridge.

Many entrants submitted photos via Visit Salford Instagram @visitsalford

To see more brilliant photos from around Salford see www.instagram.com/visitsalford

Getting tough on our streets

Salford’s cracking down on people who spoil its environment with litter and dog fouling.

Salford City Council has added environmental enforcement as an additional arm to its parking wardens’ team.

From April they can issue fixed penalty notices to people dropping litter or people who don’t clean up after their dogs.

As a result of a change in legislation the £100 penalty notice for littering will rise to £150 if not paid promptly.

City Mayor Paul Dennett said:

“"The public are sick to the back teeth of people who spoil the streets. There is no excuse for dropping litter or leaving dog excrement.""

The new wardens are working alongside other initiatives including educating residents on how to recycle properly and Operation Pandora which has prosecuted 50 offenders for more than 60 flytipping offences in the last three years.

Last year City Mayor Paul Dennett put an extra £300,000 into street cleaning which funded thirteen new street cleaners.
Salford in short

Free, HIV test saves lives

One in six people nationally may have HIV but not be aware of it.

A new, free, confidential and quick finger prick test is on offer to boost early diagnosis and treatment, reduce the spread of the disease and help people live well for longer.

The photo shows Councillor Gina Reynolds, lead member for adult services, health and wellbeing taking the test.

Routine HIV tests are available across Greater Manchester

www.boltonft.nhs.uk/services/sexual-health/information/clinics-and-opening-times

Or order a home testing kit online at www.test.hiv

New year honour

One of Salford’s longest serving councillors was awarded an MBE in the Queen’s New Years Honours list.

Councillor Margaret Morris, MBE, has represented Winton since 1991 and was awarded the honour for her services to health and wellbeing.

After training with the Queen Alexandra’s Royal Army Nursing Corps, Councillor Morris worked in Salford hospitals. She was chair of Salford and Trafford Health Authority in 1998 and Salford Royal Trust in 2002, was Enterprise Fellow at the University of Salford from 2006 to 2008 and became chair of Salford Health and Wellbeing Board in 2012. She now chairs the Health and Adults Scrutiny Panel and is one of two armed forces veterans’ champions on the council.

Green award

for Salford

Salford City Council’s Green Wheels travel plan won the Contribution to Sustainable Transport category at the North of England Transport Awards.

The council teamed up with Co-wheels car club which has 39 eco-friendly cars across the city. Council staff use them during the day for business travel, saving the council money and residents can hire them during evenings and weekends. The plan has saved the council over £150,000 on business travel and 478 tonnes of carbon every year.

www.co-wheels.org.uk/salford

Celebrating the TUC

June marks 150 years of the Trade Union Congress (TUC) which held its first meeting in Manchester in 1868. The TUC supports trade unions to thrive and stand up for everyone who works for a living.

See www.tuc.org.uk for more information.

Sort code change

If you’re paying a bill to Salford City Council, the bank sort code has changed to 20-54-66. All other details are the same. Direct debits and/or standing orders will automatically be changed by your bank.
Right royal party?

Celebrating the royal wedding?

You must get permission before closing a road for a street party and the deadline for applications for the royal wedding weekend is 3pm on Friday 30 March. To support your community Salford City Council will waive road closure fees for parties Friday 18 May to Sunday 20 May if the application is approved. Applicants will need public liability insurance and will be responsible for barriers and signs, opening and closing the road and informing all neighbours of the closure.

Find out more and download the application form from www.salford.gov.uk/eventsinparks

New challenge?

An office worker who swapped commuting for the school run and meetings for children’s parties, says fostering is the best career she’s ever had.

Michelle from Worsley opted for short term fostering but there are many different schemes, with full training and support. Find out more at www.salford.gov.uk/fostering

Bright ideas and dreams wanted

Got an idea to benefit your community? Need help to achieve a goal?

The Ceremonial Mayor’s community chest offers grants of up to £500 to community groups for projects to benefit residents or to individuals to achieve a particular goal or challenge.

Please email michelle.lindsay@salford.gov.uk or call 0161 793 3030 for details

Use your vote

Young women from Buile Hill high school designed a giant tribute to women to commemorate 100 years since women over the age of 30 won the right to vote.

The giant banners were on display at Swinton Civic Centre to mark the anniversary of the Representation of the People Act 1918.

Don’t miss your chance to vote in the 3 May local elections. Registration to vote in these elections closes at midnight on 17 April. Do it online at www.salford.gov.uk/registertovote
New home for wildlife

It will protect almost 2,000 homes and businesses from flooding but Salford's new flood basin also has another role.

The 28 hectare basin has its own urban wetland for birds and wildlife which will open later this spring once essential work on the paths is complete. A viewing mound has been named Harry's Hill in honour of the late Councillor Harry Davies, who helped to guide design of the site.

The flood embankments have been planted with wildflowers to attract ladybirds, moths, butterflies and bees and there are new paths for runners and cyclists as well as new, flood resilient sports pitches on the site. It also links to Kersal Dale and walking and cycling routes along the Irwell Valley.

More than 90 hectares of development land around the area can now be used for regeneration thanks to the basin's protection. It can hold more than 250 Olympic-sized swimming pools of water during a flood, slowly releasing it when river levels drop.

The basin took three years to build and the Environment Agency worked with Salford City Council, which contributed £1.2 million towards the £10 million scheme, the Broughton Trust, Salford Friendly Anglers, Kersal Vale Allotment and Horticultural Society and the University of Salford.

Pace picks up at new RHS Garden Bridgewater

Over 200 volunteers have signed up, with volunteering now taking place four days a week, helping to create the next phase of the site's history. Clearing overgrown areas in the historic walled garden has uncovered original gate posts and 150 year old pear trees smothered by ivy, which will be kept.

Ten new horticultural staff have joined the team to create the gardens and work on community gardening projects across the city. All sorts of memories of the Worsley New Hall site have been submitted to the Bridgewater Memories project from scything the orchards to wartime incendiary bombs and singing with the scouts. Students from the University of Salford will work with the RHS to capture these memories for inclusion in the future garden.

This spring, pigs will be reintroduced to the gardens to help turn over the soil and deal with invasive weeds.

