Welcome to LIFE IN Salford. In this issue we’re showcasing local information, activities, news and advice from across the whole of Salford, including a special section with news and activities from the local community.

We hope you enjoy reading LIFE IN Salford and we’d love to hear what you think about the magazine or any ideas you have for future content. Email lettersinlife@salford.gov.uk

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All enquiries including large print versions of this magazine – email lettersinlife@salford.gov.uk

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Two years have now passed since the devastating attack at Manchester Arena which changed people’s lives forever. The pain of losing loved ones is being felt across the world with further horrific attacks, recently on churches and hotels in Sri Lanka and on a mosque in New Zealand.

Such hatred achieves nothing and hate crime or hateful speech has no place in civilised society. Our thoughts are always with those affected and we stand in solidarity against those who seek to destroy our way of life.

If you are a victim of or witness any hate crime, please don’t shrug it off or feel powerless. There are numerous places around Salford where you can report it and receive help and support. Please see www.salford.gov.uk/hatecrime

Housing and homelessness, rightly continue to dominate the headlines and you can read about our plans to deliver more affordable housing on pages four and five.

I will continue to campaign to make sure that people who sleep rough or are in danger of being on the streets get the help and support they need. Salford City Council has successfully secured government funding to provide rapid help to people in this situation.

A Bed Every Night continues to provide accommodation with support for every rough sleeper in the city region. Since November, 1,423 people have been accommodated and a third have moved on to more suitable accommodation.

Salford has accommodated 291 people with 78 moving on. I am pleased that the scheme has been extended for another year.

Mental health continues to be a priority for the council and its partners. We recently published the All Age Mental Health Commissioning Strategy setting out our vision of a city with good mental health.

As a city, we spent around £50.2 million in 2018/19 on mental health services and that will increase by around £1.5 million per year over the next two years. Nationally and in Greater Manchester Salford has one of the highest levels of investment in mental health services and is known for best practice.

As part of the Greater Manchester Suicide Prevention Campaign a website has been developed called Shining a Light on Suicide. The campaign sees to raise awareness, share various stories and information and features free Save a Life training. You can find it at www.shiningalightonsuicide.org.uk

Salford is one of four areas nationally to trial the Living Well programme to better support adults whose needs fall between specialist and general health care and we are working hard on suicide prevention and support for those affected.

Paul Dennett, City Mayor of Salford
New affordable homes for Salford

Work is taking place at sites across Salford to provide more homes for people

Building works have now started to provide homes for Salford City Council’s new housing company Dérive.

Dérive has bought eight two and three-bedroomed homes off plan from Great Places Housing Group at its development at Duchy Road to provide much-needed affordable accommodation to rent.

In total, the full development will provide 72 new build two, three and four-bedroom family homes for affordable rent, shared ownership and market sale, offering a range of options to meet the needs of the local community. The homes, which are being built by Seddon, will be completed in 2020.

Dérive was set up in May 2017 through Section 106 contributions from developers and resources from Salford City Council. Over time, through selling homes at market prices, Dérive intends to become more self financing.

Chair of Dérive, Councillor John Merry, said:

“We have set up our own company so we can provide more truly affordable homes for local people in our city. Building on strong partnership working, this scheme is another milestone in finding innovative ways of increasing much needed affordable housing in Salford. More new affordable homes will be announced very soon.”

Helen Spencer, Director of Development at Great Places Housing Group, said:

“Affordable housing continues to be a key priority for all of the areas we operate in and Great Places remains committed to creating great homes across a wide variety of communities. We recognise the key role we have to play as a developer and we’re always on the look out for land to build additional affordable homes like those at Duchy Road.”
First social rent homes in Walkden

A Walkden site has become the first in the north west region to include homes for social rent using Homes England grant funding. Great Places has entered into a contract with Countryside to build 52 two and three-bedroom affordable family homes as part of the wider site of 302 homes at Reynolds Place off Worsley Road North.

Great Places will offer three affordable tenures through social rent, affordable rent and shared ownership homes, which will complement Countryside’s houses for open market sale and private rent through Sigma.

Salford City Mayor Paul Dennett said:

“It is unbelievable in this day and age that there are 39 bids being made for each affordable home advertised. We have almost 6,000 households on the council’s housing register - we are in the middle of a national housing crisis.

“It is fantastic news that we are working hard with partners to bring affordable homes to local people and help to create new communities across the city.

“We will continue to do all we can to provide a mix of homes that are affordable and make Salford better and fairer for all. This includes homes available for social rent, affordable rent, affordable home ownership and homes for sale.”

Social housing in Boothstown

Salford City Mayor Paul Dennett joined Councillor Tracy Kelly, Lead Member for Housing and Neighbourhoods, to visit Arcon’s new social housing development in Boothstown.

Arcon is managing 21 new three or four-bed family homes at the prestigious Edenfields development. They are a mix of shared ownership and social rent forming part of the wider Bellway Homes development, with its homes for private sale.

Claire Morris, Development Director for Arcon Housing Group:

“It’s rewarding to see families move in to this large-scale high quality regeneration scheme in Salford. I’m proud of the team at Arcon who have worked on this, which is a great example of public and private partnership working, involving Bellway Homes, Salford City Council and other stakeholders.”

The rented properties were advertised through Salford Home Search all at rents significantly below market rents.
Applying for job after job but never hearing back, new dad Connor Boyle had all but given up hope of ever getting his career back on track.

Then a phone call from Salix Homes changed 19-year-old Connor’s fortunes overnight.
Connor was chosen from more than 100 other applicants to join the housing association’s successful Earn as You Learn Apprenticeship Scheme. His success is all the more poignant as he had recently welcomed his newborn daughter into the world.