To get involved in volunteering at RHS Bridgewater, or to share interesting memories of the site with future visitors, please email bridgewaterfeedback@rhs.org.uk
Audacious plans for new ‘cathedral’

A fast growing Salford church has big and bold plans to expand. The Audacious Church, Trinity Way, already has 5,500 people attending three services every Sunday.

Now it plans to expand its auditorium to seat up to 2,400 people and, by building on the existing car park, add a five storey extension including a café, children’s play centre, business incubator units, a tv studio, a wellbeing centre, a children’s church and a rooftop terrace. It will also build a multi storey car park.

A giant media screen at the front of the church will look like clear glass when not illuminated but will show images and film (when lit).

£1.1 million boost to housing in Salford

Salford’s successful bid to the Housing Infrastructure Fund will pave the way for further development on Chapel Street.

The money will be spent on preparing the land for 188 new apartments and 11 town houses to be built by diverting sewers and installing gas and electricity pipes and cables.

It’s part of the £650 million regeneration scheme for Chapel Street and New Bailey providing new homes and spaces for business, leisure and community uses.

Community boost from Salford boom

Affordable housing, schools and parks have all benefited from Salford’s building boom – and there’s more to come.

Developers paid £6.5 million in Section 106 funds last year and, in just three months, signed agreements which will bring in a further £2 million. It’s the highest amount of Section 106 money in Greater Manchester.

City Mayor Paul Dennett said:

“A myth has sprung up that developers don’t contribute money to the city. It’s simply not true.

Section 106 contributions offset the impact of a development on the local community. Some developers build services or facilities into their plans and cover their obligations that way; others pay money the council can, and does use for schools or community facilities. We can’t use the money for council services.

National planning law does allow developers not to pay Section 106 money if they can prove their development would not be financially viable with these contributions.

But the council does impose legal agreements and reassesses all the figures when a scheme is complete to seek more Section 106 contributions where possible.

It’s a long term strategy but it is already paying off for the city.

A percentage of the Section 106 money has also provided a pot for new affordable social housing and the first development will start this year.”
City West Housing Trust has finished regeneration of the former Salford Reds rugby ground, The Willows. Dozens of residents and their families have moved into The Willows development in Weaste, Salford, following an £11 million transformation of the derelict ground into 103 much-needed new family houses, apartments and bungalows. In tribute to the much-loved club, streets have been named after former players including Lance Todd Close and Gus Risman Street. The development includes 81 homes for affordable rent and 22 properties for shared ownership giving local people the opportunity to take a 25% or upwards equity stake in a home for less than £29,000.

Colette McKune, Group Deputy Chief Executive at City West’s parent company ForViva, said:

“We are delighted to have welcomed families into their new homes and mark the completion of this project which has helped transform a derelict and challenging site into a thriving community. “

“When demand for affordable homes outstrips supply in Salford bringing forward new developments like The Willows that help meet local people’s housing need is a top priority. “

City West Housing Trust secured £2.75 million of funding from the Homes and Communities Agency to support the development of the site, which got underway in September 2015.

For more information on City West’s development plans visit www.citywesthousingtrust.org.uk

Ingleside Birth Centre — now open —

It’s the first of its kind in Greater Manchester and you helped create it! Thanks to everyone who backed our appeal to transform the former Victorian mansion into a high quality, midwifery-led birth centre. You raised over £130,000.

Midwives from Bolton NHS Foundation Trust are running Ingleside which aims to become a community hub with antenatal and postnatal clinics and classes, Contact Ingleside@boltonft.nhs.uk or follow the centre on Facebook @InglesideSalford

Tune in to the beat

New weekly radio show about the NHS in Salford

Move over Chris Evans, Ken Bruce and Jo Whiley, there’s a new radio show in town! NHS Salford Clinical Commissioning Group (CCG) has launched a weekly radio show, Salford Heart Beats, every Wednesday from 12 noon to 1pm, on Salford City Radio 94.4FM.

Each show features updates on the CCG’s engagement work across Salford with some of the people the CCG works with and members of the community who have their own health story to tell.

Tune in and, if you have an idea for what you’d like Salford Heart Beats to cover on the airwaves, get in touch via salccg.involve@nhs.net.
A bold new vision has been announced for an iconic apartment block in Salford.

Housing association Salix Homes has been working alongside residents at Canon Green Court in Trinity to develop proposals to modernise the 1960s building.

The eight-storey building on Canon Green Drive dominates the Salford skyline with its distinctive blue balconies and has provided the backdrop for several television dramas including ITV’s Prey and Channel 4’s No Offence.

Now Salix Homes is planning to renovate the building and create modern, attractive, energy efficient homes fit for the future.

Sue Sutton, executive director of operations at Salix Homes, said:

“"We have been working very closely with residents to ensure they’re involved in this much-needed improvement work every step of the way."

"This is an exciting time for Salix Homes and for our residents. We’ve listened to what our residents want and we will continue to work closely together to develop proposals that benefit everyone and create modern, energy efficient homes we can all be proud of."

The proposals will transform the appearance and living facilities of the block and include the construction of an additional 100 units on the site to help fund the essential improvement work residents have been calling for.

The initial designs propose an additional multi-storey apartment block is built within the grounds while the current block will undergo a major facelift including new kitchens, bathrooms, heating systems and external wall insulation.

Ms Sutton added:

"Not only will our ambitious plans transform the homes and hopefully the lives of the current residents of Canon Green Court, but they will also provide the opportunity for Salix Homes to build around 100 desperately needed new homes for local people."

The final proposals for Canon Green Court are currently being finalised and will be submitted to Salford City Council for planning permission after they’ve been given the green light by residents and the Salix Homes Board.

It is hoped that work will begin on site later this year and will be completed in 2020.
Spring in Salford is bursting with great events and activities. See www.visitsalford.info for more details.

Sign up for the Visit Salford e-newsletter packed with top tips on events and activities going on in the city www.visitsalford.info/e-newsletter

What’s on

**Manchester Duck Race**
Friday 30 March, 11am to 4pm, River Irwell at New Bailey, M3 5AX, £1 per duck
Duck races and family fun supporting children’s charity Brainwave.
www.brainwave.org.uk/2018-manchester-duck-race

**Roe Green Easter Egg Prize Hunt**
Saturday 31 March, 1pm to 4pm, Roe Green Methodist Church Hall, Worsley, M28 2RN, £5 per family
Pick up a map at the church hall.
www.facebook.com/st.markscofeschoolpta

**Attrape-Moi! (Catch Me)**
Tuesday 3 April, The Lowry, Pier 8, Salford Quays, M50 3AZ, From £10
Tumbling and circus acrobatics for all the family.
www.thelowry.com

**The Little Mermaid**
Tuesday 10 to Saturday 14 April, The Lowry, Pier 8, Salford Quays, M50 3AZ, from £16.50
Hans Christian Andersen’s classic with acrobatics and music.
www.thelowry.com

**Goblin Quest**
Tuesday 3 April, 1pm, Riverbank Park, Lower Kersal, Salford, M7 3NQ, free
Find and stop the goblins!
Book on 0161 743 3625/07375 049 966 or natalie@inspiringcommunitestogether

**Peel Park Party**
Sunday 22 April, 12 noon to 4pm, Peel Park, The Crescent, Salford, M5 4PD, free
Live music, performances, archery, games, arts, planting and more. Bring a picnic.
Organised by the Friends of Peel Park, supported by Salford City Council and Walk the Plank. See www.peelparksalford.info for details

**Royal Wedding Weekend**
Funfair Friday 18 to Sunday 20 May, 12 noon to 9pm, Buile Hill Park, Eccles Old Road, Salford M6 8GL
www.salford.gov.uk/builehill

**Circus Funtasia**
Wednesday 23 to Sunday 27 May, Victoria Park, Manchester Road, Swinton, M27 4FA, from £7, shows at 2pm, 5pm and 7.30pm
www.circusfuntasia.co.uk

**Wildflower planting**
Sunday 8 April, 10am to 3pm, Duke’s Drive, off Parrin Lane, Monton, meet in car park
Adults only. Please dress appropriately and bring your lunch. Hot drinks provided.
For more Bridgewater canal volunteering contact Jill Tyson on 07872 808003 or email bridgewatercanal@salford.gov.uk

**Salford Mad Pride 18**
Saturday 9 June, 11am to 3pm, Victoria Park, Swinton Hall Road, M27 4UR, free
Celebrate people living with mental health! Bring crazy hats and a picnic for the Mad Hatters Tea Party. Enjoy activities for all the family. Contact Lesmond Taylor, Salford CVS on 0161 787 7795 or see Salford Mad Pride 18 on Facebook.

**I Spy Bridgewater Bats**
Friday 18 May 2018, 8.15pm, Worsley, M28 2PA, free.
Family-friendly night time walk to discover Bridgewater bats as they hunt for insects over the canal. Places are limited, details at www.est1761.eventbrite.co.uk

**Volunteering**
Follow us on social media @visitsalford
Keep active

Make friends and stay well with Salford City Council’s health improvement service. Free, but booking essential on 0800 952 1000 or email healthimprovement@salford.gov.uk

Mini Dribblers
Tuesdays 10am to 11am, St Paul’s Church Community Centre, Manchester Road, Walkden M28 3HE
Fun ball play for children aged two to five.

Electric bike sessions
Tuesdays 11am to 12 noon
Tennis courts, Prince’s Park, Liverpool Road, Irlam.

Paws for Walks on Wednesdays
Every Wednesday until 27 June, 10.45am, The Meadow, Meadow Road, Salford, M7 1PA, free, meet in car park
Dogs, don’t forget your lead. Humans please wear sensible footwear. www.facebook.com/dogsinsalford

Community allotment group
Tuesdays 12 noon to 2pm, Tindall Street, Eccles
Wheelchair friendly. Please wear suitable clothes.

Tasty treats

Lowry Makers Market
Saturday 31 March to Sunday 1 April, Saturday 28 to Sunday 29 April, The Lowry Plaza, Pier 8, Salford Quays, Salford M50 3AZ
The finest local food, drink, art, design, vintage and modern crafts.
www.themakersmarket.co.uk

Afternoon tea cruises
Now until Wednesday 16 May, sailing at 1.30pm, £25.95 per person
Cruise from Castlefield to Salford Quays and back with afternoon tea and commentary.
www.citycentrecruises.com

Salford Libraries Live
All at Pendleton Library, Pendleton Gateway, 1 Broadwalk, M6 5FX.
See www.salfordcommunityleisure.co.uk/live for full details

Talks, music and exhibitions

Red Brick Chamber Sessions: Vonnegut Collective
Monday 9 April, 7.30pm to 9pm,
Peel Hall, University of Salford, The Crescent, M5 4WT, free, booking essential
Timeless works meet new music and musicians without a conductor. www.eventbrite.co.uk

Talk: The Markendale family of Ordsall Hall 1815 to 1871
Sunday 13 May, 2pm to 3pm,
Ordsall Hall, 322 Ordsall Lane, M5 3AN, £3.24, booking essential
Fundraiser to restore a Markendale family portrait for the hall. www.eventbrite.co.uk

One Drawing at a Time – Salford and Manchester
Runs until Sunday 10 June, Salford Museum and Art Gallery, Peel Park, The Crescent, M5 4WU, free
Manchester Urban Sketchers tell their story of Salford and Manchester, one drawing at a time.
www.salfordcommunityleisure.co.uk

Charity fun

Salford’s Ceremonial Mayor is raising funds for mental health, education, homelessness and children’s health in Salford. Have fun and help boost funds.

Pink Butterfly Fashion Show
Thursday 22 March
Swinton Park Golf Club £10

Afternoon Tea with the Mayor
Saturday 14 April, Civic Centre, £10

Big Band Night
Wednesday 18 April
Swinton Park Golf Club £10

Great Gatsby Ball
Friday 27 April
The Lighthouse, Eccles £45
See www.salford.gov.uk/mayorscharity

Talk: The Markendale family of Ordsall Hall 1815 to 1871
Sunday 13 May, 2pm to 3pm,
Ordsall Hall, 322 Ordsall Lane, M5 3AN, £3.24, booking essential
Fundraiser to restore a Markendale family portrait for the hall. www.eventbrite.co.uk

Comedy, cartoonery and improv with poet and cartoonist Ian McMillan and Tony Husband
Thursday 17 May, 7.30pm to 9pm (no interval), £10 plus booking fee. Booking required. Suitable for all.