“When I found out I’d got it, I was over the moon,” he said. “I just wanted the chance to make a future for myself and my daughter.”

“I’d applied for so many different jobs and apprenticeships and had never been successful. I’d given up hope but Salix Homes has been so supportive and all the way through the recruitment process they made me believe I could do it – and now I know I can.”

Connor is now well into his plumbing apprenticeship, following in his grandad’s footsteps, and had previously been studying for a plumbing diploma at Salford College.
Connor is one of five apprentices who formed Salix Homes’ apprentice cohort for 2018.

Salix Homes is incredibly proud of its apprenticeship programme and, over the last three years, has created more than 50 apprenticeship positions both within the organisation and with its partner contractors.

Salix Homes’ apprenticeships are either one or two years and the apprentices work towards an NVQ in their chosen profession.
Four days a week are spent on the job and one day studying with training partner Total People. Apprentices also benefit from the support and guidance of skills and work manager Jackie Crook and one-to-one mentoring from their own dedicated mentor.
Graham Yeates, people services training advisor at Salix Homes, explains: “An apprenticeship is a fantastic route for not only the apprentice, but for Salix Homes as an employer too.

“They’re gaining essential skills and experience while getting paid while, for Salix Homes, we are building our workforce of the future.

“Towards the end of the programme we start working on employability skills like CV building and interview practice so even if we are unable to employ them directly we can work with our partners to ensure they continue on their career path and help them find permanent jobs.”

Email enquiries@salixhomes.co.uk to find out more about apprenticeship opportunities at Salix Homes.
Housing association Salix Homes has launched its Boost4Youth fund, offering grants of up to £500 a time to help fund youth projects or initiatives that will directly help young people living in Salford.

The funding is part of Salix Homes' wider Springboard grant programme, which has so far awarded more than £90,000 to local projects that boost community spirit, improve the environment, reduce isolation and promote health and wellbeing.

Young people are invited to bid for a slice of the funding and applications will be considered by Salix Homes' very own youth panel – Boost4Youth.

Boost4Youth is made up of a group of Salford teenagers who act as the voice of young people in Salix Homes' neighbourhoods. The talented teens work with the housing association to provide more opportunities and improve the prospects of young people in Salford.

Fathiat Abdul-Quadri, aged 14, said: “The Boost4Youth Panel at Salix Homes is all about the youth of Salford. We have the independence to make things happen, and we get to make decisions and shape how things are done.

“We’re all really excited to launch the Boost4Youth fund and provide more opportunities for young people. You often hear of teenagers complaining that there’s nothing to do around here, but this is their opportunity to make a difference and we can’t wait to see what ideas we can support that will benefit the community.”

Applicants don’t have to be a Salix Homes tenant, but the project must benefit young people aged up to 17 living in Salix Homes' neighbourhoods.

Jeanette Green, neighbourhood manager at Salix Homes, said: “Our Springboard fund has been really successful, ploughing thousands of pounds into worthwhile causes across Salford, so now we are opening it up to young people.

“Young people often hit the headlines for the wrong reason, but our fantastic Boost4Youth Panel are a fantastic example of what a positive difference young people can make in our communities and they’re looking forward to dishing out grants to help even more youth projects.

“Whether you’re an apprentice who’s after some new tools for the trade, or a youth club in desperate need of some new equipment, I’d urge you to apply to the Boost4Youth fund.”

Visit www.salixhomes.org to apply
Growing, growing, growing

Middlewood Locks

Five minutes walk from Salford Central station and close to Regent Road, three former canal basins at Middlewood Locks are being transformed into a brand new neighbourhood. Covering 25 acres the site will offer 2,215 new homes, many of which are available under the government’s help to buy scheme, as well as for rent.

It also includes 900,000 square feet of commercial space to include everything from hotels and restaurants to convenience stores and a medical centre.

Salford Brewers Seven Bro7hers are opening their second craft beer bar on the site which is being developed by the Scarborough Group.

New Bailey

New Bailey beside Salford Central railway station is the size of 21 football pitches and has hosted a Georgian prison, railway goods yard and offices in its long history.

Now it’s Salford’s newest business district creating a stylish gateway into Salford and 1,000 new homes, 11,000 jobs, two million square feet of top quality office space, over 1,200 parking spaces and a new Premier Inn hotel.

One New Bailey is already let and Manchester global legal practice, Eversheds Sutherland will move to Two New Bailey Square next year.

Three New Bailey will create a regional centre for Her Majesty’s Customs and Revenue (HMRC) fronting a new public square. Around 2,400 civil servants will move to their new home by 2022.

California inspired FoodWell, which has a health food deli, restaurant, bar and yoga classes recently opened on site.

The English Cities Fund leads the development of New Bailey which is bringing new employers, new jobs, new leisure facilities and leisure and business rates into Salford.

Salford is growing. New development is bringing jobs, business opportunities and homes.

Changing city

Two major brownfield developments are making Salford even more desirable to live and work.
Growing, growing, growing

Bridgewater Garden on Show

RHS Garden Bridgewater will be celebrating the countdown to opening with a Bridgewater inspired show garden at RHS Flower Show Tatton Park which runs from 17 to 21 July.

Manchester based Flint Landscapes, has designed a show garden inspired by plans for children’s play at RHS Garden Bridgewater.

Reflecting the natural woodland at Bridgewater and using materials from the site, the show garden aims to engage all ages as they move through the various spaces, tunnels and structures, some of which will be relocated back to Middlewood.

See www.rhs.org.uk/tatton for details.

Gardening on prescription

RHS Garden Bridgewater celebrated the first ever International Social Prescribing Day by signing its first social prescribing contract with Salford Primary Care Together and the University of Salford.