Manchester Urban Sketchers tell their story of Salford and Manchester, one drawing at a time.
www.salfordcommunityleisure.co.uk
Making Salford 10% better

Alongside making you better off, we’re trying to make Salford 10% Better as a city.

That’s the name of a new campaign launched by Salford’s Social Value Alliance. It’s about using every pound spent in Salford by organisations in the public, private, voluntary, community and social enterprise sectors to get the most value for local people, benefiting the environment and the city.

It means everything from working with suppliers to provide apprenticeships and training for young people to encouraging recycling, green transport and more volunteering.

Salford City Council’s ‘local spending’ has already put £111 million directly into Salford’s economy, created over 2,000 jobs and hundreds of apprenticeships.

See www.salfordsocialvalue.org.uk for more details
You can’t get a job without experience and you can’t get experience without a job.

That’s why Urban Vision, Salford City Council’s partner is trying to help young people break through that barrier.

The company provides a wide range of services to Salford City Council as well as other customers across Greater Manchester, from planning and landscape architecture to highways, engineering and providing strategic property advice.

That offers lots of opportunities for young people who don’t want to go for academic qualifications but may not have considered these areas of work.

Staff from Urban Vision have been going into schools to advise and support pupils for some time but are now branching out to help young adults aged 18 to 24 who are struggling to get their foot on the first rung of the working ladder.

At the Greater Manchester Talent Match ‘The Big Conversation 2018’ event in January, the ‘talent match mark’ was introduced to recognise and celebrate local employers that encourage and support young people and give them opportunities to explore and experience the world of work.

Companies or organisations can work to four different award levels, from bronze to platinum, depending on how much time and support they can commit to helping a young person find their perfect career.

Urban Vision is going for gold as it continues to support young people right through secondary school up to the age of 24 by boosting opportunities for young people not in work, education or training or those facing severe barriers to gain the skills they need to get into work.

If you’re interested in apprenticeships or work experience at Urban Vision to help boost your skills for getting into work, please contact Sarah Royle on 0161 779 6145 or email sarah.royle@urbanvision.org.uk
MUSIC, DANCE, PERFORMANCE & COMEDY

We are proud to present a full programme of events that reflect the eclectic mix of arts on offer at the University. From student performances to collaborations with established professionals, the diverse offering is a celebration of hard work and talent.

Below is a selection of the events on offer. Find out more about the full programme at [salford.ac.uk/events](http://salford.ac.uk/events)

THE CEREMONIAL MAYOR OF Salford’s Charity Concert

Wed 18 April / Food 18:45 / Music 19:30

The University of Salford’s Big Band is extremely proud to support the Ceremonial Mayor of Salford’s charities by providing the music for this special occasion. The band will play a broad range of repertoire from the 1940s to more contemporary compositions and arrangements.

Food will be served at the beginning of the evening and is included in the price of the ticket.

£12 (unreserved seating)
Swinton Park Golf Club, East Lancashire Road, Swinton, M27 6LX
Tickets - Stacey Fletcher: 01617969250 or Duncan Watson: 01612856198
Event organised in conjunction with Rotary Club of Salford with Swinton

SUSPICIOUSLY CHEAP COMEDY

Mon 30 April / 19:30

London’s best sell out night of new comedy material is coming to Salford. Lovingly curated by critically acclaimed sketch groups, Gein’s Family Giftshop and Goose, Suspiciously Cheap Comedy brings you the best line ups for a fiver, including Edinburgh Comedy Award Winner Adam Riches (creator of the smash hit show “What Would Beyoncé Do?”), Lúcia Omalat and Jamali Maddik (as seen on Live at the Apollo).

£5
New Adelphi Theatre, New Adelphi Building, University of Salford, M5 4BR
Tickets - Mark Fox: 01612956019

COLLABORATION

Sun 20 May / 19:00

Greater Manchester Jazz Orchestra directed by Richard Iles
University of Salford Big Band directed by Tim France

The Greater Manchester Jazz Orchestra is an exciting and innovative music education partnership combining players from the Music Service Jazz and big band programmes across the region. In this performance, the band will premiere new music from some of the biggest names in UK jazz including Mark Nightingale, Iain Ballamy, Alex Bone and Clark Tracey as part of its 2016 ‘Commissions Project’, funded by Arts Council England.

£6 (£5 concessions) available on the door
Paul Hall, University of Salford, The Crescent, M5 4WT
Salford Community Leisure has secured £211,000 National Lottery funding through Sport England’s Swim Local pilot project to encourage people in Salford to get in the pool.

The Swim Your Way campaign has recruited three swim activators who will research barriers preventing people from going swimming and highlight the variety of swimming sessions available across Salford. These range from the Learn to Swim programme, through to Children’s Splash, SwimTag, aquatic classes and Open Water Swimming at the Helly Hansen Watersports Centre.

For more information call 0161 792 2847, follow the hashtag #SwimYourWay on Twitter and Instagram or go to www.salfordcommunityleisure.co.uk/sport

The pilot is already running in Swinton and Eccles and Irlam with appointments at Swinton Gateway and Eccles Gateway. Patients registered at practices in Little Hulton, Walkden, Ordsall and Claremont will soon able to access the service. The Salford Wide Extended Access Pilot is delivered by Salford Primary Care Together, a Community Interest Company established by Salford GPs to help local people live healthier, happier and fulfilling lives.

Medical Director Dr Mhairi Yates, who is also a GP in Eccles, said:

"Rolling the service out in Broughton takes us ever closer to our goal of ensuring all patients registered with a Salford GP have the opportunity of evening and weekend appointments."

"We know the winter period is an incredibly busy time for all health services and throughout February and March we have been supporting GP practices to offer extra appointments to their patients."

For more information go to www.spctogether.co.uk

Broughton brings in Sweap

Broughton is the third area to launch the Salford Wide Extended Access Pilot, which means patients can book GP appointments later into the evening Monday to Friday and on Saturday and Sunday mornings. These appointments are booked with the patient’s own GP practice reception team and take place at Newbury Place Health Centre.