Up to 75 Salfordians will be referred to the garden by their GPs for supported volunteering under the guidance of a newly appointed therapeutic gardener. It’s an innovative, year-long pilot.

RHS staff and partners have received training from leading horticultural therapy charity Thrive and the University of Salford will evaluate the effects of gardening on participants’ physical and mental health and wellbeing.
Download the Go Local app from MyCity Salford for great local deals and events from independent businesses in Salford. 
www.mycitysalford.com/golocal
Discover GOLocal UK

Download the free Go Local UK app to find the latest discounts and offers as well as services, shops and great places to eat and drink.

You can connect quickly and easily to suppliers on your doorstep and benefit from great loyalty rewards on offer from your local businesses.

Your Go Local UK app will also point you towards exciting events - it’s all about showcasing the best Salford has to offer.

Research shows that 63 pence of every pound spent with a small or medium sized business stays in the local economy, supporting jobs and keeping high streets vibrant and interesting.

Buying local is also a much greener way to shop, with less packaging and less need for customers and goods to travel. And you get great, personalised customer service from your friendly local shops and services.

MyCity Salford is a digital platform open to everyone where residents and businesses can share events and activities, find information and services and connect with like minded people.

Veterans offered extra help

Members of the armed forces community and their families have a new Salford City Council champion to help with housing issues. It’s all part of Salford City Council’s commitment to supporting veterans and their families.

Rebecca Holden is part of a housing support team which provides housing related support to people who are homeless or at risk of homelessness. She can also offer short term tenancy support to people who are struggling to manage their tenancies, perhaps through getting into rent arrears.

“Members of the armed forces community are proud and resourceful people but sometimes problems escalate because they don’t like to ask for help. We want to get support to them before that happens and let them know there is a wealth of help available,” said Rebecca who has links with all the armed forces charities.

She has already helped veterans deal with rent arrears, set up new homes, obtain furniture and signposted them to specialist advice.

Please see www.salford.gov.uk/armedforces for details or contact Rebecca on 0161 607 1620.
17 JUNE - 12 JULY 2019

**Research in the Park**
A fun day out with friends and family in Peel Park, where researchers show off their work in entertaining and educational ways.

**Tasty!**
Our pop-up food market will be making an appearance at different locations during the festival. Sample delights from vegan friendly bites to sustainable food production.

**Strike a Pose!**
Watch the latest ground-breaking design and fashion, ethically created to feel as good as it looks at our catwalk fashion show.

**The Sounds of Salford**
Take a tour and explore sound in our cutting-edge sound and acoustics research facilities on campus.

**Show your Support**
The festival will be linking in with a range of local sporting events, come and show your support!

**Colouring Walls**
Make your mark and de-stress with flare at one of our many colouring walls dotted around campus.

**IMMERSE Yourself!**
Join our interactive, immersive environment of discovery. Explore research, science, music and more...

**Cafe Research**
Let’s talk research. Come and join us in our social spaces across the city, for topical discussions and debates. We’ll be in local bars, restaurants, cafés, parks and community spaces.

**Music and More**
Let us shape the soundtrack to your summer, with live music performances throughout the festival.

**Join the Creative Community!**
Communities across Salford are joining the Festival with a range of activities and events. Be part of the community and learn something new.

**Back to Peterloo**
As Manchester marks 200 years since the Peterloo Massacre, we look back at pro-democracy, local history and how this has shaped the world we live in today.

**Pop!**
Discover our pop-up band as they appear across the city in some unusual and unexpected places...

**360 Degree Experience**
Visit the Octave, our 360-degree audio-visual room. Come along and discover the potential of simulation for research and become lost in a realistic virtual world.

Our month-long programme will showcase the research being carried out across the University of Salford, community activities and events taking place over the city, so come and join the celebration this summer. Above are some of the highlights of what will be taking place during the festival.

For full event details and booking information of these and more, visit our website. We’ll also be offering exclusive offers and discounts throughout the festival.

Find out more at [www.salford.ac.uk/researchfest](http://www.salford.ac.uk/researchfest) #salfordresearchfest
Royal approval for Irlam’s new park

Local charity Hamilton Davies Trust has continued the regeneration of Irlam Station by creating a new park - and received a royal seal of approval.

The overgrown embankment near Irlam railway station has been turned into an attractive, quirky and peaceful seating area, reached by a safe, off-road pathway. Landscaping, a Hobbit-style house and 3D artwork paying homage to the area’s heritage have also been included. His Royal Highness the Duke of Gloucester, previously an architect by trade, visited Irlam railway station, meeting the Trust’s team and local volunteers. A plaque on the Station Park sign will commemorate his visit.

Hamilton Davies Trust Chairman, Neil McArthur said: “It’s great that HRH the Duke of Gloucester could pay us a visit and take a look at Irlam railway station House, which we transformed four years ago. To complement the station, we were determined to brighten up the embankment at the end of Station Road. We wanted to create something different, and Station Park, this quirky new green space is definitely that.”

Why not visit The Station, Irlam – a coffee shop with a museum feel at Irlam railway station? www.thestationirlam.co.uk

Celebrations and weddings

Whatever the occasion make it truly special.

Choose one of our unique Salford venues, Buile Hill Hall Park in beautiful parkland or historic Worsley Court House, and let our professional team help you make memories to last a lifetime.

Contact Citywide Catering & Events
Tel 0161 793 3670
Monday to Friday 9am to 5pm
email. citywidecertering&events@salford.gov.uk
www.foodinsalford.info
Life in Salford 25 • June 2019

There’s so much going on in Salford. See www.mycitysalford.com and www.visitsalford.info for more details. Sign up for the Visit Salford e-newsletter packed with top tips on events and activities going on in the city www.visitsalford.info/e-newsletter

What’s on

Follow us on social media @visitsalford

Celebrating our armed forces

Flag raising
Monday 24 June, 10.25am to 10.40am, Salford Civic Centre, Chorley Road, Salford, M27 5DA
Watch the Royal Regiment of Fusiliers raise the armed forces flag to mark the start of Armed Forces Week. Free

Armed Forces Day
Saturday 29 June, 10.30am to 4pm, free entry
Watch the military and community parade at 10.30am from Dukes Drive off Parrin Lane, Monton, to Winton Park, Dover Street, Winton, then join in a family fun day with entertainment, rides, cakes from Salford Angels WI. Brownies and Rainbows, 236 Squadron, Lancashire Fusiliers, the Sea and Air Cadets, Greater Manchester Police, Greater Manchester Fire and Rescue Service and Booths Charities are supporting the event. For more information on the flag raising and Armed Forces Day please see www.armedforcesday.org.uk and search events for Salford.

Theatre

The Three Inch Fools present Macbeth
Ordsall Hall, 322 Ordsall Lane, Salford M5 3AN. Friday 21 June from 6pm, tickets £16, £12 concessions, picnics £8.95, booking required.
Bring your own chairs https://ordsallhall.com/event/macbeth

This way up
Salford Arts Theatre, Kemsing Walk, Liverpool Street. Saturday 6 July and Sunday 7 July, 11am and 6pm, Tickets from £5, suitable for ages 3+.
Puppets, music and physical theatre as dad and daughter move into their new home.

When trolls try to eat your goldfish
Salford Arts Theatre, Kemsing Walk, Liverpool Street . Sunday 7 July, 2pm, from £7
One young girl tries to save the day and her goldfish. www.salfordartsstheatre.com

We’re Going On A Bear Hunt
The Lowry, Salford Quays. Saturday 3 August to Sunday 1 September, various times, tickets from £16
Based on the book, a family of adventurers and their musical dog set out to find a bear. https://thelowry.com/whats-on/were-going-on-a-bear-hunt/

Food, glorious food

Grub Food Fair
Last Saturday of the month, 12 noon to 10pm. Free. Islington Mill, Regent Trading Estate, Oldfield Rd, Salford, M5 4DE.
Mouthwatering meat, vegetarian and vegan dishes from around the globe with beer from some of the best micro breweries in the north,

wine, cider and soft drinks. See Islington Mill on Facebook. Photo credit James Darcey/Northern Industry Photography

The Lowry Makers Market
Lowry Outlet, MediaCityUK, Saturday 29 and Sunday 30 June, Saturday 27 and Sunday 28 July from 10am (Sat) and 11am (Sunday)
Tasty food and unusual crafts from talented local makers. www.themakersmarket.co.uk
Festival fun

**Back 2 the 80s Festival**
New Hill Farm, Manchester Road, Worsley, from £6
Friday 12 July to Saturday 13 July
Open air cinema, 80’s tribute bands including George Michael, David Bowie, Madonna and Blondie.
https://back2the80s.com/

**The Pink Picnic**
Peel Park, The Crescent, Salford M5 4WU
Saturday 22 June, free
LGBT+ Pride celebration with live music, beer tent, stalls, picnic area, children’s activities, food, drink and more.
http://pinkpicnic.org.uk/

**Precarious Carnaval**
Bridgewater Canal
Friday 5 July to Sunday 7 July, free
Join a sunset procession setting off from Boothstown to Barton 8pm to 9pm Friday 5 July, experience performances from Boothstown to Worsley Saturday 6 July between 2pm and 5pm and the grand finale from Barton to Monton, Sunday 7 July, 2pm to 5pm. A weekend walking adventure where nothing is as it seems.
http://est1761.org/events/precarious-carnaval

**Dogs in Salford Festival**
Clifton Country Park, Clifton House Rd, Salford M27 6NG
Sunday 28 July from 10.30am, free entry, (£1 to enter dog show) dogs very welcome
www.salford.gov.uk/dogsfestival

**Walkden Community Summer Festival**
Parrfold Park, Walkden Rd, Walkden, M28 7EA
Saturday 20 July, 12 noon to 5pm, free entry
Live entertainment, food, craft market, sports, face painting, arts and crafts. See Walkden Community Summer Festival on Facebook

**Free human and dog health checks**
Salford City Council, NHS and PDSA No booking or dog required
Monday 10 June
10am to 5pm Patricroft Rec, Edison Road, M30 7BL
Tuesday 11 June
10am to 5pm Peel Park, Little Hulton, Manchester Road West M38 0BU
Wednesday 12 June
10am to 5pm Blackleach Country Park, John Street, M28 3TD
Thursday 13 June
10am to 5pm Lightoaks Park, Claremont Road, M6 8N
Friday 14 June
10am to 5pm Salford Sports Village 325 Littleton Rd, Salford M7 3NQ
www.salford.gov.uk/meandmydog

**Run, run, run**

**Blackleach five mile race**
Blackleach Country Park, Walkden, M28 3TD, Sunday 15 September
10am to 12 noon, from £8.95
Manchester YMCA Harriers celebrate the race’s 10th anniversary with cake and prizes.
https://manyymcaharriers.niftyentries.com/Blackleach-5-2019

**Little Hulton Junior Park Run**
Peel Park, Manchester Road West, M38 0BT. Every Sunday 9am
Family friendly two kilometre run for four to 14 year olds and their adults.
Register at www.parkrun.com
Helping young people

Building their future

Projects combining work experience and learning have already helped hundreds of young people in Salford.

Jaden, 19, wanted to learn a trade but struggled after leaving school. He went from agency work to unemployment and felt miserable because he couldn't help his mum with household bills. He joined Build Salford which is supported by 17 regional housing and construction organisations and is co-ordinated by Salford City College to help young people find training and jobs in the city's booming construction industry. Now he's a trainee painter and decorator with a bright future ahead of him.