Swim Activator, 28-year-old Nicole Lawler from Broughton, said:

“I want to pass on the knowledge that swimming has wellbeing benefits, improves fitness and helps people make new friends.

Samantha Johnson, another activator aged 29 and from Irlam, said:

“I’m looking forward to going out into the community, helping people become more interested in swimming and seeing what they can achieve.

Thirty three-year-old swim activator Siobhan Maguire from Swinton, said:

“My aim is to break down barriers about swimming and find out what people want from a swim session. I’m looking forward to meeting people and getting the chance to enhance their wellbeing.

For more information call 0161 792 2847, follow the hashtag #SwimYourWay on Twitter and Instagram or go to www.salfordcommunityleisure.co.uk/sport
Welcome to our community pages

Events, activities and news from you and your local community.
There are more events promoted on mycitysalford.com

Volunteer or join in

Barnardo’s needs volunteer independent visitors to support children in care to enjoy fun activities. Training, on-going support and expenses provided. Contact 0161 707 0222 or email scrs@barnardos.org.uk.

St Philip’s Church, Chapel Street, Salford, runs Kidslife club for school children in years three to six, Thursdays 6pm to 7.15pm (term-time only) and Chapel Street Tots mother and toddler group Tuesdays 9am to 10:30am. Call 0161 839 9709, email hello@saintphilips.org.uk or see www.saintphilips.org.uk for details.

Time Out for Carers meets every Wednesday 12 noon to 3pm at Sutton Community Centre, Dovestones Road, Salford. It’s free and offers everything from head massages, crafts, computers and entertainment to days out. Contact Jean Elliot 0161 727 8406 for details.

Salford Dementia Champions Group wants new members to make Salford a dementia friendly city. Contact caroline.allport@nhs.net or call 0161 212 4953.

Can you help older people beat isolation? Volunteers are needed for art, IT and exercise projects. Full support, expenses and training provided. Contact Jessica or Michael, tel 0161 787 7795 or together@salfordcvs.co.uk.

Autistic Spectrum Support for People is for parents, carers and people with autism. They meet at Peel Park Pavilion, Manchester Road West, Little Hulton, M38 0BT, every Friday 1pm to 3pm and every second Sunday from 12 noon to 3pm.

Spring in their step

Pupils from St Paul’s primary school, Cross Lane, have brightened up their school grounds by planting spring bulbs. The idea came as part of highway improvement works in the area by Salford City Council and Urban Vision which included refurbishing paths, the cycle lane, traffic signs, road markings, bus stops and new landscaping.

Need a RADAR key?

RADAR keys open accessible public toilets for people with disabilities. Buy yours from the Ableworld shop, Burrows House, 10 Priestley Road, Wardley Industrial Estate, M28 2LY for £4.20 or less if your disability equipment is VAT exempt. Find accessible toilets across Salford at: www.salford.gov.uk/accessible-toilets
All aboard the Celebrity Express!

Local artist Rachelle Cleary’s mural at Irlam station celebrates people who have had an impact on Irlam and Cadishead.

Actors Michelle Keegan and Lesley Nichol sit alongside railway engineer George Stephenson and William Roscoe and Sir Edward Baines Junior who reclaimed Chat Moss for farmland.

The giant mural is part of Hamilton Davies Trust’s I C Art programme to brighten up Irlam and Cadishead.

Don’t forget to drop in to The Station café bar after admiring the mural.

Zak’s fantastic fundraiser

Salford student Zak Thornley set out to raise £1000 in memory of his uncle Keith Dalby who died of cancer and smashed his target.

Zak, now 16, organised a 10 mile sponsored walk, a charity night at St Boniface’s social club and a bowling competition in Irlam on top of studying and being a professional DJ. He raised £1,240 in just six weeks for Christies.

Zak, a pupil at All Hallows, who aims to be a professional singer and DJ is now planning more fundraising.

Home sweet home

Homelessness charity Salford Loaves and Fishes has a new home thanks to the Holts brewing family.

The Edward Holt Trust bought and funded the £546,000 refurbishment of a building in Paddington Close, Pendleton after the charity ended up in temporary accommodation.

Jane Murphy, Chairman of the Trustees of Salford Loaves and Fishes, said: “We can’t thank the Trust enough. Our services are needed more than ever and we can now focus on helping people.

More volunteers are needed to expand the service from three days a week as well as regular monthly donors. Call 0161 737 8775, visit the centre or see www.salfordloavesandfishes.org.uk

Build your future

Young people looking for an exciting career in construction are being offered the chance by Salford City College.

Build Salford helps secure apprenticeships with some of the best, local companies and offers free personal protection equipment and a free CSCS card. The scheme covers travel and a weekly allowance, subject to eligibility.

Find out more at the Build Salford open event, Monday 26 March at 2pm at FutureSkills at MediaCityUK, Dakota Avenue, Salford, M50 2PU. To book, call 0161 631 5555.

Growing your skills

Princes Park Garden Centre, off Liverpool Road, Irlam, provides opportunities for everyone to learn new, practical skills and give back to their community.

Over the winter the group helped with repairs and planting. They produce handmade garden tables and decorations, planters and bird boxes. For more information call: 0161 775 0875 or email office@princesparkgardencentre.com www.princesparkgardencentre.com

Want to be more active?

Empower helps disabled people to be more active.

It covers everything from gardening and cycling groups to intensive gym workouts across Eccles, Pendleton and Swinton and is supported with funding from NHS Salford Clinical Commissioning Group.

If you or someone you know might benefit from Empower, please contact Ben Andrews on 07747 475038 or email ben.andrews@unlimitedpotential.org.uk.
NHS Salford Clinical Commissioning Group (CCG) has been rated one of the best for the way in which the people of Salford are given a voice over how health care is provided across the city.

The assessment – conducted by the NHS National Public Participation Team – rated the CCG as ‘Outstanding’ for the way in which it involves the city’s residents in the development of local health care services.

Examples include holding drama workshops in secondary schools focusing on self-harm and eating disorders, having wide-reaching conversations with over 5,000 people on topics like mental health and also seeking views from pregnant women and their families about relocating the Salford Birth Centre.