Connor was homeless at 15 but still did well at school. With no idea of what career to pursue, he struggled to stay with jobs and courses and spent several months unemployed. Thanks to Salford Futures, run by Salford City Council, which combines work experience, projects and classroom sessions Connor was able to secure an apprenticeship with the Connexions careers service. He is hoping to become an employment coach to help other young people achieve their dreams.

Does your teenager have a work permit?

School children aged 13 to 16 can work or volunteer part-time but employers must have a work permit for them to make sure they're covered by insurance.

Anyone caught employing teenagers without a work permit can be fined up to £1,000.

Child employment law is designed to protect young people, regulate their hours and roles and make sure their education doesn't suffer.

See www.salford.gov.uk/childemployment for more details.

From Saturdays to store boss?

Quality Save manager Mel Coffey knows all about the benefits of employing young people.

Mel has taken on more than 30 young people in the last five years and now supports other store managers in the group to employ under 16s.

Pictured with college students Natasha and James, Mel recruited her current assistant store manager Chloe at 14 and encouraged her to join the company after leaving school. Chloe now manages 53 staff.

Are you a local business and want to offer talks, placements, apprenticeships or employment? Please contact rpa@salford.gov.uk
Salford City Council’s BetterOff website and free face to face coffee and chat sessions can help.

The website and sessions are designed to cover everything from questions about Universal Credit and where to turn in a financial emergency to finding jobs, volunteering opportunities or childcare, boosting your skills and how to make your money go further.

Check out www.salford.gov.uk/betteroff or drop in between 9.30am and 2.30pm.

Swinton Gateway  Crompton House, 100 Chorley Rd, M27 6BP  Mondays, 1 July and 5 August

Pendleton Gateway  1 Broadwalk, M6 5FX  Tuesdays 9 July and 13 August

Broughton Hub  50 Rigby Street, M7 4BQ  Wednesdays 17 July and 21 August

Eccles Gateway  28 Barton Lane, M30 0TU  Thursdays 25 July and 29 August

Walkden Gateway  2 Smith Street, M28 3EZ  Friday 2 August

Get back on track

Salford City Council can help if you’re concerned about paying council tax.

If you’re in arrears from last year and already worried about this year’s bill, get in touch. We may be able to extend your payment plan, check if you’re entitled to benefits or council tax reduction and stop things escalating.

There’s lots of support available to help you get back on track.

Visit www.salford.gov.uk/backontrack for more information and use one of our online forms to get in touch. Free internet access and help to get online is available at all Gateways. You can also call 0161 793 2500 (lines may be busy).

Help in a crisis

If you’re in a crisis Salford Assist may be able to help.

The Salford City Council scheme doesn’t offer cash but may help with food vouchers, baby food, milk and nappies, essential furniture and emergency gas or electricity.

It also offers help with debt advice, benefit checks and more to help you find long-term solutions.

See: www.salford.gov.uk/salfordassist for more details
A high-flying new sport is being used in Salford in a bid to turn young people away from knife crime and anti-social behaviour.

ForHousing has teamed up with Salford Community Leisure and other partners to hold Parkour sessions, also known as free running, to encourage young people to stay off the streets and out of trouble.

The #knifefree initiative is being supported by £17,700 of funding from the Home Office anti-knife crime community fund and has been working with around 200 young people aged eight to 16 across Salford.

The sessions, which are run with the help of volunteers, are free and available to all young people living in Salford.

The project is now launching its second phase which will see workshops run by ex-offenders, prison officers and victims of knife crime to bring home the realities of this type of violence.

One young person who has been enjoying the sessions said:

“When you’re here you get to physically do stuff instead of playing out with your mates, probably trying to cause trouble with them, so it’s a good environment to be in.”

Another added: “If this wasn’t happening, I’d probably be roaming the streets or on my phone in my bedroom.”
Henry Terefenko, Chief Executive of ForHousing said: “We want to empower young people to build a better future for themselves and create stronger communities where everyone can thrive.

As part of the research for this project, we identified 100 young people aged 13 to 16 in Salford who are already involved or at risk of being involved in knife crime, gangs and anti-social behaviour. Partnership working with Salford Community Leisure and others on this important project has been vital. Together we are not only providing fun activities and training opportunities, but really bringing home to hundreds of young people the consequences of knife crime.”

As part of the scheme, training will be delivered to employees and volunteers involved in seven youth projects in Salford where Parkour is held to ensure they can continue to educate and engage with young people around knife crime in the future.

Working with Big Lottery funded Salford Youth Alliance, ‘Knife Free’ will link young people to volunteering, placement, mentoring and training opportunities. The #knifefree campaign aims to highlight the consequences of carrying a knife and to inspire young people to pursue positive alternatives.

Cheryl Keenan, Assistant Sport and Leisure Manager, Salford Community Leisure, said: “It was really important we gave young people a voice in this project. We spoke to them about the kind of activities they would like to take part in, and they were enthusiastic about Parkour. It is an activity that is proven to reduce crime and anti-social behaviour. It also promotes fitness, confidence and breaks down cultural barriers and gender stereotyping.

This first stage of the project is already a great success and we are looking forward to delivering hard-hitting workshops that will see ex-offenders and victims explain the reality of knife crime to even more young people.”

For advice, signposting to support services and details of activities to empower young people to change their behaviour visit www.knifefree.co.uk

For more information about sessions in your area and how you can sign up, visit www.youthalliance.org.uk. You can also get in touch by phoning 0161 778 0756 or by emailing info@youthalliance.org.uk

Please see www.forhousing.co.uk for more information on ForHousing.
Stay fit and active

Salford Community Leisure has launched a new membership to help older members keep active and stay healthy.