The assessors also praised its efforts for "outstanding equalities work incorporating involvement”, such as setting up a Citizen Advisory Panel – a group of residents from diverse and representative backgrounds who advise and guide the CCG on what topics to feature at its three citizen panel events a year.

The panel events give people the opportunity to hear the latest updates on plans for health and social care across Salford, as well as as debate key issues for our health services.

Dr Tom Tasker, Chair of NHS Salford CCG, said:

"It is tremendously pleasing to be rated so highly, with us scoring 14 out of a possible 15. It demonstrates the effort and commitment of our staff – and those at Salford City Council with whom we jointly carry out much engagement activity – to ensure that we build positive relationships with Salford people.

"At the core of our work is our citizen panel, of which many Life readers are members. So I’d like to say thank you. Without your passion and commitment to attending our events or volunteering your time to be involved in our engagement work – be it completing surveys, attending meetings or by sharing your personal stories - Salford would not have the reputation it does for putting the voice of our residents at the heart of what we do."

Anyone living in Salford is welcome to give their views on health and social care. For more information call 0161 212 4813 or email Sandra.lindsay1@nhs.net
Sugar’s not so sweet

Just over half of all our five year olds have tooth decay compared to a quarter in the rest of England.

That’s why Salford City Council’s public health team is tackling sugar – because tooth decay is totally preventable.

Half the sugar children consume each year comes from snacks and sugary drinks.

Too much sugar also puts them at risk of sugar related highs and lows which can affect their education, obesity, diabetes and heart disease.

Baby teeth matter

Nursery and reception children will soon be brushing every lunchtime with fluoride toothpaste.

Having a healthy mouth helps children communicate easily and confidently, enjoy their food and boosts their self confidence.

Evidence shows that fluoride and reducing sugar intake and frequency, will prevent tooth decay.

Sugar free Brownies

The 1st Boothstown Brownies have developed a sugar smart badge for all Brownie units in Salford - and became the first unit in the country to achieve it. Ceremonial Mayor Councillor Peter Connor presented their badges.

The workbook helps children understand food labels, eat healthy food and exercise more to develop good habits for life and is already attracting interest from around the country.

Pop off menu as pupils take GULP challenge

Over 100 Year 8 pupils at St Patrick’s RC High School took a big GULP and gave up loving pop for 21 days.

They swapped fizzy drinks for water and learnt how to read food labels to check sugar content and hidden sugars.

Teenagers should have a maximum 30g of sugar per day – the equivalent of seven sugar cubes. But some fizzy drinks contain up to 62g in a single drink – equal to eating 14 sugar cubes in one go.

Top tips

- Keep sugar to meal times only
- Choose 100 calorie snacks for children – two a day max
- Brush twice a day with a family fluoride toothpaste (1350ppm to 1500ppm fluoride concentration).
- Spit out excess toothpaste after brushing but don’t rinse your mouth
- Take your child to the dentist by the age of one. You can find a dentist by visiting www.nhs.uk
- Make sure your dentist applies fluoride varnish to your child’s teeth twice a year

www.nhs-uk/change4life
Supporting career development for Salford pupils

Children are important in shaping the future of Salford, so it’s essential that pupils in the community are given good support on what to do next. Urban Vision has been taking part in a number of initiatives in local schools, colleges and universities to help pupils in their pursuit of employment after education.

The company has taken up an ambassador role at St. Ambrose Barlow High School in Swinton, with staff involved in a 12 to 18 month career enterprise scheme and the team has been taking part in careers fairs and mock interviews, giving pupils an insight into what it will be like in the working world.

At All Hallows RC School in Pendleton and Moorside High School in Swinton, the team has been working with Years 8 to 11 to give them a better understanding of what is available after school in the engineering Industry.

Swinton High School pupils recently attended a meeting with Urban Vision engineers and were set coursework to paint a picture of the future Swinton town centre to get pupil’s imaginations flowing and inspire future engineers.

Interested in work experience?
Contact Sarah Royle on 0161 779 6145 or email sarah.royle@urbanvision.org.uk
NEW COURSES FOR SEPTEMBER 2018 ENTRY

CITY SKILLS CAMPUS

Construction & Building Engineering Services
Early Years Care & Education
Health & Social Care
Media Make-Up
Public Services
Travel & Tourism

FREDERICK ROAD, SALFORD, M6 6QH

WALKDEN CAMPUS

Animal Care
Art
Business
Early Years Care & Education
Public Services
Sport
Travel & Tourism
Media Make-Up

WALKDEN ROAD, WORSLEY, M28 7QD

0161 631 5000
WWW.SALFORDCC.AC.UK

OPEN FOR APPLICATIONS!

An amazing training restaurant open to the community, book online today at http://theglasshouse.salfordcc.ac.uk

The Glass House Restaurant, Walkden Campus, Walkden Road, Worsley, M28 7QD | 0161 631 5160 | theglasshouse.salfordcc.ac.uk
Salford has more than 70 languages and continues to grow as a vibrant and multicultural city. There are around 40,000 people in Salford from a Black Asian Minority Ethnic (BAME) Group background, 15% of the total population. It is estimated that, by 2051, one third of Salford’s population will have a BAME background.

To understand more about these communities, NHS Salford Clinical Commissioning Group (CCG) has set up a BAME Health and Social Care Ambassadors group to discuss their views and needs from local NHS services. Made up of representatives from a number of BAME groups across the city, the ambassadors meet monthly to learn about the latest developments in health and social care, and then to cascade it back to their respective communities and groups they represent.

Irfan Syed, the CCG’s Faith and BAME Engagement Officer, said:

"The BAME ambassadors are our 'critical friends' and help us to understand what is working well and what needs to be done better by helping, supporting and assisting us to improve provisions and services across Salford."

The BAME ambassadors supported the ‘No to Loneliness’ event, attended by 150 Salford residents from BAME backgrounds. Other projects include dementia, cancer awareness and education about how to access NHS services. The ambassadors are also supporting Greater Manchester Cancer Champions, a social movement to sign up 20,000 ‘cancer champions’ who will use their experience, knowledge and passion to support those at risk of developing cancer and those recently diagnosed with the disease. The Salford event was a big success attended by 100 Salford residents with 45 volunteers signing up as Cancer Champions.

For more information about BAME ambassadors, contact salccg.involve@nhs.net or call 0161 212 4813.
Jobs success

Salford Royal is helping to get unemployed people back into work.

The Sector-Based Work Academy programme provides work experience and qualifications for those desiring long term employment in health and social care.

Nine local people have participated in the most recent programme, which is organised with Salford City College and Jobcentre Plus and combines four weeks of studying with a 10 week placement at the Trust.

Steve Wong, who had been looking for work for years while caring for his family, is now employed in occupational health at Salford Royal. He said:

"Before the programme I felt deflated, demoralised and had few goals or aspirations. I felt although I had 20 years of experience and a degree nobody would employ me again. This programme has given me back self-confidence and self-belief."

Claire Fretwell, Associate Director of Learning and Development at Salford Royal, said:

"I'm really proud of this programme. The placement gives the candidates an opportunity to grow in confidence and learn new skills and offers the departments hosting the candidates an opportunity to see them carry out the role, a little like a 10 week interview. This has proved very successful with seven out of the most recent cohort of nine being successfully employed at the Trust with two waiting to hear outcomes of interviews."

The programme is part of the Trust's Pledge towards Salford's 10% Better Social Value campaign (see page 16).

Giving back to our veterans

Broughton House, a veteran's charity based in Salford has had caring at the forefront of its agenda from day one. Founder William Coates collected £100,000 from the community in one week to fund a makeshift hospital for wounded soldiers. They still rely on goodwill and have plans to open a veteran care village.

This is why Broughton House is Urban Vision's charity of the year, to help with funding for the new village and to support their mission in caring for the older WW2 veterans in their last years. Younger veterans can also get help finding work and with their mental health.

Urban Vision will be raising as much money as possible for this amazing cause across 2018. Track progress at www.urbanvision.org.uk

In addition, Urban Vision helped to refurbish Victoria Park gatehouse in Swinton, as a drop in centre for armed forces' veterans. The green building was painted RAF blue and new carpets, storage heaters, doors and a kitchen with free standing facilities were put in.

Veterans are welcome for a chat, a cup of tea, financial/employment support or to come and have their hair done on Fridays between 10am and 2pm.
Digital Salford

Sign up to save time

Salford City Council is making its services quicker, easier and better. A Salford customer account (SCA) saves time and keeps all your details in one, easy to reach place.
Use it to manage your council tax accounts, view your housing benefit and council tax reduction and you can even sign up for paperless billing. Find out more about your local area from bin collection days to who your local councillor is.
Check it out at www.youraccount.salford.gov.uk

Scan and go

Easy to use touch screen scanners called ScanStations are coming to local Gateways and the Broughton Hub this summer.
It means you can scan in essential documents and application forms for everything from blue badge parking permits to school admissions instead of waiting for an advisor to take the documents. As well as saving time, going digital also helps the environment as there’s no paper to recycle.

Digital network grows

Twenty nine local centres have signed up to support Salford’s Digital You programme.
From libraries to community centres they’re joining forces with Salford City Council and Good Things Foundation to help get 8,000 people online over the next two years.
Digital You is about giving local people the confidence and skills to reap the benefits of computers and the internet, helping them save money by finding better deals, keeping in touch with family and friends or learning new skills, hobbies or ways to manage their health.
Salford Unemployed and Community Resource Centre (SUCRC), on Liverpool Road, Eccles, was the first organisation to get on board.
The centre helps people with benefits, employment law, debt, education and training and has a very successful project to support ex-offenders.

Centre manager Alec McFadden, said:
"We help a lot of people when they come out of prison but being able to offer digital skills is brilliant as it opens a new world for them. The ability to apply for benefits and jobs online really helps them get back on their feet so they are less likely to return to crime."

SUCRC is open Monday to Friday 9am to 4.30pm. See www.salforducrc.co.uk or call 0161 789 2999.
Find your nearest online centre at www.salford.gov.uk/digitalyou

Click here for help

Want an easy way to find out if you’re entitled to benefits and apply for them?
Want to find jobs or childcare at the click of a button?
Need some help with managing your money or tackling your debt?
Look out for our new website Better Off in Salford - coming soon.
In his April concert, the BBC Philharmonic’s Chief Conductor, Juanjo Mena, unearths several special pieces and ends the evening with an extraordinary gem from Ginastera.

The Latin American link between West Side Story and Stravinsky’s The Rite of Spring, Ginastera’s Panambi is true world music - inspired by Latin rhythms and Guaraní American Indian folk tales. There’s no other piece quite like it. Alongside Ginastera’s rich fusion is a rarely heard symphonic ballad from Tchaikovsky, The Voyevoda, and Shostakovich’s Second Cello Concerto: dark but occasionally amusing, intimate but sometimes overpowering.

For this unmissable evening, Salford residents can enjoy an exclusive offer of £3 stalls tickets for Saturday 14 April. Numbers are limited so book early. Contact The Bridgewater Hall and quote ‘SALFORD14’ when booking by calling 0161 907 9000 or book online at www.bridgewater-hall.co.uk

Visit www.bbc.co.uk/philharmonic to explore the rest of the orchestra’s 2017-18 season and discover what else is coming up. As always, these concerts will be broadcast on BBC Radio 3 but this is music that demands to be seen, heard and felt in person.

For more news, find the BBC Philharmonic on Facebook, Twitter and Instagram.

**Win unique knitting book**

From a Thirteen O Clock* tea cosy to a Brindley bobble hat – there aren’t many canals which have their own knitting book.

Make Your Marks is a collection of contemporary knitting patterns inspired by shapes, features and even stone masons’ marks found all along the Bridgewater Canal, Salford. It’s all part of a project to inspire a new generation and celebrate the heritage of the 250 year old canal which is undergoing a £5.5 million transformation funded by the Heritage Lottery Fund and Salford City Council. It covers everything from upgraded towpaths and information hubs to activities for local communities. Copies of the knitting book are available to borrow from Salford libraries or you can download an electronic version from www.est1761.org

To win one of five free copies of Make your Marks send your name and daytime contact details to lifeinsalford@salford.gov.uk by Friday April 6 and we’ll pick five lucky winners from the bobble hat!