The Over 70s membership gives unlimited access to the gyms, swimming, sauna, steam rooms and group exercise classes, including Pilates, Yoga, Aqua Fit and Tai Chi. It also includes free badminton and squash from 6am to 4pm. All this costs just £26 for six months or £52 per year, which works out at just £1 per week, making it a great deal.

With fantastic facilities, state of the art equipment and friendly, knowledgeable staff the Over 70s membership is perfect for older members looking to keep active. Plus with cafés at some sites, the city’s leisure centres are ideal for meeting friends, socialising or catching up after a class, swim or gym session.

With eight leisure centres across the city at Broughton, Clarendon, Eccles, Irlam and Cadishead, Ordsall, Salford Sports Village, Swinton and Pendlebury and Worsley, you’ll find a local one close to you.

A Salford Community Leisure membership is more than just a gym membership. Join online now at www.salfordcommunityleisure.co.uk or call 0161 778 0030 or visit one of our leisure centres.

Raj in charge

Raj Jain has taken up the post of Chief Executive at the Northern Care Alliance NHS Group.

The Northern Care Alliance is the NHS Group formed by Salford Royal NHS Foundation Trust and Pennine Acute Hospitals NHS Trust.

Raj takes over from the previous Chief Executive, Sir David Dalton, who has retired from the organisation.

Previously Raj was the organisation’s Deputy Chief Executive and Group Chief Strategy and Organisational Development Officer. He joined Salford Royal in January 2015 and has led the development of key strategic plans.

Raj was previously Chief Executive at Liverpool Heart and Chest Hospital NHS Foundation Trust, which, under Raj’s leadership was awarded Hospital of the Year in 2012.

He said: “Leading the hugely talented and committed people of the Northern Care Alliance is an immense privilege and honour. I have worked in Greater Manchester for nearly 30 years and have seen great progress in the health and well-being of the citizens of Greater Manchester. My burning ambition is to support the people we serve, our staff and partners to achieve even more, even in the most challenging of times.”

The Group’s Chief Medical Officer, Dr Chris Brookes, has been appointed as Deputy Chief Executive.

For more information see www.northerncarealliance.nhs.uk
CAN-Move aids cancer recovery

Hundreds of people in Salford fighting or recovering from cancer are being helped back to full fitness through an NHS exercise programme hailed as “brilliant” by participants.

More than 750 people in Salford have already been referred to CAN-Move. Patients Lilian Crossley and Janice Cheshire are encouraging more people to take part and benefit from the positive results of being active and reducing the chances of cancer returning or progressing.

Funded by Salford Clinical Commissioning Group (CCG), the CAN-Move 12-week tailored exercise programme helps reduce long-term side effects of cancer treatment such as fatigue, weight loss and mental wellbeing through physical activity.

Lilian Crossley said: “CAN-Move is brilliant. The classes help you socialise with other people as well as helping to improve your health. It’s really given me my confidence back.”

CAN-Move hosts fitness classes such as low intensity circuit training, supervised gym sessions, dancing and cycling where patients can work alone or in a group. Personal trainers at Salford Community Leisure play a vital role in the CAN-Move scheme, implementing the physical activity into patients’ daily routines.

Dr Steven Elliot, Salford CCG Clinical Lead for cancer said: “I’m so proud the CAN-Move programme is playing such an effective role in supporting people to recover from cancer.

“At Salford CCG we are working closely with partners to support local people who have experienced cancer and the CAN-Move programme is one of the great successes of our drive. We want to ensure people recovering from cancer get the support they need. That’s where CAN-Move comes in with the support of their amazing trainers and their physical activity classes.

“There are so many opportunities for anyone recovering from cancer to attend a class near them and I would really encourage anyone who has completed cancer treatment to join.”

Tess Harrison, Active Lifestyles Trainer for the CAN-Move Programme said: “There really is a need for a programme like CAN-Move. More and more people are living beyond cancer but are left with the long-term effects after their treatment. Also, research has shown that exercise can reduce the risk of some cancers returning and can lower the risk of early prostate cancers developing”.

CAN-Move is available to anyone living in Salford who has had a diagnosis of any cancer. Referrals to the programme can be made by cancer nurse specialists at Salford Royal Foundation Trust, GPs and practice nurses at any one of the 45 Salford practices and self-referrals.
### Waiting times reduced

Waiting times for children’s blood tests in Salford have significantly reduced following a review of the service.

Before September 2018, if a child needed a blood test, they could be waiting up to 12 weeks for a routine appointment at Salford Royal NHS Foundation Trust.

NHS Salford Clinical Commissioning Group (CCG) worked with Salford Royal to reduce waiting times to one week for a routine blood test – in line with adults and neighbouring areas.

Changes which have made a big improvement include only accepting referrals to the Salford Royal service for patients aged 11 years and below.

The CCG supported GPs to train to take blood tests for children aged over 11, which significantly reduced the waiting time for patients to one week for non-urgent appointments and one working day for urgent blood tests.

Dr Wan-Ley Yeung, the CCG’s Clinical Lead for Children, said: “These improvements will speed up diagnosis for patients and make sure patients needing treatment get it quickly.

“This is an excellent example of how the CCG, Salford Royal and GPs have worked together to make services better for patients.”

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**Have your say on health issues – join our Citizen Panel**

Salford is the fastest growing economy and population in Greater Manchester with huge private and public investment transforming the city from its industrial roots.

Yet the health of Salford people is generally worse than the England average, as is life expectancy. Even within Salford, people living in poorer areas live up to 11 years less than those in our richer neighbourhoods.

NHS Salford Clinical Commissioning Group is one of many health and social care organisations working to change this. The CCG decides how to spend the NHS budget on the majority of health services for 270,000 people registered with a GP in Salford.

To do this, the voice of the people of Salford needs to be at the heart of everything. Our Citizen Panel helps us gather views from our communities to understand your needs and experiences when planning healthcare services.

If you live or work in Salford and want to join the next Citizen Panel event on Wednesday 24 July, 10.30am to 2pm at The Lighthouse in Eccles. This will be followed by the CCG’s Annual General Meeting.

For more information:
- [www.salfordccg.nhs.uk/your-voice](http://www.salfordccg.nhs.uk/your-voice)
- 0161 212 6278
- sandra.lindsay1@nhs.net

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Salford GPs help homeless

The GP Homeless Service, run by Salford Primary Care Together, has moved into its new base on Paddington Close, Pendleton. It’s now based with Salford Loaves and Fishes, which provides meals, activities and support services for homeless people, and other agencies helping people tackle drugs, alcohol and smoking and find accommodation.

Research indicates that the average homeless person has a life expectancy of 47, compared to 77 for the rest of the population. The life expectancy for women is even lower, at just 43 years.

Dr Wan-Ley Yeung, Clinical Lead for the GP Homeless Service, said: “Having all services under the same roof provides positive benefits for homeless clients. It means there is a single place where they can get support without having to travel across the city to different services and repeat their often heart breaking stories over and over again. We really feel that our move to Paddington Close is really positive for Salford’s homeless community.”

For more information see www.sptgether.co.uk

Protect your children from measles...

Measles is still circulating in Salford so check your children have had two doses of the free MMR vaccine to protect them.

Anyone who has had measles still needs the MMR vaccine to protect against mumps and rubella. Measles spreads very easily and can cause complications for pregnant women, babies under one year old, children with weakened immune systems, teenagers and adults. In the most serious cases it can damage the liver, brain and eyes.

For more information see www.nhs.uk/conditions/measles/
www.nhs.uk/conditions/vaccinations/mmr-questions-answers/

...and tooth decay

Half of Salford children start school with tooth problems which could be prevented by keeping sugary snacks to mealtimes and choosing sugar free snacks between meals.

The national Change for Life campaign ‘make a swap when you next shop’ has lots of tips for cutting sugar.

Dental care is free for under 18s and dentists have lots of ways to put you and your children at ease. Make sure you take your baby to the dentist before they are a year old.

At home make twice daily teeth brushing fun to get children into good habits.

See www.nhs.uk/change4life for tips and ideas.

Find a dentist at NHS Choices by visiting www.nhs.uk or call 0300 311 2233.

The GP Homeless Service opening hours
Mondays, Wednesdays and Thursdays
9am until 2pm which are the same times that Salford Loaves and Fishes have their day centre open.

For further details about the GP Homeless Service, call 0161 737 8969.
DID YOU KNOW?
WE’RE THE FASTEST GROWING UNIVERSITY IN THE NORTH-WEST, GROWING BY ALMOST 40% IN THE LAST FIVE YEARS.*

VISIT OUR OPEN DAY ON 22 JUNE

BOOK YOUR PLACE AT SALFORD.AC.UK/OPEN-DAY OR CALL 0161 295 4545

BECOME UNSTOPPABLE

* UCAS 2018 data
Dream come true

Becoming a foster carer was a lifelong dream for mother of two Marie.

And six years later she still loves every day and every challenge.

“I did a lot of research and then a friend put me in touch with someone who was fostering. After speaking to her I knew it was something I wanted to do,” said Marie, who is married to Paul.

“I wanted to give something back, we had a spare room and my son was old enough to be able to cope with new children in the house.”

At first Marie fostered through an agency but switched to Salford City Council after seeing the support their first foster child received from a Salford social worker.

“She was really amazing so we switched to Salford, even though we don’t live in the city.

“We have fostered 10 children, ranging from eight months to 16 years old. We’ve taken children in emergency and also on short term placements. We had a group of brothers and sisters who had to leave their family. They weren’t used to boundaries and routines and their emotions were all over the place but by the time they left us they had come such a long way. That’s what makes it so rewarding.”

Names have been changed

Empty nest house was just too quiet

After 20 years of raising children Salford dad Joe thought he’d relish the peace and quiet when they left home. But he quickly realised he missed having children around. He and his wife dusted off an old ambition to foster children and say it’s one of the best decisions they ever made.

“There was never a time without a child in the house, either our children or their friends. I couldn’t wait for the peace and quiet when ours left home but I didn’t like it at all,” said Joe.

“I’d come home and fall asleep! I thought I’m too young for this nonsense!”

“Now I’m going back to school fairs and plays and parent teacher evenings. I remember going to those 20 years ago so life has come full circle but it has been a very positive experience.

“Our two are now in their 20s so they help out, particularly in the summer holidays. I wouldn’t change it for the world and my life is so much more interesting. I’d recommend it to anyone else whose children have flown the nest.”
Salford in short

**Boundaries set**

The independent Local Government Boundary Commission for England has published its final ward boundary recommendations for Salford.

Wards will change by order of Parliament and the new arrangements will be in place for the May 2020 local elections. Residents may find themselves in different wards next year.

Full details, including maps, can be seen at https://consultation.lgbce.org.uk/node/13206

**Crime pays for community benefits**

Nearly £40,000 taken from local criminals has paid for extra safety measures and a range of community events.

The money was seized under the Proceeds of Crime Act 2002 to prevent criminals benefiting from crime. It has been spent across the city by Salford’s Community Safety Partnership, made up of Salford City Council, Greater Manchester Police and partners working together to tackle crime, fear of crime and anti-social behaviour.