*The Duke of Bridgewater famously set St Mark’s church clock to chime 13 after workers claimed they couldn’t hear the 1pm call to return to work.
Debt is for life – not just for Christmas

Credit Union boss urges Salford residents to start saving now for 2018 festivities

By now many of us have broken our New Year’s resolutions. But one resolution I hope I can encourage families living in Salford to make and stick to this year, is to be prepared for the expense of next Christmas. Even though it is now spring a lot of people will still be paying off Christmas 2017. This will not only have an impact on what you can afford to do throughout 2018 but can also lead to a spiral of debt that is really hard to get out of.

If you spent more than you planned over Christmas, consider a personal loan from a Credit Union to help you manage and ultimately clear your excess debt. It can help you to avoid high interest repayments in the future. Don’t put off dealing with debt as the reality is that it will only get worse. We don’t judge your situation; we just want to help you get out of it.

If you are thinking of turning to another pay day loan, credit card or high interest store to get presents for this year’s birthdays or Christmas gifts I would urge you to think again. A product that costs £399, could end up costing almost four times that amount.

By joining Salford Credit Union, you can apply for a loan and, with the money saved on interest repayments, you’ll be prepared for an unexpected bill, or save for next Christmas or even a holiday. Get in touch today to see if you qualify for one of our affordable loans. You can start saving at the same time for this year’s festivities, so you don’t have to wake up with any more debt hangover.

For more information on how to join Salford Credit Union go to www.salfordcreditunion.com
Sheila Murtagh (CUDE)
Chief Executive Officer
Salford Credit Union Ltd

If you’re worried about money you owe, then it’s best to get advice as early as you can. Salford Credit Union may be able to help you reduce your debts and there is excellent free advice locally from Salford Citizens Advice, Salford Unemployed Resource Centre and Salford Council’s Welfare Rights and Debt Advice Service.

Start saving now for a very happy Christmas

Christmas can be a really expensive time of the year. A dedicated Christmas Savings Account can help you avoid spending the cash too early, making sure you have enough money up-front to pay for gifts and drink.

Best of all, Salford Credit Union is a not for profit organisation with the aim of helping local people.

*With a Christmas Savings Account your funds will be available from 1 November. You can make a withdrawal of your funds at any other time of year subject to a £10 fee. Salford Credit Union is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Salford Credit Union is part of the Credit Union Community.
Alzheimer’s Memory Ball
So get glam and join us!
Saturday 24th March
12noon – 4pm
St Michael’s Community Hall
and Social Club, Liverpool Road,
Eccles, M30 7LP.

An opportunity for families to come
together and be a part of something great.
- Entertainment
- Raffle
- Refreshments
For tickets contact Stacey on 07540669491

Play Streets - Easter
City West Housing Trust will once again be
working in partnership with local groups and
organisations to deliver
FREE holiday activities
to children aged
5-12 years old.
Check out the website for a list of all activities
happening in your area over Easter.
www.citywesthousingtrust.org.uk/neighbourhoods

Kenyon Play Streets
Delivered by Kenyon Residents’ Association
Tuesday 3rd April 1.00pm – 3.00pm
Tuesday 10th April 1.00pm – 3.00pm
Crafts, gardening and lots more...
14 Hallstead Avenue, Little Hulton, M38 0DL

Looking to Volunteer?
Kenyon Residents’
Association is looking for new volunteers to support with the running of the local hub and delivery of a wide range of activities in the local area.
For further info please contact Russell Davies on 0300 123 5522.
STAY IN THE HOME YOU LOVE, WITH A STAIRLIFT FROM ABLEWORLD

HAVING A STAIRLIFT FITTED IS NOT AS COMPLICATED AS YOU MAY THINK!

Q: Exactly how long does it take to fit a stairlift?
A: It usually takes us about 2 hours to fit a straight stairlift or approx. 4 hours to fit a curved stairlift.

Q: What happens if something goes wrong in the middle of the night?
A: We have a 24-hour, 7-day a week engineering call-out service.

Q: I don’t know how long my mother will need the stairlift?
A: We offer a buy back service on all stairlifts we have sold.

Q: What happens if I have a power cut?
A: The stairlifts we install are battery-powered which automatically charge up when the lift is not in use. In a power cut, your stairlift will continue to work for a limited number of trips.

STAIRLIFTS
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Straight & Curved Lifts
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We buy back stairlifts. Up to £500 paid.
Brooks, Acorn, Handicare, subject to age & condition.

Your one-stop shop for all your needs

Engineers available for stairlift call-outs, scooter & wheelchair repairs
Bedroom & Lounge Furniture : Wheelchairs : Continence Care : Tables
Slippers & Shoes : Mobility Scooters : Dining Aids : Medication Aids
Lighting & Magnifying Aids : Walking Sticks : Bathroom & Kitchen Accessories

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ABLEWORLD
17 Caroline Street, Wigan, WN8 4EL
01942 233200
info@ableworldwigan.co.uk

ST HELENS
ABLEWORLD
9 Eccleston Street, St Helens, WA10 2PG
01744 453938
info@ableworldstheleens.co.uk
2 minutes from A529

WAVERTREE
ABLEWORLD
140 Rabblin Road, Wavertree, Liverpool, L15 4HF
0151 733 1116
info@ableworldwavertree.co.uk
100 yards from Wavertree Railway Station

SALFORD
ABLEWORLD
Burrows House, 10 Priory Road, Wavertree, Liverpool
0161 728 1880
info@ableworldsalford.co.uk
200 yards from BOCGas

SOUTHPORT
ABLEWORLD
Shakespeare Centre, 43 Shakespeare St
Southport PR9 2LS
01704 537631
info@ableworldsouthport.co.uk
5 mins from Led Street

Further details on all our stores can be found on: www.ableworld.co.uk

Ableworld are the main mobility retailer in the area approved as a Community Equipment Dispenser

Insured by National Mutual Insurance on behalf of Able World UK Ltd and approved through Mark Allen Ltd of Pontypridd Care, Premier Bios, London Energy Fund, Grantham, Essex, NICE K18 who are authorised and regulated by the Financial Conduct Authority, FRN 688839.