The partnership also runs Project Gulf to disrupt, deter, arrest and prosecute those involved in organised crime and steer young people away from crime.

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We are struggling to recycle your paper and card when you put these things in your recycling bin.

**Please empty your boxes before recycling.**

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**BE SURE TO TAKE OUT...**

- Bubble wrap / polystyrene
- Wires and cables
- Blister packs
- Leftover food
- Nappies
- Tissues, wipes and cotton wool

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recycleforgreatermanchester.com
Welcome to our community pages

Events, activities and news from you and your local community.
There are more events promoted on mycitysalford.com

Support

**Autistic Spectrum Support for People** is for parents, carers and people with autism. They meet at Peel Park Pavilion, Manchester Road West, Little Hulton, M38 9EG, every Friday 12.30pm to 2.30pm. Please call 07795 375 026 for more information. **Free.**

**Singing with Dementia** music sessions for people living with dementia and their carers run every Wednesday from 10.30am at the Humphrey Booth Resource Centre, Worsley Rd, Swinton M27 5WW. Phone June on 0161 788 9053 for more information. **Free.**

**Salford Link’s summer edition** is now on sale from Salford libraries and Salford Museum and Art Gallery for £3. Read about Albert Finney, Grandad’s medal, Salford’s link to Peterloo, Salford Gasworks and the Kinder wallpaper factory. Subscriptions available at www.salfordcommunityleisure.co.uk/culture

**Time out for Carers** meets every Wednesday 12 noon to 3pm at Sutton Community Centre, Doveridge Gardens, Langworthy, M6 7LY. Complimentary therapies, speakers, trips and support for all unpaid carers. Contact Jean 07980 404 696 or 0161 727 8406 for more info. **£2.**

Better than ever

The Humphrey Booth Day Centre has been refurbished by the Trustees and Distributors of Booth Charities and Age UK Salford. The lounge and activities room has been refurbished, the heating upgraded and more accessible toilets and personal care facilities installed. The centre provides meals, socialising and personal support for people who need additional assistance. For more information please see www.ageuk.org.uk/salford and search for day care services.

Officially Age Friendly

Projects developed by older people for older people have won recognition from Greater Manchester Mayor Andy Burnham as part of Greater Manchester’s aim to be an age friendly city region.

In Broughton, Charlestown and Lower Kersal volunteers added a disabled friendly green house at the local allotments, created a sensory garden and vegetable patch at Salford Sports Village and helped older people develop technology skills.

In Weaste and Seedley groups worked to get a new bus shelter and seating near Tesco, a new handrail for steps at West One shopping centre and more dropped kerbs and organised social activities.

For more information contact: Age UK Salford, tel 0161 788 7300 or Inspiring Communities Together, tel 0161 743 3625.

Community energy scheme

Greater Manchester Community Renewables is launching a new share offer to get solar panels at Springwood and Monton Green primary schools to save money and carbon.
GMCR has already helped five Salford schools go solar, saving enough energy to make 13 million cups of tea.

To find out more see www.gmcr.org.uk or email info@gmcr.org.uk or @WeAreGMCR on Facebook and Twitter.
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 www.salford.gov.uk/salfordian

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Salfordian Garden Party 3 August
Southport Flower Show 15 to 18 August
Salfordian Costa Del Southport – Spanish theme 23 to 26 August
Southport Air show 6 to 8 September
Door to door transport is now available on Mondays, Wednesdays and Fridays

Experience the BBC Philharmonic for £3
Two exclusive offers for Salford residents

Experience two great evenings with the BBC Philharmonic – one marking the end of the orchestra’s current season and one kicking off the next.

On 15 June, Mark Simpson is both the soloist and composer of tonight’s world premiere - his Clarinet Concerto. Either side, leading British soprano Elizabeth Watts joins the orchestra for three Mozart arias and Mahler’s majestic Fourth Symphony.

Then opening the BBC Philharmonic’s 2019-20 season on 21 September – conductor John Wilson pairs light with darkness and sugar with spice in a sweeping selection of music from between the wars. The night includes Prokofiev’s fiery Third Piano Concerto, Coates’s swooning waltz Dancing Nights and Walton’s Symphony No. 1, regarded as one of the greatest British symphonies ever written.

Salford residents can enjoy an exclusive ticket offer of £3 for stalls tickets for both concerts.

Phone 0161 907 9000 or book online at www.bridgewater-hall.co.uk

Find the BBC Philharmonic on Facebook, Twitter and Instagram or visit bbc.co.uk/philharmonic.

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DELICIOUS 2 or 3 COURSE LUNCHES from £7.00 - £10.00
SUMPTUOUS AFTERNOON TEA DELIGHTS from £5.00 - £8.00
MODERN CONTEMPORARY 3 COURSE EVENING MEALS from £10.00 - £12.00

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WORSLEY COLLEGE
The Ghosh Trust provides grants for Salford students who live in the city and are going on to university or a similar institution after secondary education.

Awards can be up to £2000 per annum for a maximum of three years, subject to eligibility.

Need a grant to study?

If you’re studying English language, literature, drama, music or dance, you could get up to £2,000 per year.

The Ghosh Trust provides grants for Salford students who live in the city and are going on to university or a similar institution after secondary education.

Awards can be up to £2000 per annum for a maximum of three years, subject to eligibility.

Further details and an application form are available from: The Administrator, The Ghosh Trust, C/o 21 Kempnough Hall Road, Worsley, Manchester M28 2QP

The Ghosh Trust – Registered Charity number 526565.
Know your councillor

Labour (50)  Conservative (8)  Independent (1)

For more information about your local councillor please contact the Members’ Services Unit.
Telephone 0161 793 3016 or 0161 793 3030 www.salford.gov.uk
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